USER GUIDE

ERADA®
BIO-MAGNETIC
AMETHYST MATS
THANK YOU FOR PURCHASING EREADA® MAT AND CHOOSING US!

Ereada Corp is a family-owned company dedicated to customer satisfaction and providing the highest quality original Amethyst mats and pillows from Korea at the best possible prices. We have personally experienced great benefits from the Far InfraRed energy mats with crystals. We were impressed by the revitalizing power and at the same time dissatisfied by the poor affordability of these mats especially those with PEMF (VLF) and Negative Potential (E.D.N.I.) technologies.

We started this business to make these great products affordable to everyone interested in holistic and alternative practices. We believe you will be very pleased with your Ereada® Far Infrared Energy PEMF Mat. We truly wish you to get rid of stress and enjoy a better quality of life with the aid of this amazing product.

We hope you experience as many positive results as we have now that you own one yourself.

UNBOXING

THE MAT SET INCLUDES:

1. Ereada® Amethyst Mat
2. High absorption breathable waterproof multilayer protection cover to cushion your mat and keep it clean
3. Bag for storage and carrying the mat
4. Catalog and User Guide
5. Small two-inch high clear plastic vial with a tiny metal cylinder. It is a device for testing PEMF (pulsed magnetic fields) function. The metal cylinder moves in the vial when PEMF is ON. This movement is the reaction to magnetic field pulsing. It is stronger close to PEMF coil and goes down with distance.
6. Operational CONTROLLER with wires for Compact Pro (Midsize), Professional and Single Size mats
7. Operation Indicator
8. Power ON/OFF Toggle Button
9. Power ON indicator
10. Adjust Temperature DOWN Toggle Button
11. PEMF Flashing Light Indicator
12. PEMF ON/OFF Toggle Button
13. Ion Indicator
14. Ion ON/OFF Toggle Button
15. Operation Indicator
16. LED Temperature Display
17. Power ON/OFF Switch
18. LED Temperature Dial
19. PEMF ON/OFF Toggle Button
20. PEMF Flashing Light Indicator
21. PEMF ON/OFF Toggle Button
22. Ion Indicator
23. Ion ON/OFF Toggle Button
24. Operation Indicator
25. Power ON/OFF Toggle Button
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MAINTENANCE AND CLEANING

HOW TO USE YOUR MAT

BEFORE YOU START

THANK YOU FOR PURCHASING EREADA® MAT AND CHOOSING US!

Ereada Corp is a family-owned company dedicated to customer satisfaction and providing the highest quality original Amethyst mats and pillows from Korea at the best possible prices. We have personally experienced great benefits from the Far InfraRed energy mats with crystals. We were impressed by the revitalizing power and at the same time dissatisfied by the poor affordability of these mats especially those with PEMF (VLF) and Negative Potential (E.D.N.I.) technologies.

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We hope you experience as many positive results as we have now that you own one yourself.
Ereada® mats have a multilayer system construction with up to 2 PEMF coils installed in the Bio-Magnetic Mini mats of your mat, where the coils are the strongest above and around the PEMF coils but goes down with Amethyst mats, the Professional (29”x74”) Mat has four coils, and (20”x32”), three coils are in the Midsize (24”x59”) Gray Ereada® program auto-changing all frequencies of this range. PEMF frequency from 8 Hz to 64 Hz and one randomized equipped with our new controller with eight levels of adjustable anion layers to generate negative ions. But this and other non-heated areas of the mat still may be better to create a restful and relaxing environment. It frequencies may have a more energizing effect, and the lower less than 0.2 mG by measurements), new-generation advanced and refresh the air in your room while the mat is preheating. Amethyst mats controllers do not have the option to activate your natural body heat to produce anions. Amethyst mattress is intended for U.S. electricity, 110-120V/60Hz, with plug or during long sessions. You may find thin cover excellent for short and high intensive sauna type sessions with sweating while more thermal energy is desirable. If you are only starting and the mat is too hard for you, better to cover the heat and the connection terminal. Or you can sleep with your Pillow Cover and several additional layers of sheets or towels on top can form an excellent insulator to make the soft enough for long sessions or even for sleeping. As soon as your body gets used to crystals pressure you may remove extra layers one-by-one.

You may find thin cover excellent for short and high intensive sauna type sessions with sweating while more thermal energy is desirable. If the cover you want is not in the set, or you need an extra one, you can purchase it from Ereada.com or on Amazon.

We hope that our protectors help you feel more comfortable during the sessions.

