

Dragon

Resource Guide

Dragon's stories introduce the concept of creativity. There are many ways to be creative. Dragon helps bring inspiration and curiosity to children while also supporting them in exploring their imagination and inner dream world.

Key Themes

Creativity

Thinking of and making new things from your own ideas and imagination

Cognitive Flexibility

Being able to think of new ways to solve problems

Imaginative Play

Using your mind and ideas to play in new ways

Problem Solving

Identifying a problem, brainstorming ways to solve it, and then testing a solution

Emotional Regulation

Noticing when we have big feelings and then calming our bodies down

Discussion Questions

What are your favorite ways to create and imagine?

Drawing, playing with toys, building with blocks, making up stories, etc.

What adventure would you dream to do with a dreaming dragon?

Pretend I am in space, create a puppet show, play school, etc.

Activity

Try exploring new materials, fabrics, or mediums together with your child. Sensory play is a great tool for exploration because there are no limits to what you can do or create! Try making edible sand by mixing up cereal or oats in a blender. Add the mixture to a tray with a few additional items like cups, spoons, or rocks and explore together. Follow your child's lead, letting them show you just how creative they can be.

Affirmation

I can dream it and make it.