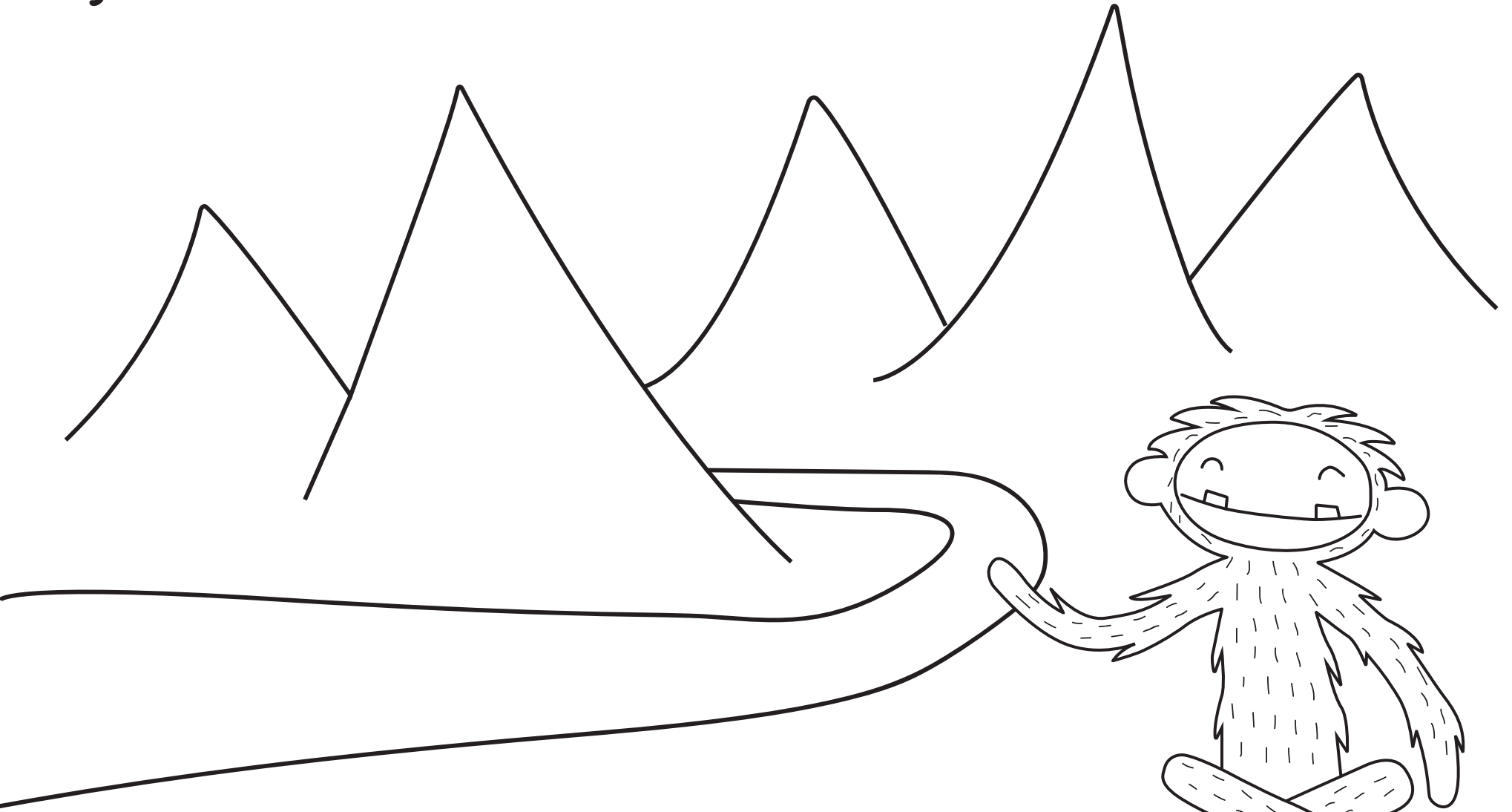


slumberkins™



I slow down and am calm. I sit very still.  
I take deep breaths, relax, and chill.