Ereada® mat’s construction is safe and effective. But of course, extra precautionary measures should always be observed when using any electrical appliance.

1. Never immerse the mat in water, do not use the product in wet or excessively humid areas. Do not use the heating mattress when your hands or body are wet. If the mat is wet, let it completely dry out before turning on.
2. Changes or modifications to the mat or controller can be dangerous and cause electric shock. Do not disassemble anything while the power is ON.
3. Do not put rubber or foam mats, non-permeable toppers or solid objects on the mat. It can cause overheat and catch fire. Do not prick the mattress with pins, knives or sharp objects. Do not step walk, jump, run and avoid other types of pressure which can damage internal temperature sensors.
4. Do not put chemicals, solvents, volatile or flammable materials on the mattress, as it can damage the mattress.
5. Make sure that the recepacle where you plug in the mat has the same voltage rating as the specifications indicated for each product (for North America: 120V and 60Hz for Japan and Nippon; and 220-250V/50Hz for Europe and other countries).
6. Do not use travel adaptors in order not to damage your mat and controller.
7. If your mattress is intended for U.S. electricity, 110-120V/60Hz, with plug or during long sessions.
8. Always remember to turn off the electrical supply when not in use. When unplugging device, do not attempt to pull the cord, pull it out by holding the plug.
9. To protect your mattress, use a surge protector. Power spike is the main reason why a mat would malfunction. An electrical surge kills the controller and renders the mat unusable until you purchase a new controller.
10. Do not use the device when the cord is damaged or if the electrical outlet is excessively loose, find another socket that will correctly hold the plug.
11. Do not use the device if it is damaged, or if the connection to the controller is not tight. In any order not to fall asleep on the hot mat and dehydrate. Take extra care during nighttime use, and keep the mat only on low heat settings.

SAFETY INSTRUCTIONS

COVERS

1. Do not use travel adaptors in order not to damage your mat and controller.
2. Thin MultiLayer Waterproof Cover with 4-cornered elastic straps.

This thin cover is machine washable and dryer-friendly on gentle cycle. Put it on top, if you use it together with the non-washable pad or the Mini mat.

If you are only starting and the mat is too hard for you, better to cover it as well as possible. Thin 3-D pad together with a Thin Cover and several additional layers of sheets or towels on top can form an excellent insulator to make the soft enough for long sessions or even for sleeping. As soon as your body gets used to crystals pressure you may remove extra layers one-by-one. You may find thin cover excellent for short and high intensive sauna type sessions with sweating while more thermal energy is desirable.

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COVERS

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13. Remember that bio-magnetic function can damage hardware storing information. Avoid putting credit cards, drives or other similar items on the mats with magnets.

14. Clean the surface of the mattress only when the power is OFF, and the controller is unplugged from the AC outlet.

CONTRAINdications:

The following may not be a full list of contraindications but if you have any of them, avoid the use of the far infrared mat in heating modes for PEMF (unless you get approval from your doctor).

1. The recipients of any organ transplant should not use FIR or PEMF mats. After organ transplant operations, patients usually are prescribed powerful drugs to prevent their immune system from rejecting the transplanted organs. FIR and PEMF sessions may increase immune system function which may make them dangerous for organ transplant.

2. Pacemakers and defibrillators users should not use the FIR or PEMF mats in powered modes without cardiologist approval. The function of these devices may interfere.

3. Expectant women should not use the heating function or FIR mat in heating modes during pregnancy. Expectant women should not use the FIR or PEMF mat as no evidence exists for fetal damage. If pregnancy is possible you should be able to sleep on this mattress or use it in the unpowered mode for iron function but be sure to consult a physician before using it for heating or PEMF.

4. Newborns and infants should not use heat or magnetic function. Their core body temperature is much higher than any adults. It occurs due to a higher metabolic rate per body mass, limited circulatory adaptation to increased cardiac demands, and the inability to regulate body temperature by sweating as well as other means. Do not use your mat in heating modes on babies who cannot move away or on children who can’t speak well enough to express themselves.

5. Avoid use of far infrared heat in heating mode completely (unless you get approval from your doctor). If you do not get approval, you are heating the body with a very high dose of infrared rays. You can cause severe burns or even damage to the skin. Use it in the short-wave infrared mode instead. In the long run, you will also damage your eyesight.

