

## Resource 17: Teacher's checklist for inattention

Use the checklist below to assess a pupil. Then use it again after you've been implementing your strategies for a month. Although not part of this course, it is also a good idea to use this list to assess the pupil again in six or nine months' time. Improvement can be very slow.

**Use a scale of 1 to 4 to score each item in the checklist. 1 means you strongly agree, 4 means you strongly disagree.**

<b>Pupil's name (or codename):</b>	<b>1<sup>st</sup> assessment date .....</b> <b>Score:</b>	<b>2<sup>nd</sup> assessment date.....</b> <b>Score:</b>
Finds it hard to start work		
Finds it difficult to listen to other people for more than a minute		
Frequently loses stuff		
Finds it hard to get any work finished		
Says things without thinking		
Does things without thinking		
Doesn't have many friends		
Daydreams		
Finds it really hard to sit still		
Forgets instructions just after they've been given		
Gets distracted by things going on in the room		
Slow at getting ready for PE and games		
Interrupts other people's conversations		
Hates to wait - made angry by queues		
Gets frustrated and upset when not able to do their work quickly		
Likes to make friends but sometimes finds it difficult without help		
Friendships don't last		

*Continued...*

<b>Pupil's name (or codename):</b>	<b>1<sup>st</sup> assessment date .....</b> <b>Score:</b>	<b>2<sup>nd</sup> assessment date.....</b> <b>Score:</b>
Sorry after doing things wrong, then just does them again		
Talks incessantly		
Frequently out of seat		
Interferes with other pupils' property		
Doesn't respond when concentrating on something enjoyable		
Can concentrate hard on enjoyable activities		
Asks lots of questions		
Likes individual sport better than team games		
Notices small changes in the classroom		
Has lots of energy		
Has ideas that other people haven't thought of		
Likes to be the leader when playing team games		
Enjoys trying to solve problems		

*(Source: Supporting Children with ADHD, Spohrer, 2002)*