

## ACTIVITY

# Attitude of Gratitude



Gratitude is about noticing the things you appreciate. Cut up the strips below and put them in a hat or bowl. Take turns drawing out a piece of paper and sharing aloud what comes to mind.

Something that makes you feel cozy

Something you like to eat

Something that makes you feel strong

Someone who makes you feel special

Something that makes you laugh

Something that makes a nice sound

Something you like to look at

Your favorite color

Somewhere you like to go

Your favorite place in the house

Something that makes you feel loved

Someone who takes care of you

Something that smells nice

Something you like to wear

Something that makes you feel safe

Something you are excited about

Something that you enjoy doing

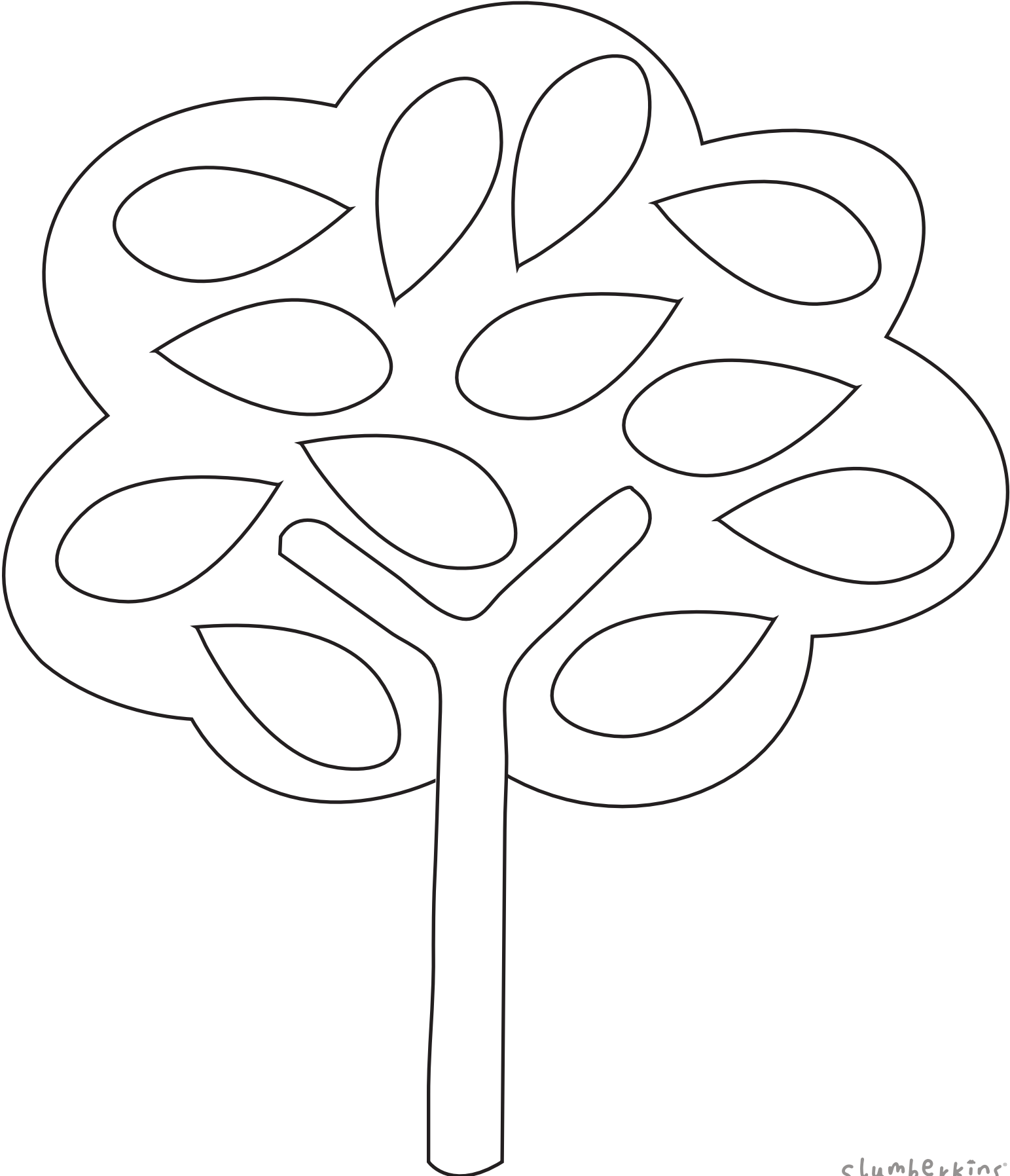
Something you have been taught

Something you admire about someone else

Something new you want to do someday

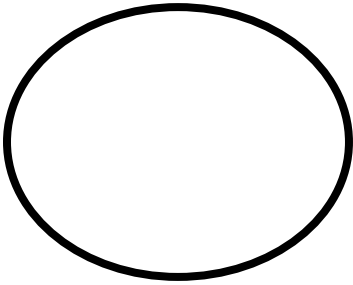
# Gratitude Tree

Honey Bear is grateful for flowers and being outside. What are you grateful for? Write something on each leaf of the tree below and keep your Gratitude Tree somewhere you'll see it often.

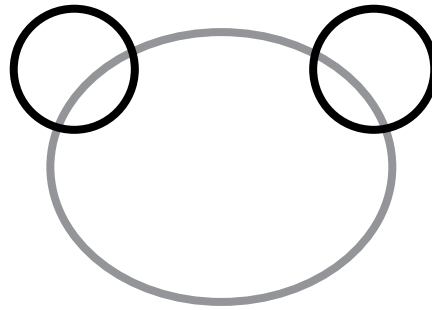


# Learn to Draw

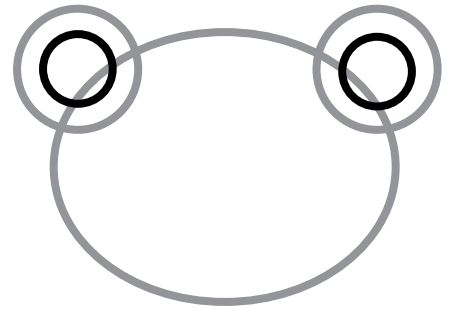
Follow the steps below to learn to draw HoneyBear!



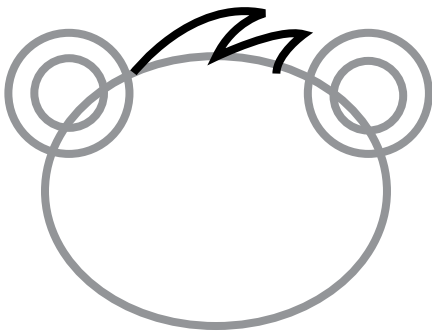
Step 1: Draw an oval.



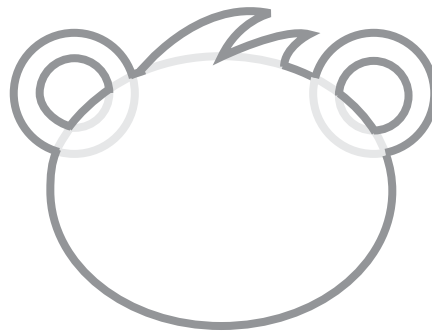
Step 2: Draw two circles as ears.



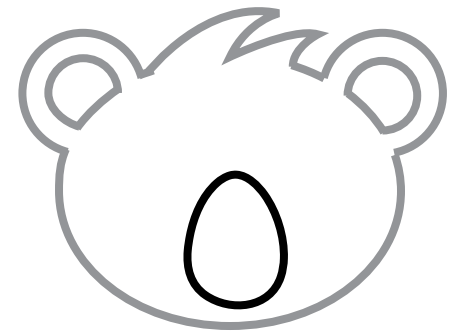
Step 3: Draw a smaller circle in each ear.