6. Anybody with diseases associated with a reduced ability to sweat or insensitivity to heat should use the FIR Mat without the heat. He should use the FIR mat in negative modes for healing. In negative modes of FIR, the body is not heated, but the negative ions clean the body from the inside out. Negative modes are equivalent to a cold bath. Infrared rays naturally. FIR and PEMF mats are manufactured of the highest quality, ‘zero-emission’ materials and do not need any odor removal. Anyhow do not put the protector on the mattress or lay it on during this time.

7. If you have a metal implant, a pacemaker or any other metallic object in your body (besides for the metal in your teeth), you should not use the FIR or PEMF mat. This includes dental implants, medical devices, cochlear implants (ectopic implants), dental fillings, etc.

8. Anybody taking medications or currently going under medical treatments, radiation or chemotherapy should consult their doctor before using the mat in heating mode. Some medications as diuretics, barbiturates, and beta-blockers may impair the body’s natural heat loss mechanisms. Some over the counter drugs such as aspirin and ibuprofen can also cause the body to be more prone to heat stroke. Sleep aids, painkillers, narcotics, antipsychotic medicines may be the most dangerous in negative PEMF. People under influence of drugs, alcohol or intoxication as well as patients with mental impairments or dementia should never use the mat, saunas or other heating devices.

9. Anybody experiencing a high fever should not use the mat in the heating mode. Only the negative ions function can be used until the fever stops.

10. If you use heating creams or balms, lotions, salves or ointments that contain heat-producing ingredients, you should never use them on the FIR or PEMF mats in order to avoid burns unless recommended by a healthcare professional.

11. Anybody with fresh wounds, trauma, joint injuries or swollen hot limbs where the cold application is necessary should not use the FIR or PEMF mat in heating mode. When the FIR mat reaches the highest level and heating is on the highest level, there may be a risk of burns.

12. Anyone with a mental or physical disability or those with limited mobility should use Ereada® mats in the negative-ions-only mode unless under full supervision of a medical professional and have a doctor’s approval.

13. It is not recommended to use any part of the heating area of your mattress if you have cancer. Don’t use your mat in any shape or form. This is extremely dangerous for cancer patients. In a short-term use, FIR may not do harm to cancer patients, but if you overuse the hot crystal mat on the highest levels, it may cause irreversible damage.

14. Stop using the mat if any known conditions worsen while using it. You should not experience pain when using the mattress. However, the pain sensation is not necessary if it is not severe. The sensation of pain may be present after the session. People with body temperature problems may experience this as pain and some as a sensation. If pain is persistent, discontinue use.

15. To protect from overheating and dehydration be sure to drink a lot of water, replenish electrolytes and use only the lowest heat levels on the mat. Do not use the mat if you overheat or dehydrate.

16. Ereada® mats intercept, and direct small EMFs into the ground plug of the wall socket like a lighting rode. Some of these energy waves are not absorbed but are reflected to the patient by the controller. This may cause the mat to reach a certain level of magnetic charge, and auto-switch off the protected socket. Connect your mat to another wall socket by using a standard circuit breaker. If your controller makes all breakers tripping, unplug the controller and ask us for replacement.

1. Study the Catalog, and the User Guide included into the set before the first use. The mat is easy to operate, but the User Guide has important health information. Also, the User Guide lists the mat types and functions that you may need to try to make you get the most benefits from your mat.

2. Subscribe to Ereada® on youtube for educational videos. Our youtube channel is https://www.youtube.com/EreadaMat.

3. Consult your doctor how to use, especially if you have any chronic disease. Even if your health professional is not familiar with far infrared crystals, doctors usually can give good advice about how such or similar well-known technologies like sauna or heating pads will work, especially in the case of any existing health condition.

4. When you get the box with your mattress, if it is too cold or too hot or wet, open the box and check what you receive inside for at least an hour to warm up the room temperature and humidity before connecting to the power socket. Open the box and take out your Ereada® mat carefully, especially if it is very hot. It is very hot, and you may need some special way to help. Check, if all accessories included. Put the mat on the floor, bed or another flat surface with the crystals side facing up.

5. Our Amethyst mats have several layers in the bottom that reflect the heat upwards. But if you use your mattress on a hardwood floor or with a memory foam mattress, it may be better to put a towel under the mat to dissipate any remaining heat.

6. Cover the mat entirely with a thick blanket and leave it to heat up, periodically checking how hot it is under the blanket. It is not necessary to reach the maximum temperature level if you both a thick protector and a thick blanket on top.

7. The heating process stops and resumes again when the mat cools down. The highest level is recommended only for about 30 minutes, at which time, the gems become warm and start to radiate Far Infra-Red rays naturally.

