

slumberkins®

# Sprite

## Offers Comfort

Way up north,  
where the strong winds blow,  
lived a little silver fox  
in the cold frosty snow.

A stormy day  
turned into a still night,  
and Sprite arrived  
to Fox by the moonlight.

The news Fox heard  
had broken his heart,  
and from this place  
came Sprite from the dark.

The light Sprite brought  
was from deep inside,  
memories of the one  
who had left Fox behind.

Fox had never seen  
a creature so brilliant.  
It sailed on the wind,  
seemed gentle, yet resilient.

Sprite smiled at Fox  
and explained with a nod,  
"I am here to guide you  
and all of your love."

When someone goes away  
or from life, passes on,  
you feel in your heart  
that their presence is gone.

The piece of your heart,  
where their love settled in  
and changed you forever  
can still remember them.

Sometimes you'll feel mad,  
sometimes you'll feel blue.  
Sometimes you won't have words  
for others to understand you.

All of that is okay,  
you can have all sorts of feelings.  
Sprite guides the way  
to find your own healing.

"I'm here with you  
in whatever you do,  
helping your heart  
keep them with you."

Repeat after me,  
the message of Sprite  
that gave Fox strength  
in his darkest night:

Though today is hard,  
I am going to start  
the journey ahead  
with you in my heart.

Slumberkins supports caregivers, educators, and children in building a foundation of social-emotional wellness. Check out more resources at [slumberkins.com](https://www.slumberkins.com)