

Hammerhead's Recess Challenge



In the ocean,
along the reef,
was a school for creatures,
who lived in the sea.

The school would gather
from far and from wide
to learn about the waves,
the currents, and tides.

Everyone listened and
followed directions.
It was easy when everyone
knew the expectations.

But when the class got wiggly
and needed a break,
they went to the seagrass
and they chose what to play.

The jellies liked to jump rope,
the crabs played tic-tac-toe,
but there was always one place
every sea creature wanted to go.

The kelp swings were crowded,
there was always a line,
and when you finally got on,
there was so little time!

Little Hammerhead finally
got to the front of the line.
It was his turn to swing
and his time to shine.

He said very kindly,
to Narwhal swinging high,
"Your time is up,
it's my turn to fly!"

But Narwhal just ignored him
and covered his ears.
He just kept swinging
and Hammerhead's eyes filled with tears.

Hammerhead's fins felt tingly.
His head got real hot.
He was getting on that swing,
if Narwhal liked it or not.

Before he knew it,
Narwhal was on the floor.
Now they were both mad,
looking to settle the score.

We know that it's not
a good choice to fight.
Let's help Hammerhead calm down
and then make it right.

Take a DEEP breath
and help him feel calm.
Breathe in one more time,
and out real LONG...

Let's do this together
until the mad feeling's gone.
To help Hammerhead and Narwhal
be friends and move on.

Repeat after me,
let's show Hammerhead what to say
to make things all better
in the best way.

I felt mad, now I'm calm.
I can use my words instead.
I'm sorry I hurt you,
I still want to be friends.

