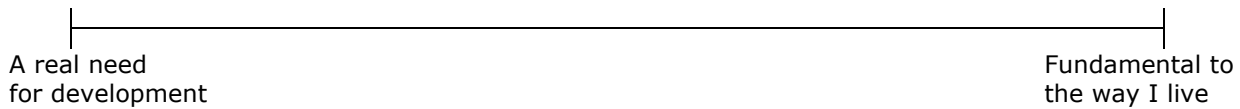


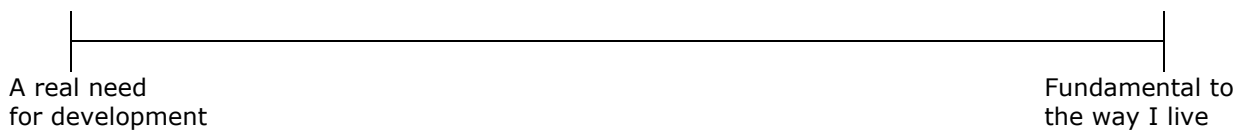
Resource 3: The seven habits self-evaluation

Having read the brief description of Covey's seven habits outlined in Resource 2, this Resource will help you consider the extent to which each habit is part of your self-management. For each one, mark with an 'x' where you would place yourself on the scale.

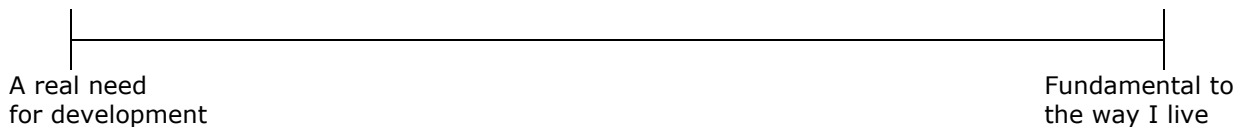
1 Be proactive: In control or a victim?



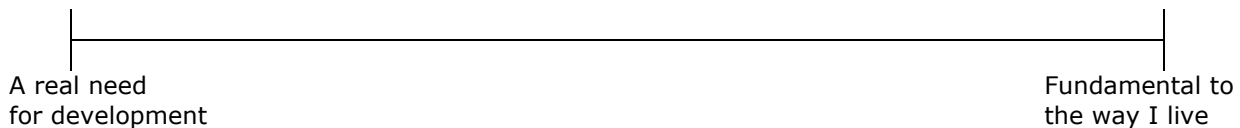
2 Begin with the end in mind: Living by values



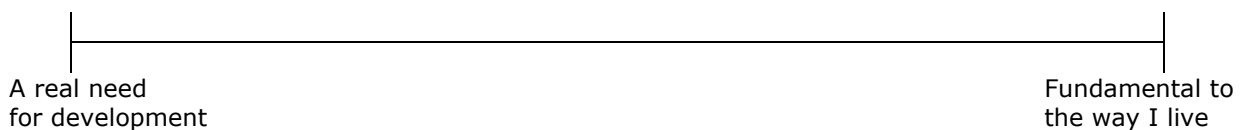
3 Put first things first: Prioritising, controlling



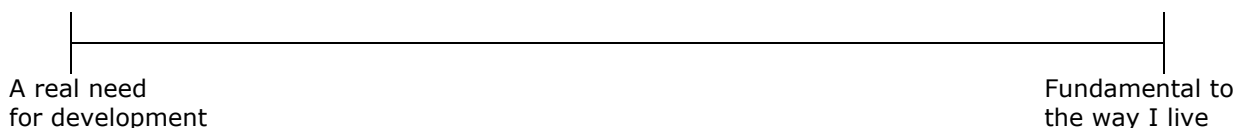
4 Think Win/Win: Mutual success



5 Seek first to understand, then to be understood



6 Synergise.



7 Sharpen the saw: Review and learn.

