The Body-Solid GPR400 Power Rack is a heavy-duty Power Rack designed to fit in several facilities from home gyms, garage gyms to commercial strength training facilities, sports team weight rooms and more.

A wide walk-in design gives users increased space and comfort when using the rack for a multitude of movements including squats, lunges, rack pulls and deadlifts. Add a Body-Solid bench and open up several new workout possibilities including decline and incline press, bench press, shoulder press and more.
Constructed with 11-gauge steel frames and oversized industrial-strength hardware, the GPR400 offers superior durability and is built to withstand the intensity of heavy powerlifting and frequent group training.

With a height of 201 cm, the GPR400 features a shorter height than most competitive Power Racks and will fit more comfortably in home, garage or basement gym settings.

An integrated 32mm diameter pull-up bar adds additional functionality to the GPR400 Power Rack with the ability to perform pull-ups, chin-ups, leg lifts and oblique twists.

Each GPR400 comes standard with pipe & pin safeties and J-cup liftoffs. Optional attachments and accessories including the GLA400 Lat Attachment, SPRCUA Multi-Chin, GPRDH Dip Handles, GPRTBR T-Bar Row, GPRUL U-Link and GPRWH Weight Horn allow complete customization to fit facility and user needs.

### Optional Attachments

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<tr>
<th></th>
<th>Attachment</th>
<th>Retail Price</th>
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<tbody>
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<td>01</td>
<td>GLA400 Lat Attachment</td>
<td>€ 495.00</td>
</tr>
<tr>
<td>02</td>
<td>GPRDH Dip Handles</td>
<td>€ 65.00</td>
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<tr>
<td>03</td>
<td>GPRTBR T-Bar Row</td>
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<td>06</td>
<td>SPRCU Multi Chin Up bar</td>
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<tr>
<td>07</td>
<td>SP150 Weight Stack</td>
<td>€ 315.00</td>
</tr>
<tr>
<td>08</td>
<td>SCB26 Calf Squat Block</td>
<td>€ 129.00</td>
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</tbody>
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### Tech Specs

- **11-gauge steel frames**
- **Wide walk-in design**
- **2.5 cm hole spacing for safeties**
- **Includes pipe & pin safeties @ J-cup liftoffs**
- **Integrated 32mm pull-up bar**

**Dimensions**: L 133.6 x W 132 x H 201 cm

**Weight**: 24 kg

**Weight capacity**: 450 kg

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![GPR400](image1)

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