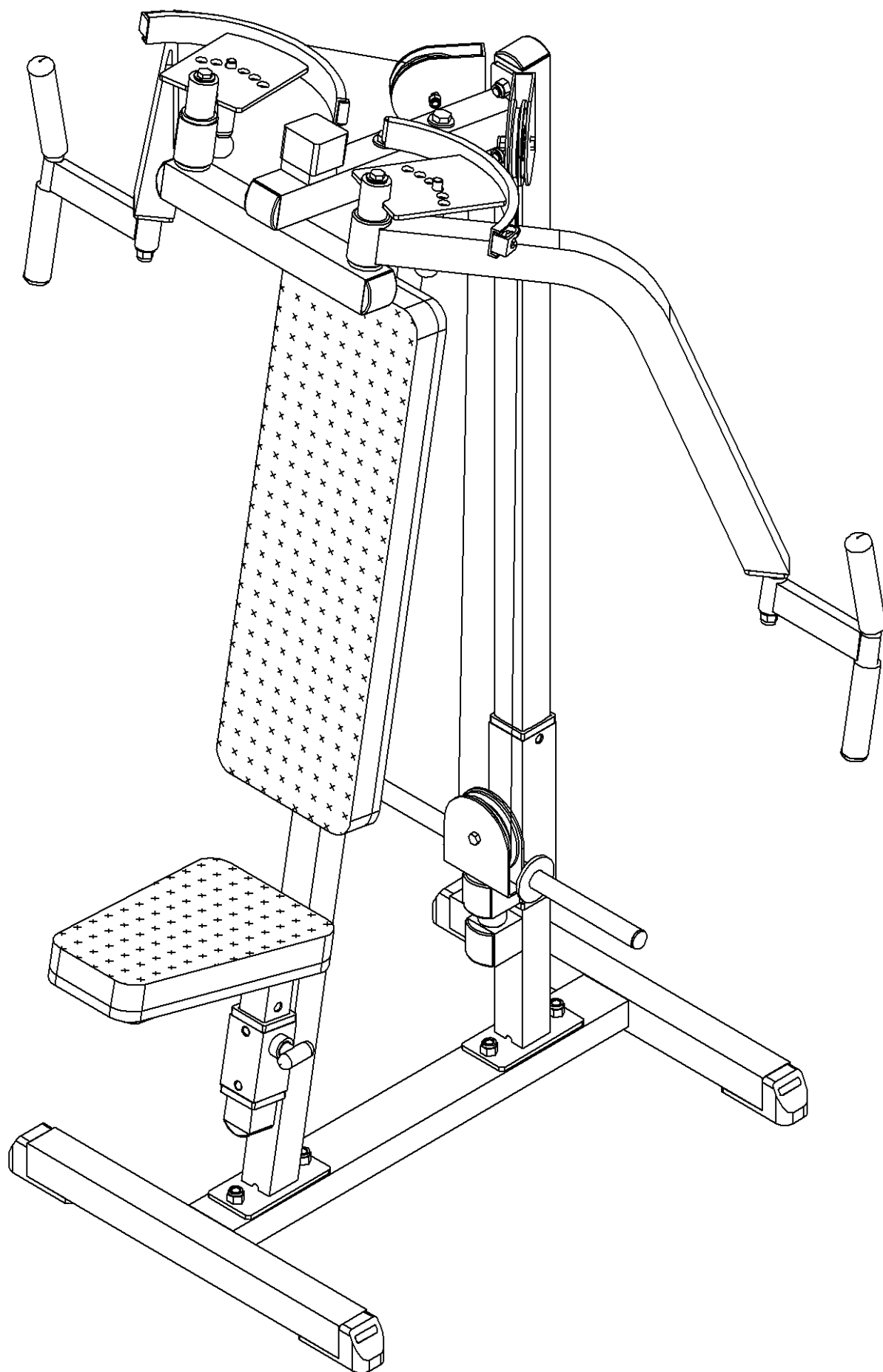













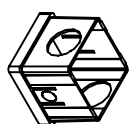

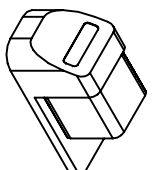
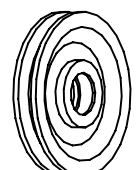
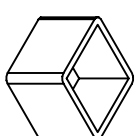
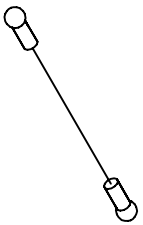




