

Slumberkins®

Presents

Sprite

Grief and Loss

Way up north
where the strong winds blow
lived a little silver fox
in the cold frosty snow.

A stormy day
turned into a still night
and Sprite arrived
to Fox by the moonlight.

The news Fox heard
had broken his heart
and from this place
came Sprite from the dark.

The light Sprite brought
was from deep inside,
memories of the one
that had left Fox behind.

Fox had never seen
a creature so brilliant.
It sailed on the wind,
seemed gentle, yet resilient.

Sprite smiled at Fox
and explained with a nod,
I am here to guide you
and all of your love.

When someone goes away
or from life, passes on,
you feel in your heart
that their presence is gone.

The piece of your heart
where their love settled in
and changed you forever,
can still remember them.

Sometimes you'll feel mad,
sometimes you'll feel blue.
Sometimes you won't have words
for others to understand you.

All of that is okay,
you can have all sorts of feelings,
Sprite guides the way
to find your own healing.

I'm here with you
in whatever you do,
helping your heart
keep them with you.

Repeat after me,
the message of Sprite
that gave Fox strength
in his darkest night:

Though today is hard (child repeats)
I am going to start (child repeats)
the journey ahead (child repeats)
with you in my heart. (child repeats)

