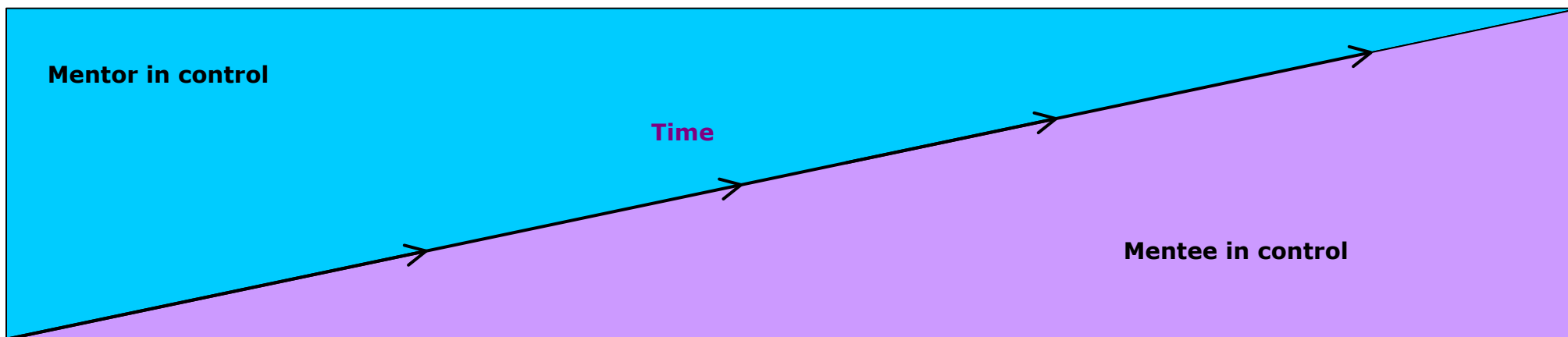


Resource 16: The control continuum



<p>The mentoring process is initiated. The mentor must take control of the first moves.</p>	<p>The mentor builds a relationship with the mentee and offers them support and encouragement.</p>	<p>Mentor and mentee work together with an emphasis on empowering the mentee to take control of their own situation.</p>	<p>The mentee finishes the mentoring process feeling able to take responsibility for their own personal development and looking positively towards the future.</p>
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