

Bottle Feeding Instructions



Option 1: Lounge feed - single or double

Follow Lounge Instructions to assemble pillow for lounging. Make sure your baby's head is elevated while bottle feeding.



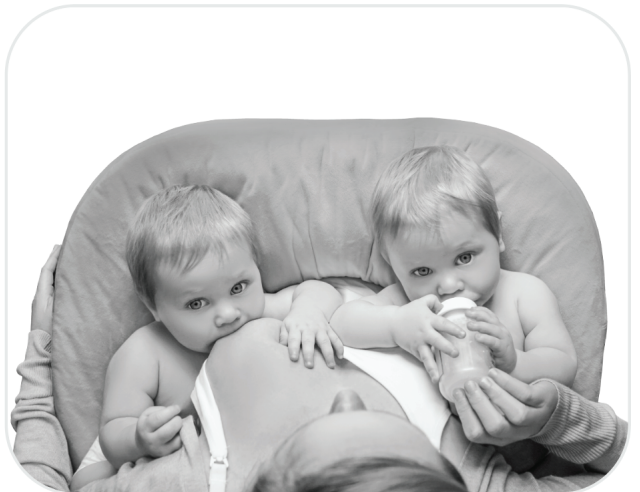
Option 2: Single bottle feed

Follow Individual Breastfeeding Instructions to set up pillows. Cradle your baby's head with your arm to keep it elevated. Use your opposite hand to bottle feed your baby.



Option 3: Double bottle feed

Follow Tandem Breastfeeding Instructions to set up pillows. Position one baby on each side, laying on their backs. Adjust and tilt Nursing Pillows so babies' heads are slightly elevated. To minimize rolling, use your arms to keep babies close.



Option 4: Bottle feed & breastfeed

Follow Tandem Breastfeeding Instructions to set up pillows. Latch one baby to the breast using the Single Clutch Hold. Position the second baby on the opposite side. Reposition pillows so babies' heads are slightly elevated.