



The Feels

Assessment



What feeling
do you see?



What would you do
if you felt this way?



What feeling
do you see?



What would you do
if you felt this way?



What feeling
do you see?



What would you do
if you felt this way?



What feeling
do you see?



What would you do
if you felt this way?



What feeling
do you see?



What would you do
if you felt this way?



What is the first thing
you do when you have
a BIG feeling?