

# Alpaca Whisper Cube

During times of stress or heightened anxiety, many children find comfort in naming and sharing their feelings and fears. Build your little ones a whisper cube to share their worries with. Pair with the Alpaca Board Book and help your children learn to articulate their feelings.

1. Color the alpacas
2. Cut along the lines
3. Fold the dotted tabs in and glue or double-sided tape tabs into the cube