8. For extra electrical safety, the heating wires are positioned in a short distance from the edges so that the end tubes with crystals are heated indirectly by other stones. It normal when the gemstones close to the sides of the mattress have a lower temperature.

9. When the heat is on, the surface temperature of the bare mat under the blanket, or under your body if you are on the mat, becomes hot. To adjust to room temperature, at the maximum heat level it will reach 140°-150°F (60-65°C) on the surface if you measure the temperature immediately after you stop using the mat. However, if you allow it to cool down, the temperature will drop to a safe level of 110°-130°F (45-50°C). If you do not cover the mat, and the room temperature is low, or the airflow is low, it will cool the mattress very quickly. It is normal – when preheated, the crystals transfer most of the energy in the form of Far Infrared Rays very quickly.

10. If you keep your mat open without the protector, blanket, pillow or your body on it, the heat dissipates, and the surface will be merely warm to touch even on the highest heating levels.

11. It is normal if the mat starts to heat up a little when the mattress is on the highest heat level or if several functions are activated at once. This is a continuous process. But it is not normal if the controller gets hot or if you notice any smell. Please turn off the mat and contact us for a free replacement if this happens.

12. Remember not to put the controller on the mat, even if the surface is cold. It may heat up and damage the controller.

6. If your area is subject to frequent electrical blackouts or power spikes, it is better to connect the device to electricity through a surge protector. This will protect the device from any potential damage which protects computers or refrigerators. It will protect the controller from any malfunctions resulting from a power surge.

7. To remove the mat from the power socket after use.

8. The first time heating should be to test your Amethyst mat at the highest 7th level (equal to 70°F or 158°F) for 2-3 hours.

9. Ereada® mats are manufactured of the highest quality, ‘zero-emission’ materials and do not need any odor removal. Anyhow do not put the protector on the mattress or lay it on during this time. Just cover it entirely with a thick blanket to accelerate heating. When the mat reaches the maximum level, and heating indicator goes off, turn the temperature dial down to the 1st level and keep it there. This prevents Far Infrared, PEMF, Photon and Air Ion functions, if available on your device.

10. Choose the best position. FIR amethyst rays penetrate deep and may awake resonant vibrations on a micro level so that even after the session the body temperature may stay elevated to the normal level of 98.6°F for up to 8 hours, which may help to maintain active lifestyle essential for rejuvenation. The famous German naturaphys Dr. Uwe Grote, in the European bestseller «98.6 – Ideal Body Temperature as the Secret to Optimum Health». There is also the local effect when those organs and tissues which are close to the mat receive more heat. It may be beneficial for them, but if you overuse the hot crystal mat on the highest levels, it may also cause some problems, if you have kidney or gall stones. If you lay on your right side, the liver and gall will become hot and the gall bladder will be more prone to heat stroke. It may cause gallstone movements and cause inflammation and pain. If you lay on the left side, the heart and stomach will become hot and the left lung will be in that case affected. This is not harmful, but usually laying on one's back is the best position.

11. If Ereada® mat is too hard for you, put the 5-D pad, and a cover included into the set on the mattress to cushion it and eliminate any pressure points. You can also add several layers of bamboo or cotton sheets or towels on top of your mat, 5-D pad and cover to make the surface even softer. As soon as your body gets used to the heat, you may choose to remove the extra layers one-by-one. Protectors and towels are great for sweat absorption during heating procedures or for cushioning.
With FIR function, some of the heating rays will dissipate if you use a thicker layer on top of the mat and under your body. The temperature may not go up high enough to be effective through.

12. Always keep your Waterproof Protector on the mat to protect it from spills and dirt. But even if your mat occasionally gets wet, do not worry, it has waterproof layers inside. Just let it completely dry out before using again. UV rays will still destroy your mat.

13. Be careful with your first session. Use a slow and continuous mode quickly and the cumulative effects are much more desirable without the lightheadedness or other side effects that can come with rapid detoxification. The maximum time for each heat level is not specified. It depends on the size of the mat, the temperature level, and one’s age, body size, composition, and many other factors. The main rule is to start with low settings and gradually increase the intensity, length, and frequency of sessions. Of course, if you are an experienced FIR sauna owner, you can start with the maximum temperature level, or you can even practice the sandwiched between two low heat levels, but that’s much more extreme. First, consult your doctor first and using common sense to avoid overuse.

15. As soon as you are sure that your body reacts fine, you can use your mat as long as you like. Unless you have special needs, you can use it from a few times a week to very frequently. But it should not be used for long periods.

