



Dr. Olvera's

SUGGESTED PROTOCOL

PROFESSIONAL USE ONLY

Cosmelan® pack

Innovative depigmenting and antiaging method with **novel patented ingredients** and **encapsulation technologies**, that removes hyperpigmentation and prevents its reappearance in the short and long-term. Contemplating correction and regulation.

Oil removing solution	10 ml / 0.34 oz
Cosmelan® 1	10 g / 0.35 oz
Cosmelan® 2	30 g / 1.06 oz
Melan recovery	50 ml / 1.69 fl. oz
Mesoprotech® melan 130 pigment control	50 ml / 1.69 fl. oz

ACTIVE INGREDIENTS

Complex formula with numerous ingredients for powerful depigmentation, antioxidant and antiaging effects.

- patented melaphenone
- retinyl palmitate
- glabra root extract
- rumex occidentalis
- ascorbic acid
- salicylic acid
- niacinamide
- hexylresorcinol
- idebenone
- phytic acid
- hesperidin
- kojic acid
- retinol

Preparation - First session at the office

- 1 Cleanse the skin with **Hydramilk cleanser** using circular motions and removing with damp cotton pads or soft facial sponges.
- 2 Degrease the face using the **Oil removing solution** included in the pack, apply with a gauze.
- 3 Protect sensitive areas such as periocular area, lips and around nostrils with **Mesolips protector**.

Treatment

- 1 Open the **Cosmelan 1** jar and stir.
- 2 With the help of a spatula or with gloved hand, apply an even thick layer to entire face using all of the content in the jar. Avoid eye contour area, and leave at least **2-3 mm** from lips.
- 3 Time on tissue is determined by severity of the hyperpigmentation and skin type. Range **6 – 8 hours**.

Time on tissue chart	Normal, mixed or oily skin	Dry, thin or sensitive skin
Moderate hyperpigmentations	8 Hours	6 Hours
Severe hyperpigmentations	8 Hours	8 Hours

- 4 Protect sensitive areas such as periocular area, lips and around nostrils with **Mesolips protector**.

Post care

- 1 After the removal of **Cosmelan 1**, patient must start **Melan recovery**.
- 2 For the **7 days** to come, patient uses **Melan recovery** morning, midday and night (or more often if needed), and **Melan 130 pigment control** morning and midday.
- 3 **Cosmelan 2** starts on **day 7** and has to be applied morning and night prior to **Melan recovery**.

Notes

- 1 An allergy patch test might be recommended. Perform on a non-visible area such as behind ears following the protocol for **48 h**.
- 2 Intensive monitoring is suggested during the first **30 days**.
- 3 A complete treatment is **6 months** long.

Mesoestetic® products

PROFESSIONAL

- Hydramilk cleanser
- Mesolips protector
- Anti-stress mask
- Crystal fiber mask
- Oil removing solution
- Cosmelan® 1

HOME CARE

- Cosmelan® 2
- Melan recovery
- Melan 130 pigment control mesoprotech
- Hydra cream fusion or Brightening foam

FITZPATRICK

- All

SKIN TYPES

- All

SKIN CONDITIONS

- Facial hyperpigmentations including the most common: melasma, ephelides, lentigo and post inflammatory hyperpigmentations.



XTETIC

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