



Unicorn Resource Guide

*I am true to myself. I let my light shine. I can be who I am.
That's for me to define.*



Unicorn's story helps teach little ones the importance of staying true to themse promoting authenticity. Through bravery and embracing her true self, Unicorn learns how to let her light shine.

Help children understand the important messages of Unicorn's story. **Before starting the book, review the keywords** on the back cover of the book.



Authenticity

Being true to who you are and letting your own light shine

Questions to ask:

What things are authentic to you?

Example:

I like to _____, my favorite activities are _____, I don't like _____.



Bravery

Being strong and doing the right thing even when something feels scary

Questions to ask:

What is something you have done that showed bravery?

Examples:

I went to the doctor, met a new friend, climbed up the tall slide, etc.



Friendship

A close relationship with someone that you care about and who cares about you

Questions to ask:

What do you think makes a good friend?

Examples:

Kindness, safety, trust, fun, playful, funny, loving, etc.

Discussion Points

Read Unicorn's story together and answer the following questions:

Q: Why do you think Unicorn became friends with the Zebras at the zoo?

A: She wanted friends and wanted to fit in. They seemed interested in her and she felt good about getting attention from them at first.

Q: What happened to Unicorn when she started hanging out with her new Zebra friends?

A: She couldn't be herself. She had to be the same as the other Zebras or she wouldn't be accepted by them. She had to cover her horn and wear stripes. She wasn't having fun anymore.

Q: What was brave about Unicorn deciding to leave the zoo and the Zebras?

A: Unicorn may have felt worried about meeting new friends if she left the zoo. She may have worried that if she was true to herself, maybe people wouldn't accept her. She had to trust herself and let her light shine even if it felt hard.

Activity

What are the things that make you special? Can you name them or draw a picture of them?

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PRESENTS

Unicorn

PROMOTES AUTHENTICITY

Deep in the forest, in a magical land,
lived a creature so different, she was hard to understand.

She looked like a horse, but her color was bright.
She had a horn on her head, and she sparkled with light.

Others would guess at what she could be...
A horse? A deer? Maybe a donkey?

She heard from others that at the zoo she could find
perfect examples of animals of all kinds.

She got to the zoo, and oh, how it shined!
It was perfect and pretty - everything was in line.

Each animal posed, and the creatures snapped away.
A glimpse of perfection, posing each day.

Everyone wanted to be something, and each went to see
the perfect idea of what a creature should be.

Unicorn was quite flattered when she heard a shout.
The zebras called her over, and wanted to hang out.

"You look kind of pretty, but what is that thing?
We can help you cover it, and let's add a nose ring."

She couldn't believe it! She was part of the group.
She was a beautiful zebra. Her dreams had come true!

As time carried on, it soon became clear.
Her new friends, the zebras, were not what they appeared.

They liked attention, but were not really nice.
Unicorn could hang out, but it came at a price.

She couldn't be different. She had to be the same.
Stripes and shiny hooves, horn covered by her mane.

Unicorn started to wonder what she had done.
She missed other creatures who were different and fun.

So she did something brave, and decided to step out -
from the zoo and zebras, from all her self doubt!

It's a hard thing to do, to stand on your own,
to be strong and unique, but you are never alone.

Repeat after me, these words that are true,
to help you see that you are a unicorn too!

I am true to myself.
(child repeats)

I let my light shine!
(child repeats)

I can be who I am.
(child repeats)

That's for me to define.
(child repeats)