21. If you are falling asleep while on the mat, turn off PEMF function (so the coils do not spin during sleep, especially if you have hip or knee replacements). But most importantly, choose the lowest levels 2-3 (30°C to 45°C) or 86-110°F). FIR Heat before going to bed.

22. Getting a headache or feeling dizzy is a sign of “a healing crisis”. Some reactions are due to your body removing toxins stored in fat and sweat them out. Before toxins exit through the sweat pores, your body gets covered with a thick blanket, you will get the maximum detoxification. As your body becomes used to sweating, it will be easier to sweat voluntarily.*

11. Extra care is necessary if you have diabetes. If a patient has a lot of sugar in the blood, it does blood vessels and causes nerve disorders. A long-term application of PEMF may start causing damage throughout the body. It is called diabetic neuropathy. If you have this condition and loss of sensitivity, you should use a short program of PEMF by a protocol established by your doctor, and use any heating sessions only under supervision. You should start very slowly and monitor your blood sugar.*

10. Use moderately at high temperatures. If your body is very sensitive, the dangers of infrared function, regarding the release of toxins, may be serious. If you feel any signs of this crisis, stop using the mat and consult your doctor as the same symptoms may also be symptoms of a serious condition.

12. William Rea, MD, one of the most knowledgeable doctors in the world regarding environmental toxicity and sauna detoxification, warns: Uncontrolled, too-rapid mobilization can have devastating effects on an organism. Of course, it does if chemicals leak out, but it means that chemically sensitive people cannot get rid of toxins. Just that it should be done very slowly and carefully, and better with doctors’ supervision. Slowly and gradually, starting at the increasing heat level, session length, and frequency is the best path forward, and it is important to immediately decrease intensity in case of any symptoms.

13. When you start to use it, it is crucial to avoid acupressure overstimulation. To sleep on your Ereada® mat, do it slowly adapting to the temperature level. Start with short sessions at bedtime with lots of toxins or just oversensitive to magnetic fields may need start at 3-5°C less than your usual sleep temperature. Some women enjoy the process to get relief of unpleasant symptoms.

14. The same careful approach is important to heat function. Our skin sensors can easily detect the high temperature caused by the conventional conduction heat, but FIR has no such effect. The FIR warmth has a deep impact, so you should use the hot stone mat on the much lower sensible temperature than a standard heating pad. It demands extra care, especially if you are sleeping near children, because any FIR heat can burn. FIR heating function has a deep impact, so you should use the large user powerful mats. Please use the mat only on the lowest setting while sleeping.

15. Minor reactions to low-intensity PEMF sessions may occur in some people. In general, adverse PEMF effects result in many positive changes. If you experience as many positive results as we have, now that you realize that you can obtain from PEMF and FIR Heat.

*Ereada® mats are not intended to diagnose, cure, treat, mitigate or prevent any disease, illness or medical condition or to substitute for medical treatment of any kind. Information here is never to be construed as medical advice. These products and statements have not been evaluated by U.S. FDA (please, see Disclaimer in this user guide, page 11).

USE WITH CAUTION*

**FIR is a powerful source of not only heat but also energy. It is not for everyone, and there are some precautions and contraindications to use. Please, consult your doctor before using a FIR sauna.**

- Use common sense, self-educate, listen to your body and we hope you experience as many positive results as we have, now that you have your own Ereada® Mat.
1. When the controller is connected to the mat tightly and plugged into the socket, and you press the power switch, but the controller does not go ON. Ensure the electrical wall socket you’ve plugged the mat into is working correctly. Plug another electrical device into it to ensure it has power. If it is not working, consider checking the electrical panel as a breaker may have popped (or broken) and needs a reset. Or try another electrical wall socket that you have verified is powering other devices. It is preferable to use a power outlet protected by a standard circuit breaker (not a GFCI). If you are using a surge protector, ensure it is working correctly. Plug another electrical device into it and check that it is working.

2. Ensure the controller’s plug is pushed all the way into the mat’s receptacle socket so that it is snug tight with no space at all between the plug and the mat’s connector. A loose connection can cause a loss of signal exchange between the hot stone mat and the controller, and when too many errors accumulate the overheating protection may fail. The controller will show error messages, and the mattress will not heat up properly.

3. Make sure that the power button on the controller has been turned ON. The controller may show “OFF” or “E-Code on display. It means that either preset heating time is over or the connection between the controller and mat is lost. Try adding time, powering on the controller OFF/ON, or reconnecting it.

4. Please activate the timer button and choose one of the timer settings for the mat to start heating. Some models of the controllers do not support the heating and other functions unless you set a timer first.