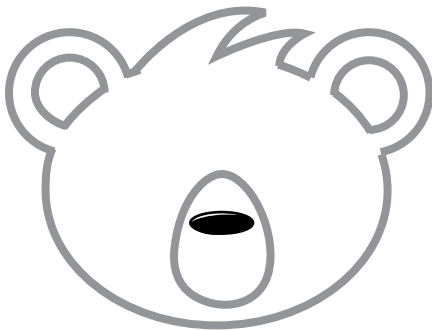
Step 4: Draw some spiky fur.



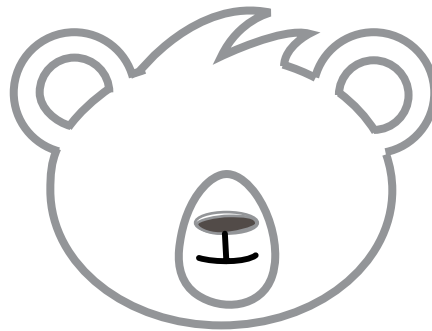
Step 5: Erase the overlapping lines.



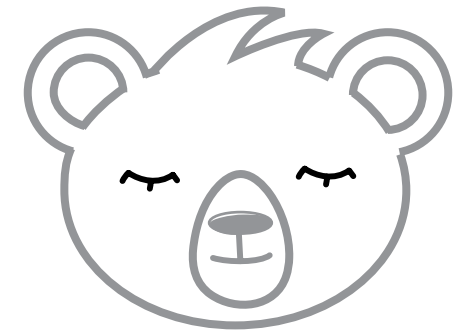
Step 6: Draw an egg shape for the snout.



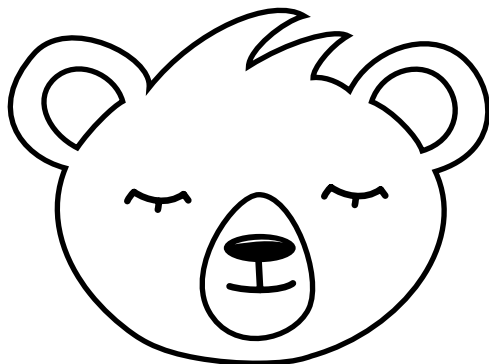
Step 7: Add an oval for the nose and color most of it in.



Step 8: Add the mouth lines.



Step 9: Add the eyes.



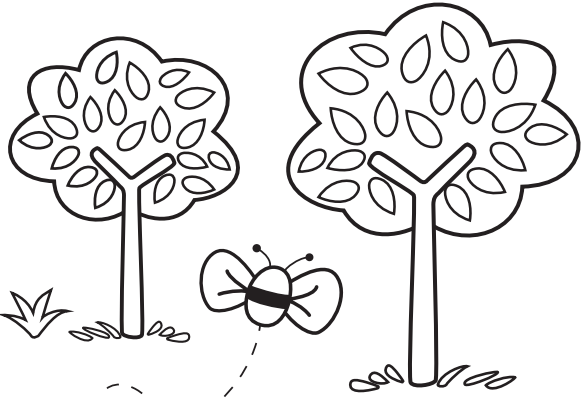
You did it!

# Honey Bear Coloring Page

Honey Bear is grateful for flowers and being outside. What are you grateful for?

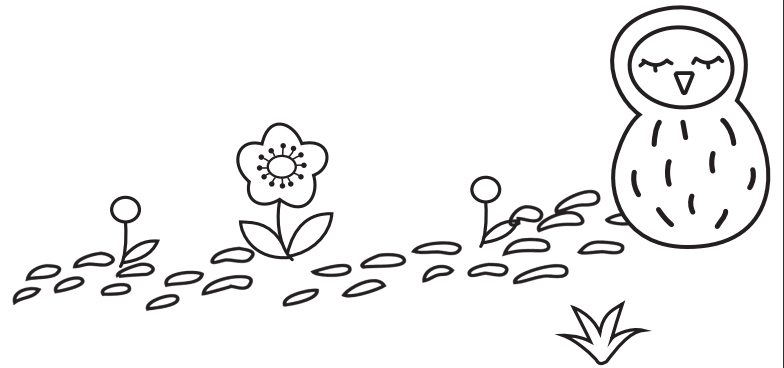


Honey Bear loves to take a moment to appreciate the world.  
He is grateful for...

