



Blue Peep Floof CONNECT



MESSAGE:

Creativity can happen alone or with others, but when Blue Peep Floof arrives, it's time to connect with your 'peeps.' Reach out to a family member or friend to spark connection and creativity. It's easy to feel inspired by the important peeps in your life!

AFFIRMATION:

I come out of my shell to connect with peeps I know well.

ACTIVITY IDEAS:

Try a partner art project or play (or invent) a new game together.



Bunny Floof OBSERVE

MESSAGE:

Creativity and curiosity aren't always about diving right in sometimes, they are about sitting back and observing.
Bunnies are great at listening and noticing the world around them. Bunny Floof encourages you to take time to notice the magic all around. Maybe while you observe, you'll learn something new or make a new connection you wouldn't have otherwise.

AFFIRMATION:

I can listen to and see, the magic of the world around me.

ACTIVITY IDEAS:

Try a mindfulness walk or lay on a blanket and look up at the stars or clouds in the sky.