5. A frequent reason for the new controller fault and errors is an incorrect order of controller connection. Please, first connect the controller plug to the controller terminal and only after this plug the controller to the mat. If you connect the controller to the power source first, the safety program may lock it and go into safe mode. It may start to beep or will turn OFF without showing any error. The same may happen if there is a loss of signal interchange between the mat and the controller. To reset the controller reconnect it in the correct order.

6. If the controller shows errors, the easiest way to solve the problem is to reset it. Disconnect the plug from the socket first and then from the mat connection terminal. When you disconnect the plug from the mat, please always do it carefully with two hands, holding the controller plug separately, and the other hand pull out the plug. Pull the plug out of the controller on the mat carefully as well. Do not remove it by the cable or the connection between the mat terminal and the controller plug may become loose. After this always first reconnect the controller to the mat tightly and then plug it into an electrical outlet again. Be sure that the plug is securely plugged into any other electrical device.

Reconnection and reset are the most common ways to eliminate errors and related to the controller.

 But If reconnection or any other form of troubleshooting does not improve the situation, it likely means that there is a problem with the controller. If your controller were not accidentally damaged or flooded, we would replace it ASAP, fast and free.

For warranty service, please contact us at Ereada@Ereada.com

7. Do not worry if your mat is not hot to touch. The FIR Amethyst Mat does not feel like a conventional electric mat. Hot to touch is not the energy from the hot stone mat, in the form of Far Infrared Rays heat, is transferred by radiation, and not by conduction (as is the case with normal mat made from conductive heating pads) so that do not heat the body much. If the mat is left uncovered, it should be slightly warm on the lower warm, warm on the medium levels and not so hot on the highest temperature levels – but the transferred heating energy is much higher and far more penetrating. So the mat should be used on a much lower, more prudent temperature than a standard electrical heating device – it demands extra care, especially for all night use.

It usually takes around 30-60 minutes for the Amethyst Mat to reach the maximum temperature if you put both a thick cover and a thick blanket on top. The heating process stops and resumes again when the mat cools down, to maintain the set temperature. During this time, the gemstones become very warm and emit radiant Far Infrared rays. For extra electrical safety, the Amethyst Mat should be positioned in a short distance from the mat’s edges so that the end tubes with crystals are heated indirectly by other stones (these stones may have a lower temperature). The temperature of the mat, reaching 140-150°F, should be used for most purposes. If you are body on the mat, becomes hot to the touch, especially in those areas which are covered by film or mesh. Or at the maximum heat level, it will reach 120°F. If you measure it immediately after you stand up or remove the thick blanket. But if you measure the bare mat surface temperature in several minutes again, it will be much lower, around 110-130°F. If you do not cover the mat, and the room temperature is low, or the airflow is active, it will cool the mat down very quickly. It is normal because the hot crystals transfer radiant heat very quickly. If you keep your mat open without the protection pad, blanket, or your body on it, the heat dissipates, and the surface will be merely warm to touch even on the highest level.

TAKING CARE OF YOUR MAT

1. The mat should not be used outside if you are not sure about the weather. Use it indoors on a flat surface as a massage table, bed, sofa, mattress or floor. It’s ok if the surface is not ideally hard and flat as a board.

2. Ereada® mat with PDMC cells can be damaged if you use it in the bent condition. So use it with your hands fully extended.

3. Sometimes controllers and even mat issues happen after power spikes. When hurricanes or storms are approaching, if you are not able to turn the controller ON/OFF, or reconnecting it.

4. Do not use your mat on a carpet unless you set a timer first. If there is a loss of signal interchange between the controller and mat is lost. Try adding time, powering on the controller OFF/ON, or reconnecting it.

5. Do not remove it by the cable or the connection between the controller’s plug and the mat’s connector may become loose. If you fold the mat in the wrong direction, it may be damaged.

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7. MAINTENANCE AND CLEANING

8. Store the device and the controller in a ventilated storage room or closet.

9. All new Ereada® mats are covered by 1-year limited warranty for home use and 2-year limited warranty for commercial use. All new Ereada® mats are covered by 1-year limited warranty for home use and 2-year limited warranty for commercial use. All new Ereada® mats are covered by 1-year limited warranty for home use and 2-year limited warranty for commercial use.

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13. All new Ereada® mats are covered by 1-year limited warranty for home use and 2-year limited warranty for commercial use. All new Ereada® mats are covered by 1-year limited warranty for home use and 2-year limited warranty for commercial use.