



# Blemiderm pack®

Specific method for the **treatment of acne, reducing the appearance of blemishes**, improving quality of the skin, reducing sebum production and refining its texture. Acts on skin microbiota, inflammation and hormonal pathways.

## ACTIVE INGREDIENTS

### Blemiderm pre-peel

- Retinal,
- Bakuchiol,
- Salicylic acid,
- Mandelic acid,
- Glycolic acid,
- Phytic acid,
- Caffeic acid,
- Succinic acid

### Blemiderm treatment:

- Retinol,
- Azelaic acid,
- Shikimic acid,
- Mandelic acid,
- Salicylic acid

### Blemiderm mask:

- Blemisome complex,
- Kaolin,
- Sulphur
- Combination of AHAs and BHA

### Purifying mousse:

- Clorhexidine,
- Salicylic acid,
- Lactic acid

### Post peel

### neutralizing spray

- Sodium bicarbonate
- Aloe vera,
- Urea

Blemiderm pre-peel	3 vials 4 ml
Blemiderm mask	3 jars 7 ml
Post peel	1 spray 50 ml
Purifying mousse:	1 mousse 150 ml
Blemiderm treatment	1 airless 50 ml

## Professional application protocol

# Preparation

- 1 Cleanse the skin with **Hydramilk cleanser** using circular motions. Remove with damp cotton pads or soft facial sponges.
- 2 Degrease the skin with pre-procedure cleansing solution with a gauze.
- 3 Protect sensitive areas (outer canthus of the eyes, lips, nasal allae) with **mesolips protector**.

# Procedure

- 1 Open **Blemiderm pre-peel** carefully and pour all of it into a measuring beaker.
- 2 Provide patient with a hand fan (might be helpful in case of a tingly sensation)
- 3 Apply **Blemiderm pre-peel** to the face with the help of a gauze (all of it).
- 4 After **5 minutes**, rebalance skin pH's with multiple damp cotton pads, ideally neutralize with **Post-peel neutralizing spray** and remove.
- 5 Open **Blemiderm mask** and stir.
- 6 Once skin is dry, apply the entire content of **Blemiderm mask's** jar evenly.
- 7 Wait **5 minutes** (maximum **10 minutes**) and place damp gauzes on the face for **1-2 minutes** starting on the cheeks, chin, nose and forehead.
- 8 Remove excess product with damp gauzes and rinsing.
- 9 Neutralize with **Post-peel neutralizing spray**.
- 10 Remove neutralizing spray with a damp cotton pad or soft gauze with water.

## mesoestetic® products

### PROFESSIONAL

- Hydramilk cleanser
- Pre-procedure cleansing solution
- Mesolips protector
- Crystal fiber mask
- Fast skin repair (optional)
- Mesoprotech Mineral fluid
- Hydra-vital light (optional)
- Blemiderm local control
- Blemiderm caps
- Blemiderm resurfacing gel
- Pure renewing mask
- Blemiderm pack (Blemiderm pre-peel, Blemiderm mask, Post-peel neutralizing spray, Purifying mousse, Blemiderm treatment)

### FITZPATRICK

- All

### SKIN CONDITIONS

- Acne

## Post care

- 1 Apply Crystal fiber mask for **15-20 minutes**.
- 2 Apply **Fast skin repair** to promote moisture. (Optional).
- 3 Finish by applying **mesoprotech Mineral fluid** or the mesoprotech product according to patients skin type.
- 4 Explain to patient their Home care routine with the included **Blemiderm Home Pack** (Purifying mousse starts on the first facial cleansing after session, using it morning and night. **Blemiderm treatment** must be applied only at night once the skin has returned to its normal condition).
  - a In the morning after cleansing, Hydra-vital light can be used as moisturizer, and SPF is mandatory, ideally **Mesoprotech Mineral fluid**.
  - b Treatment can include the use of **Blemiderm local control** as an occasional treatment for specific blemishes, and **Blemiderm caps** (capsules containing **3** types of probiotics, **1** prebiotic, Biotin and Zinc. Take **1** capsule every morning).

## Notes

- 1 A minimum of **3** sessions is recommended, but number of sessions can be increased according to professional's expertise.
- 2 One session every **2** weeks can be performed.
- 3 A complete treatment cycle lasts **3** months. Patient is recommended to come back for control **15** days after last session.
- 4 Maintenance sessions can be done once every **2-3** months using **mesopeel blemiskin** o **mesopeel MD blemiskin**. Treatment cycle can be repeated as well (maximum **2** cycles per year).
- 5 **Caution:** Rubbing or pressing during time of exposure will increase the penetration.
- 6 We highly recommend neutralizing other than just removing with water to prevent adverse reactions.
- 7 **Pure renewing mask** can be used in office and at home ideally after the treatment is over and during maintenance session.
- 8 **Blemiderm resurfacing gel** can be used during maintenance session to prevent and control the appearance of blemishes.

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