



Dr. Olvera's

SUGGESTED PROTOCOL

PROFESSIONAL USE ONLY

Advanced Cosmelan®

Innovative depigmenting and antiaging method with **novel patented ingredients** and **encapsulation technologies**, that removes hyperpigmentation and prevents its reappearance in the short and long-term. Contemplating correction and regulation.

Oil removing solution	10 ml / 0.34 oz
Cosmelan® 1	10 g / 0.35 oz
Cosmelan® 2	30 g / 1.06 oz
Melan recovery	50 ml / 1.69 fl. oz
Mesoprotech® melan 130 pigment control	50 ml / 1.69 fl. oz

ACTIVE INGREDIENTS

Complex formula with numerous ingredients for powerful depigmentation, antioxidant and antiaging effects.

- patented melaphenone
- retinyl palmitate
- glabra root extract
- rumex occidentalis
- ascorbic acid
- salicylic acid
- niacinamide
- hexylresorcinol
- idebenone
- phytic acid
- hesperidin
- kojic acid
- retinol

Preparation - First session at the office

- 1 Cleanse the skin with **Hydramilk cleanser** using circular motions and removing with damp cotton pads or soft facial sponges.
- 2 Degrease the face using the **Oil removing solution** included in the pack, apply with a gauze.
- 3 Protect sensitive areas such as Periocular area, lips and around nostrils with Mesolips protector. **Tip:** If patient has microblading, protect it as well (it might change its color).

Treatment

- 1 Open the **Cosmelan 1** jar and stir.
- 2 With the help of a spatula or with gloved hand, apply an even thick layer to entire face with $\frac{3}{4}$ of the product (save $\frac{1}{4}$ in the closed jar in a dry, sun protected place. Do not refrigerate). Avoid eye contour area, and leave at least **2-3 mm** from lips. **Tips:** Apply a thicker layer on the main hyperpigmentations. For patients with sensitive skin, apply a thinner layer around the chin.
- 3 Time on tissue is determined by severity of the hyperpigmentation and skin type. Range **6 – 8 hours**.

Time on tissue chart	Normal, mixed or oily skin	Dry, thin or sensitive skin
Moderate hyperpigmentations	8 Hours	6 Hours
Severe hyperpigmentations	8 Hours	8 Hours

- 4 Patient goes home with the mask on and shall remove with plenty lukewarm water at the end of the determined time. (No facial cleanser is needed). **Tip:** Mask might dry up on certain environments. Patient might sprinkle some purified/filtered water on with a spray bottle. If they forget they have the mask on and scratch or accidentally remove a spot, just wet a finger in water and redistribute the surrounding mask to cover the spot. Sun exposure and heat sources must be avoided.

Post care

- 1 After the removal of **Cosmelan 1**, patient must start **Melan recovery**.
- 2 For the next **7 days** to come, patient uses **Melan recovery** morning, midday and night (or more often if needed), and **Melan 130 pigment control** morning and midday.
- 3 **Cosmelan 2** starts on **day 7** and has to be applied morning and night prior to **Melan recovery**.

Mesoesthetic® products

PROFESSIONAL

- Hydramilk cleanser
- Mesolips protector
- Anti-stress mask
- Crystal fiber mask
- Oil removing solution
- Cosmelan® 1

HOME CARE

- Cosmelan® 2
- Melan recovery
- Melan 130 pigment control mesoprotech
- Hydra cream fusion or Brightening foam

FITZPATRICK

- All

SKIN TYPES

- All

SKIN CONDITIONS

- All

Second session at office

- 1 **Day 15:** Have your patient come back to the office for follow-up and a hydrating session. This will increase their tolerance to protocol.
- 2 Cleanse the skin with **Hydramilk cleanser** using circular motions and removing with damp cotton pads. Apply **Anti-stress mask** for **15 minutes** and rinse.
- 3 Apply **Crystal fiber mask** for **15-20 minutes** and softly rub in the remaining product after removal.

Thrid session at office

- 1 **Day 30:** Have your patient come back to the office for a similar session to **day 15** but this time, a touch up application of **Cosmelan 1** can be applied on stubborn hyperpigmentations. Ask your patient to bring the **Cosmelan Home Pack** so you can make sure it is properly being used.
- 2 Repeat **day 15** hydrating session: **Cleanse the skin, Anti stress mask, Crystal fiber mask.**
- 3 If needed, apply the $\frac{1}{4}$ **Cosmelan 1 jar** saved only on residual hyperpigmentation. Touch up mask must be removed **2 hours** earlier than the initial application.
- 4 Apply **Melan recovery** and **Melan 130 pigment control** on the rest of the face (not on touch up mask).
- 5 Suspend **Cosmelan 2** at home for **2-3 days** after removal, but keep normal application of **Melan recovery** and **Melan 130 pigment control.**

Forth, fifth and sixth session

- 1 You can ask your patient to come back monthly for follow up and hydrating sessions (no touch ups), and to make sure **Cosmelan Home Pack** is being used properly. Keep in mind that they will need to restock on **Cosmelan 2** and **Melan recovery** around **month 2.**

Mesoestetic® products

NOTES

- An allergy patch test might be recommended. Perform on a non-visible area such as behind ears following the protocol for **48 h.**
- Intensive monitoring is suggested during the first **30 days.**
- A complete treatment is **6 months** long.



XTETIC

EXCLUSIVE
DISTRIBUTION

xtetic.com/professional