COMFORT CORNER SET

Thank you for purchasing this digital download! Contents are outlined below with printing specifications for each item. Many of these files can even be printed on a home printer if you want to begin using them right away. Should you have any issues with files or printing, please feel free to email us at hello@slumberkins.com. Please note that you will only be able to download your files a maximum of 3 times, so please be sure to save the files to your computer upon download for printing.

Wall Backdrop (1)

Transform any space into a Comfort Corner with this tranquil yet magical scene. This backdrop was created to provide children with a comforting visual for their safe space, to help them self-regulate when emotions get too big. It's a perfect environment for any child to relax and feel safe, comforted, and loved.

Printing Specifications:

3ft x 6ft

Step 1: Download the backdrop image to your computer.

Step 2: Select where you would like to print, looking for 3' x 6' banner.

Step 3: Upload the image to the website you choose, following the steps of the website (see suggested step-by-step instructions below)

Print Shop Suggestions:

Staples Banners: 3' x 6' Indoor poly banner

(starting at) - \$57.49

- Click "Get Started" button
- Select "Indoor" or "Outdoor" banner
- Select desired material
- Select Landscape
- Slide your size to 6' x 3'
- Select Grommets, Adhesives, or none
- Select "Upload a complete design"
- Select "Upload"
- Upload the file from the location it was saved
- Preview the file
- Turn-around time can be same day

<u>Costco</u>: 3' x 6' vinyl, welded edge, hanging grommets optional banner (starting at) - \$35.99

- Select your size of 3'x6'
- Select Landscape orientation
- Choose whether or not you want grommets
- Upload the file from the location it was saved
- Preview the file
- Submit
- Turn-around time approximately one week

Emotion Identification Posters (3 poster options, multiple color variations)

Work with your little one to help identify common emotions. Featuring many of our Slumberkin creatures, we have created two versions (*I Feel* as well as *Emotions*) in three color options (white, green, tan), plus a *How Are You Feeling*? poster to prompt children to share and talk through their feelings.

Printing Specifications:

11"x17"

Review files and select a- your color preference, b- between the *I Feel* versus *Emotions* options. There is only one option for the *How Are You Feeling*? poster

Print Shop Suggestions:

Staples

Printing Price for 11"x17" 67lb White Estimated Cost: \$1.07/each sheet PRINTING NOTES: Be sure to check your local locations for Same Day Pick Up

- Click BUY NOW on the COLOR (left side) Document printing
- At the top left of the pop up, click ADD FILES
- Click upload files
- Select file(s) from the location they are saved
- Click OPEN
- Click upload
- Click Done
- On left side toolbar, select MEDIA
- On the pop-up, top left, FILTER SIZE drop down menu, select 11"x17" (we selected 11"x17" 67lb, White) and click Fit content to paper scale content up or down (use when file and page are different sizes)
- Press OK when you have chosen the paper you would like
- On left side toolbar, write a name in the JOB NAME box
- On left side toolbar, enter the quantity
- Review the document(s) and make sure they fit correctly in the page
- When everything looks good, click ADD TO CART
- Then, PROCEED TO CHECKOUT

Feelings Flash Cards (7 cards)

A great tool for learning all about emotions. Each flashcard showcases a different creature feeling a different emotion. On the back of each card, information is provided for what each emotion feels and looks like.

Printing Specifications:

- 4x6 flashcards
- 8.5x11 page
- Files include both options of side-by-side or stacked to support multiple printing configurations

Print Shop Suggestions:

<u>Staples</u>

Printing price for 8.5x11 67lb White Estimated cost \$0.67 per page PRINTING NOTES: Be sure to check your local locations for Same Day Pick Up

- Click BUY NOW on the COLOR (left side) Document printing
- At the top left of the pop up, click ADD FILES
- Click upload files
- Select file(s) from the location they are saved
- Click OPEN (if you want to order more than one file, click ADD MORE FILES and continue to do so until all of the files you want have been uploaded entered)

- Click upload
- Click Done
- On left side toolbar, select MEDIA
- Filter size drop down: 8.5 x 11
- Select paper (we chose 8.5x11 67lb White) and click Fit content to paper scale content up or down (use when file and page are different sizes)
- Click OK
- On left side toolbar, write a name in the JOB NAME box
- On left side toolbar, enter the quantity
- Review the document(s) and make sure they fit correctly in the page.
- When everything looks good, click ADD TO CART
- Then, PROCEED TO CHECKOUT

Breathing Posters (3 posters)

Three different options to support with a deep breathing routine. Post these in the Comfort Corning to help show your child how to breath in and out while following along with their finger along either of the Mountain Breathing posters or along the Snowflake edges.

Printing Specifications: (3) 8.5x11 pages See print shop suggestions below

Parent Resource Guide: How to Set up Your Comfort Corner

A two sheet overview that outlines step-by-step suggestions on location, visuals, and tools to set up your in-home or in-classroom Comfort Corner.

Printing Specifications:

(2) 8.5x11 pages See print shop suggestions below

Print Shop Suggestions:

Breathing Posters and Parent Resource Guide: How to Set up Your Comfort Corner All 8.5x11

Staples

Printing price for 8.5x11 67lb White Estimated Cost: \$0.67 per page

- Same day pick up option (be sure to check the location)
 - Click BUY NOW on the COLOR (left side) Document printing
 - At the top left of the pop up, click ADD FILES
 - Click upload files
 - Select file(s) from the location they are saved
 - Click OPEN (if you want to order more than one file, click ADD MORE FILES and continue to do so until all of the files you want have been uploaded entered)
 - Click upload
 - Click Done
 - On left side toolbar, select MEDIA
 - Filter size drop down: 8.5 x 11
 - Select paper (we chose 8.5x11 67lb White) and click Fit content to paper scale content up or down (use when file and page are different sizes)
 - Click OK
 - On left side toolbar, write a name in the JOB NAME box
 - On left side toolbar, enter the quantity
 - Review the document(s) and make sure they fit correctly in the page.
 - When everything looks good, click ADD TO CART
 - Then, PROCEED TO CHECKOUT