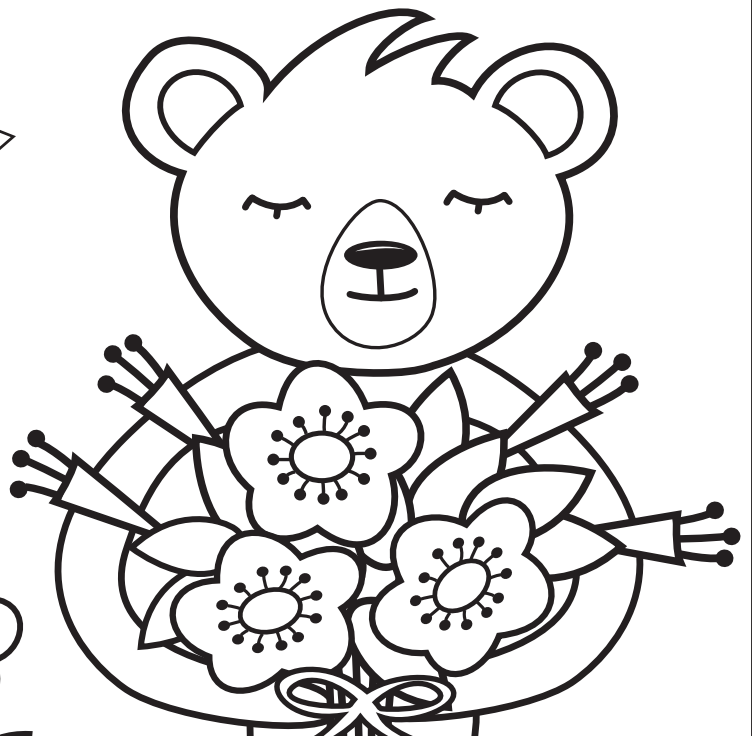
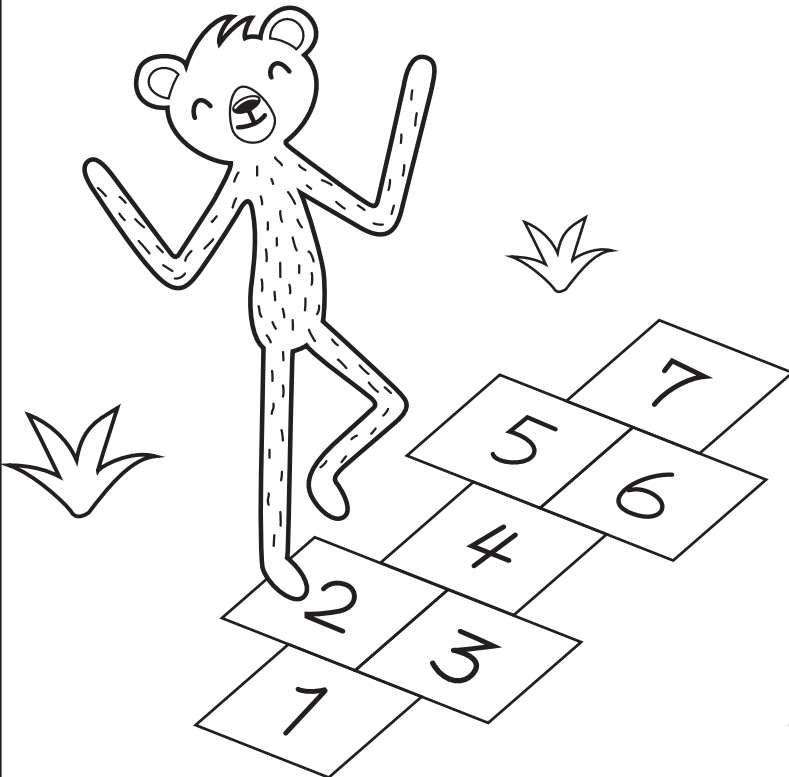


