

# Yak

## Struggles with Mistakes

In the rolling hills,  
of a beautiful land,  
lived a little Yak,  
who really knew her plan.

She would figure out the rules  
and follow them very close,  
she heard from so many others,  
"This is how 'being good' goes."

So she put her hair just so,  
placed her books in a perfect line.  
She made sure to be very nice,  
even if she was mad sometimes.

It seemed like when she did that,  
and did everything just right,  
others said that she was good  
and that made her feel delight.

She tried really hard to keep it up,  
to always do her best.  
To do things perfect on the first try  
and not let things be a tangled mess.

But when she made a mistake,  
sometimes she would start to cry.  
She didn't like that feeling  
and thought, "Why should I even try?"

"I will stick to what I know  
and do it very well,  
then I will always feel okay,  
and others will think I'm swell."

But she had to try new things  
and as every new day began,  
she felt worried she was failing.  
She needed a new plan.

Listen carefully to my words,  
and remember this important part:  
When you're learning something new,  
listen to the message from the heart.

You can follow all the rules  
and be a shining star,  
but there is no being perfect,  
you are enough as you are.

As you try things on your own,  
look inside to what you know.  
Making mistakes will happen,  
it's how you learn and grow.

Repeat after me and  
remember what's true,  
to help Yak feel better,  
and maybe you, too!

I am loved as I am.  
When things get tough,  
I go back to my heart.  
I know I'm enough.