



# Amber

WARMTH, WELLBEING & LIGHT

Amber carries the energy of the sun, warmth, and wellbeing. Comfort and contentment is coming to you. Negative or stagnate energies will turn into positive energy like a sunny day lifting the spirits. If you have found that you have been waiting a long time for you manifestations to become reality, this stone says its here and the wait has been worth it.

You are protected! Carry around a bubble of sunshine wherever you go.

## **How to Use Agate for Healing**

Wear Amber as a necklace or jewelry for ongoing, every day support. It is nurturing and good for people recovering from illness or who are needing comfort.

Place Amber in your environment, to support specific activities, like work.

Meditate while holding Amber to receive deep insight, guidance, and healing.