Seeing the leaves on the trees blow in the wind

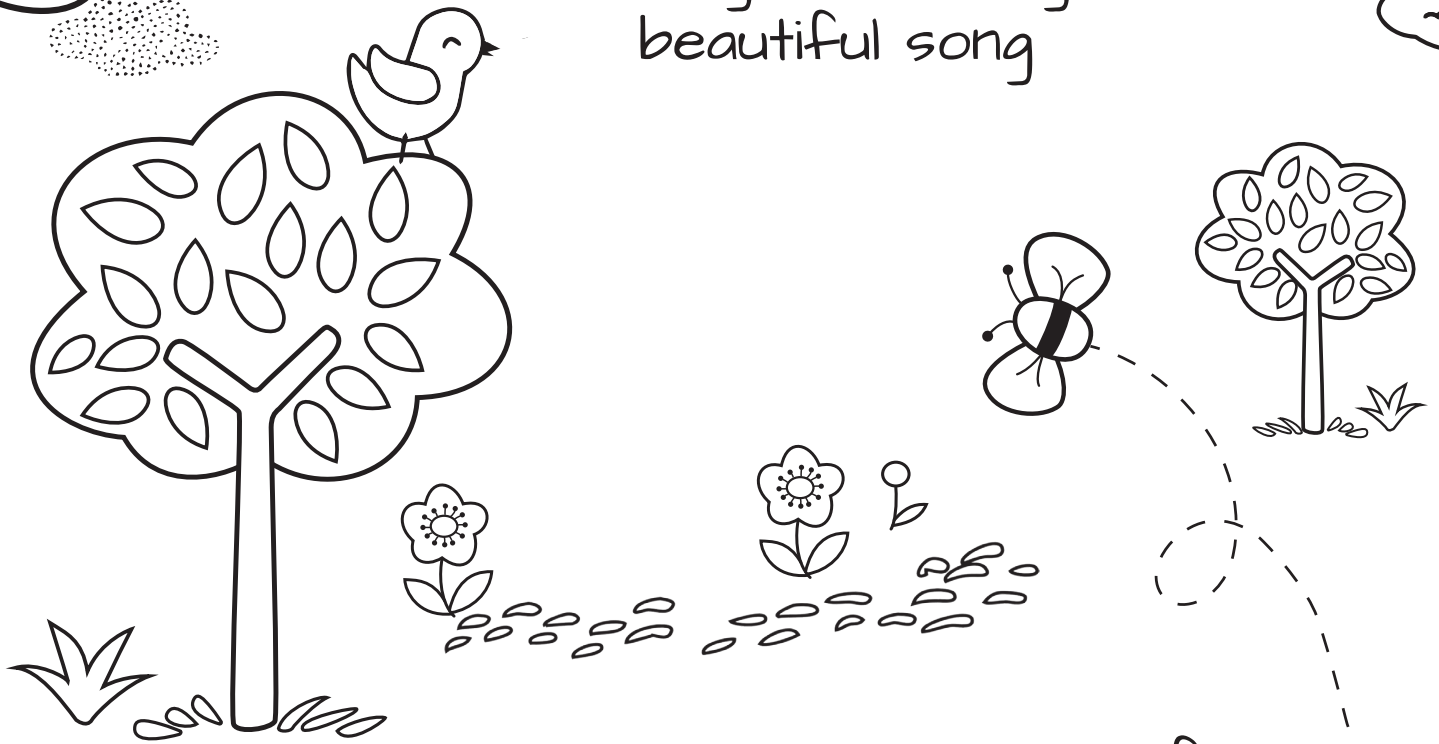
Feeling his feet bounce



The sweet smell of flowers



Hearing a bird sing a beautiful song



The taste of great food



# Alphabet Tracing

Practice writing the alphabet by tracing each of the letters below.

aaaaa bbbbb

ccccc ddddd

eeeeee ffffff

ggggg hhhhh iiiii

jjjjj kkkkk lllll

mmmmm nnnnn

# Alphabet Tracing

Practice writing the alphabet by tracing each of the letters below.

