

The Arrow Bandana Cowl

Designed by Bay Area-based knitwear designer, Contessa McNab

Materials + Notions:

- 2 x skeins of Kullu (pictured here in Alabaster)
- US Size 15 (10mm) circular needles with 24" length cable
- Large tapestry needle to weave in ends
- Stitch marker
- Felting needle (optional)

Finished Measurements: Approximately 12" wide x 14" long
(from point of triangle to top edge); 4" = 8 sts / 14 rws

Abbreviations:

- CO: cast on
- sts: stitches
- k2tog: knit 2 together
- p2tog: purl 2 together
- rep: repeat



Seed Stitch pattern: Row 1 – knit 1, purl 1 / Row 2 – purl 1, knit 1/ Rep Rows 1-2

Note: When decreasing seed stitch make sure to continue seed stitch pattern. Example: if your next stitch in seed stitch will be to knit after decreasing, you will p2tog to decrease. If your next stitch is to purl after decreasing, you will k2tog to decrease.

STEP I:

- Long tail CO 47 sts leaving 6" tail, join work in round, place stitch marker
- Starting with knit stitch (round should end with a purl st) begin seed stitch pattern for 21 rounds or until work measures 6"

STEP II:

- Decrease 2 sts at beginning of row, continue seed stitch until last 4 stitches, decrease 2 sts at end of row (43 sts)
- Now you will be working front to back
- Rep previous decreasing row five more times (23 sts remaining)
- Knit one row of seed stitch

STEP III:

- Now creating the triangle for your bandana
- Decrease 1 st at beginning of row, continue seed stitch, decrease 1 st at end of row (21 sts)
- Knit one row seed stitch
- Rep last two rows until 2 stitches are left on needles
- Cast off last two stitches

STEP IV: (optional)

- Weave in tail ends to clean up cowl
- Optional: Use felting needle to hold ends in place. If you have leftover yarn after knitting your cowl, try adding fringe or a tassel for a fun twist!