

Detailed Instructions

How to Apply (Henna / Hair Treatment / Hair conditioners)

Now that you have received your order and all set to apply Henna / Hair treatment or conditioners on your Hair, Here are some of the steps you need to carefully follow to get most out of your natural hair dyng/treatment experience which can be very therapeutic you know!

STEP 1: YOUR HAIR SHOULD BE CLEAN:

Before you apply the hair dye to your hair, your hair should be clean and oil free. This way the henna will stay longer in your hair and the color would develop more properly, otherwise, if your hair would be dirty the henna molecules will not make the proper bond with the natural hair oil and color will fade away within a week.

STEP 2: MIX THE HENNA:

The quantity of the henna powder you need depends on your hair length. If you have the shoulder length hair with the normal density, you can use one pack of 100 grams. For the medium length hair, you can use one and a half pack of 100 grams and for hip length hair, you may use 250 grams of the henna. But it also depends on your hair texture. Like if you have the curly hair with shoulder length you may require 150 to 200 grams of the henna. Well, this quantity is usually mentioned at the back of the pack as well. Always read those instructions too. Here is a little guide

Short Hair & Half Beard	1/3 (4.5 tbsps)
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Shoulder Length & Full Beard	2/3 (8tbsps)
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Mid Back	Full Pack
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Hip Length	1&1/2 pack
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Mustache	1/4 (3tbsps)
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For mixing the henna, take a bowl and add the henna powder into it. Add warm water into the powder gradually. Stir the mixture thoroughly with the spoon; the mixture should be as thick and homogeneous as the cake batter because applying the thick layer is important for the desired results. Cover the henna mixture with the plastic wrap and leave it out for the following amount of time for each color medium brown/light brown/auburn 45 mins all the rest of the colors 8-10 hours.

STEP 3: WEAR OLD /Unwanted SHIRT:

Before the application of the henna on hair don't forget to wear some old shirt. The henna that may accidentally apply to clothes can stain them permanently. Also, take care of the surrounding shelves, curtain, and carpets.

STEP 4: BRUSH YOUR HAIR AND MAKE THE PARTITIONS:

Brush your hair and make them tangle free. Divide your hair into 4 sections and tie 3, leaving one down to color first. This section should be along with your hairline.

STEP 5: APPLY VASELINE AND WEAR GLOVES:

Apply the Petroleum Jelly or Vaseline on the hairline and wear the gloves.

STEP 6: APPLY THE AUBURN HENNA MIXTURE ON HAIR:

When everything above is done take the mixture and uncover it. Stir it once again and start applying with the help of the coloring brush. Start from the section you left untied. Divide this section into further small sections. Apply the thick coat of henna on the hair. Apply the color from ends to the tips of the roots. Each small section should be next to the section previously done. Complete this procedure of application; it will take not more than 20 to 25 minutes once you are in practice.

STEP 7: WRAP YOUR HAIR:

After the thorough application, wrap your hair with the saran wrap. This helps in the better development of the color. Wear a shower cap over it if you want, otherwise, it is not necessary.

STEP 8: SET THE STOP-WATCH:

Set the stop watch for 2-3 hours for Henna & 1-2 hours for hair treatment or conditioners, and make yourself busy in some work, till the henna communicates the HENNA color to your hair. Seems too long? Trust us, it's very therapeutic experience and its known to be one of the best ways to de-stress & feel calm.

STEP 9: WASH YOUR HAIR:

When the alarm goes off, it's the time to hit the shower. Use the normal water to rinse your hair. Put your hair under shower to wash the henna away from the hair. Do not use the shampoo but you can use conditioner to help you out while rinsing. The henna color will continue to darken for 2 to 3 days. Use shampoo after 48 hours of rinsing.

Are you a newbie? Don't worry if the final color isn't what you were expecting. Sometimes henna may take two to three applications to be familiar with your hair chemistry, but trust us it's safe to use. The natural hair powders impart shine and softness to the hair. The henna has an anti-oxidizing property that can soothe the scalp and repair your damaged hair too.