o o o o p p p p

q q q q r r r r

s s s s t t t t

u u u u v v v v

w w w w x x x x

y y y y z z z z



# Alphabet Tracing

Practice writing the alphabet by tracing each of the letters, then write it yourself in the empty space.

a b c d

e f g h

i j k l

m n o p

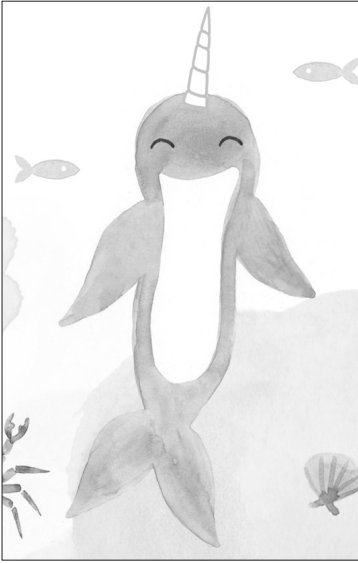
q r s t

u v w x

y z

# Letter Tracing

Trace the letters of each of the characters below. Then try to write the word by yourself.



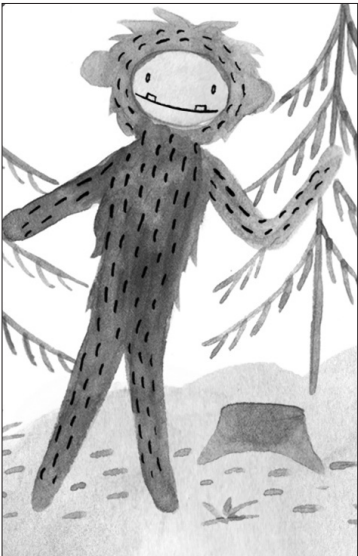
Narwhal

Narwhal



Alpaca

Alpaca



Bigfoot

Bigfoot

# Letter Tracing

Trace the letters of each of the characters below. Then try to write the word by yourself.



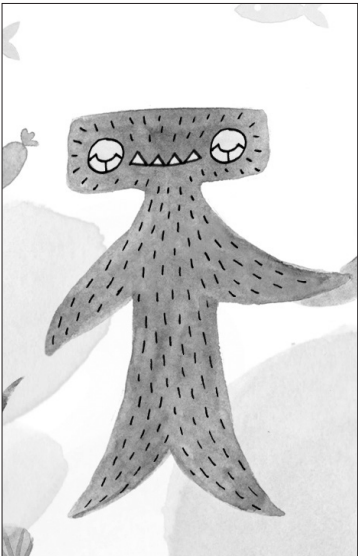
Unicorn

Unicorn



Yeti

Yeti



Hammerhead

Hammerhead

# Matching

Match each face with the feeling it shows.



WORRIED

CALM

MAD

TIRED

HAPPY

# Matching

Match each face with the feeling it shows.



SAD

SILLY

SHY

SCARED

EXCITED

# Word Search

Find all of your favorite Slumberkins characters in the word search below! Words can be found across, up & down, and diagonally. You can cross the names off of the list as you find them to help stay on track.

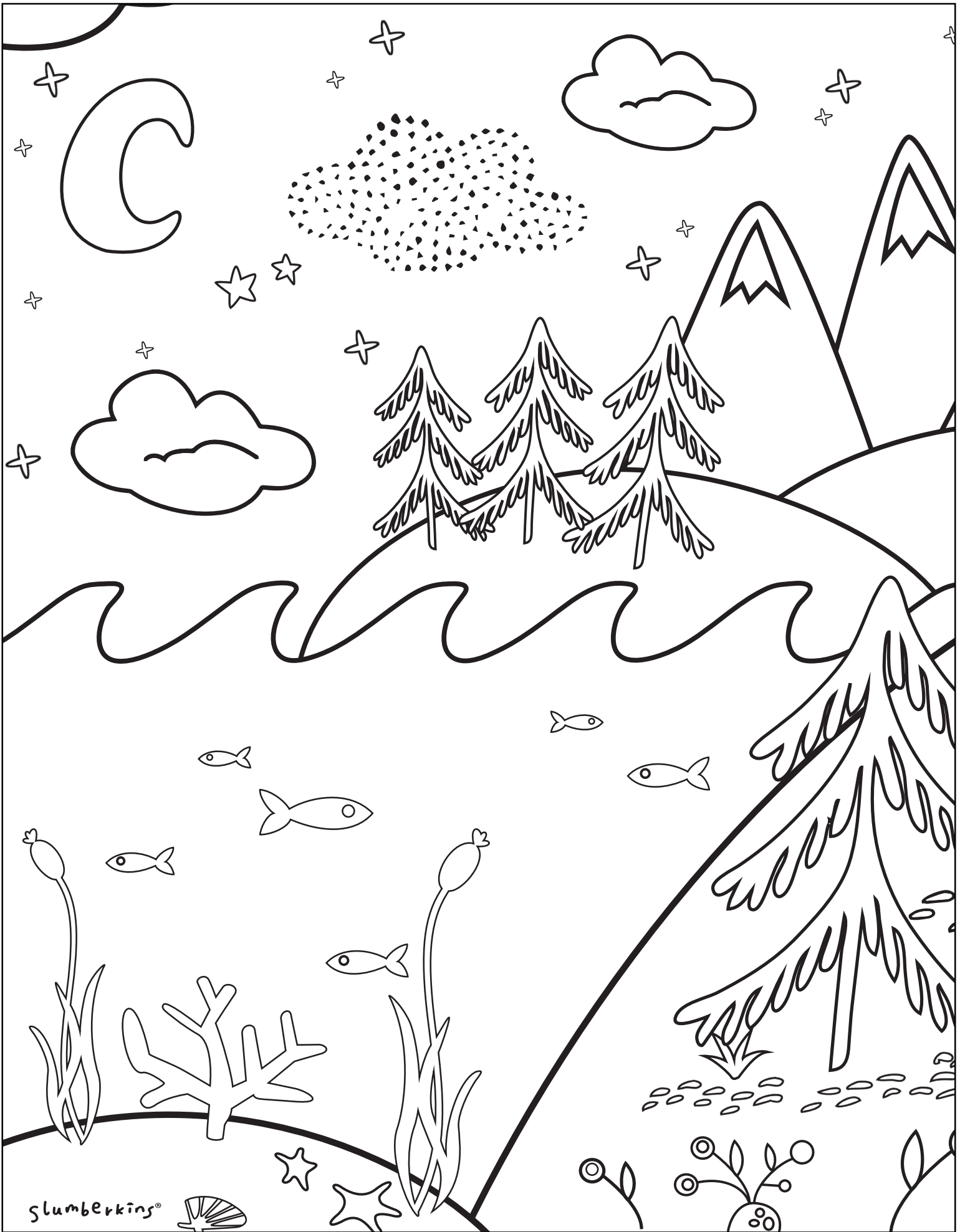
ALPACA  
BIGFOOT  
FOX

HAMMERHEAD  
HONEYBEAR  
NARWHAL

SLUMBERSLOTH  
SPRITE  
THEFEELS

UNICORN  
YETI

N A R W H A L S D E P R A N U  
J E S B A L P A C A X H C W T  
O G U R M H V M N L W O O T D  
T B H N M U A I B I G H R M P  
X W P C E N C E Y F T O O C E  
R D S P R I T E C O R N T I E  
A O L N H W L S L X M E W P R  
I T U E E T M S C E P Y E T I  
N H B I A Y R I H U X B Q I Y  
P E L Z D E A R G L N E C E S  
S F Y O B I G F O O T A S K U  
D E S M W N P U S U V R I T D  
T E U N I C O R N P R O B W N  
M L R A Q M I M V E L E A V T  
S S X E O C U B H Y O S Z N E



slumberkins®







slumberkins®