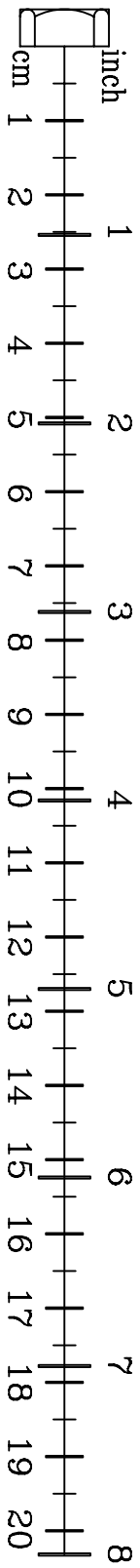
GPM-65



VERSION 0508

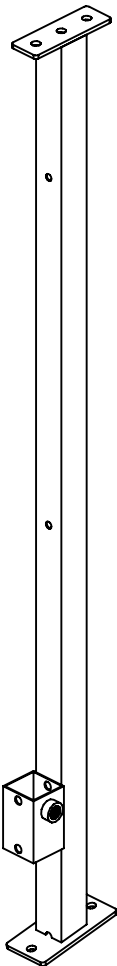
GPM-65 HARDWARE ILLUSTRATION SHEET

	Qty.	
A1. M12X75 HEX HEAD BOLT _____	[4PCS]	A1 
A2. M12X65 HEX HEAD BOLT _____	[4PCS]	A2 
A3. M10X40 HEX HEAD BOLT _____	[3PCS]	A3 
A4. 5/16"X3" HEX HEAD BOLT _____	[2PCS]	A4 
A5. 5/16"X2 3/4" HEX HEAD BOLT _____	[2PCS]	A5 
B1. M12 NYLON LOCK NUT _____	[8PCS]	B1 
B2. M10 NYLON LOCK NUT _____	[3PCS]	B2 
C1. M12 (1.D) WASHER _____	[8PCS]	C1 
C2. 5/16" (1.D) WASHER _____	[4PCS]	C2 
C3. 5/16" SPRING WASHER _____	[4PCS]	C3 
D1. 2"X2" END CAP (9211-087) _____	[6PCS]	D1 
D2. 45X45 END CAP (9211-091) _____	[2PCS]	D2 
D3. ø1" ROUND END CAP (9211-016) _____	[2PCS]	D3 
D4. 60X50 NYLON BUSHING (9211-033) _____	[2PCS]	D4 
D5. 60X45 NYLON BUSHING (9211-032) _____	[2PCS]	D5 
D6. 2"X2" FOOT CAP (9211-024) _____	[4PCS]	D6 
D7. ø4 1/4" PULLEY (9213-002) _____	[3PCS]	D7 
D9. 2"X2" RUBBER DOUNT (9310-020) _____	[1PCS]	D9 
D10. 2880mm STEEL CABLE _____	[1PCS]	D10 
D11. ø1" ROUND END CAP (9260-021) _____	[4PCS]	D11 
D12. ø26X1.5t CU WASHER (8520-008) _____	[2PCS]	D12 

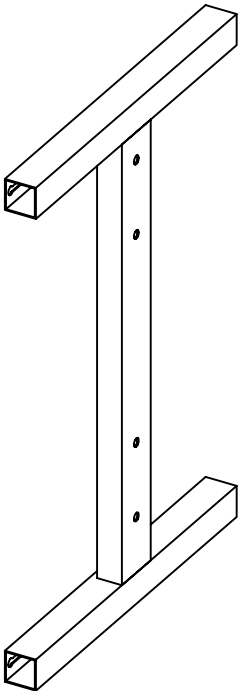


GPM-65 PARTS ILLUSTRATION SHEET

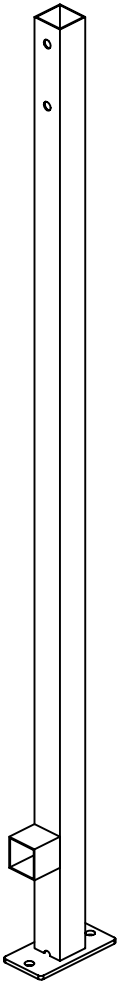
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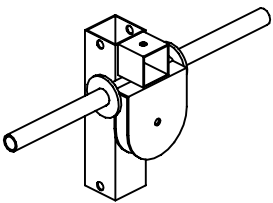
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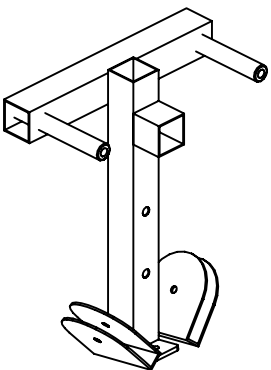
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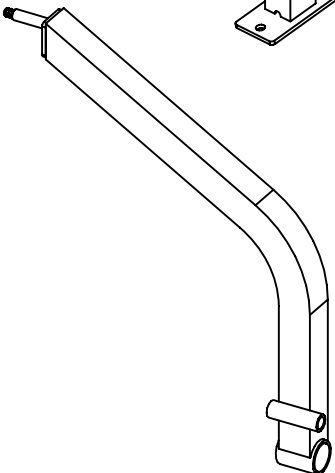
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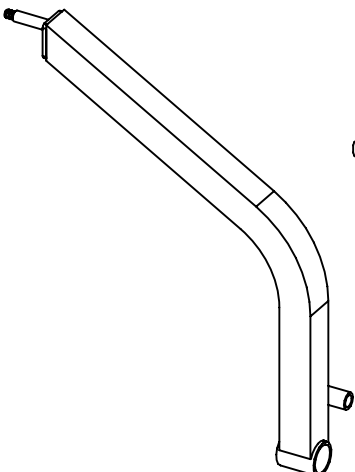
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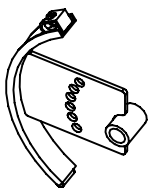
F[1PCS]
Left



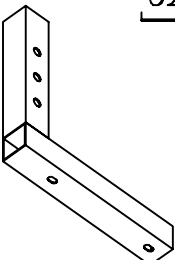
G[1PCS]
Right



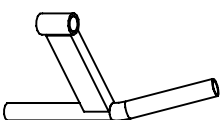
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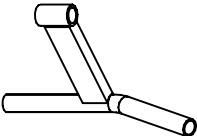
J[1PCS]



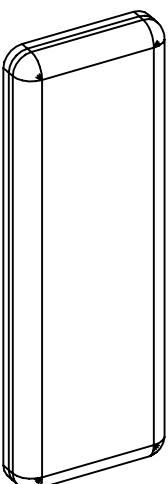
K[1PCS]
Right



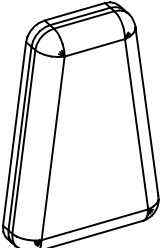
L[1PCS]
Left



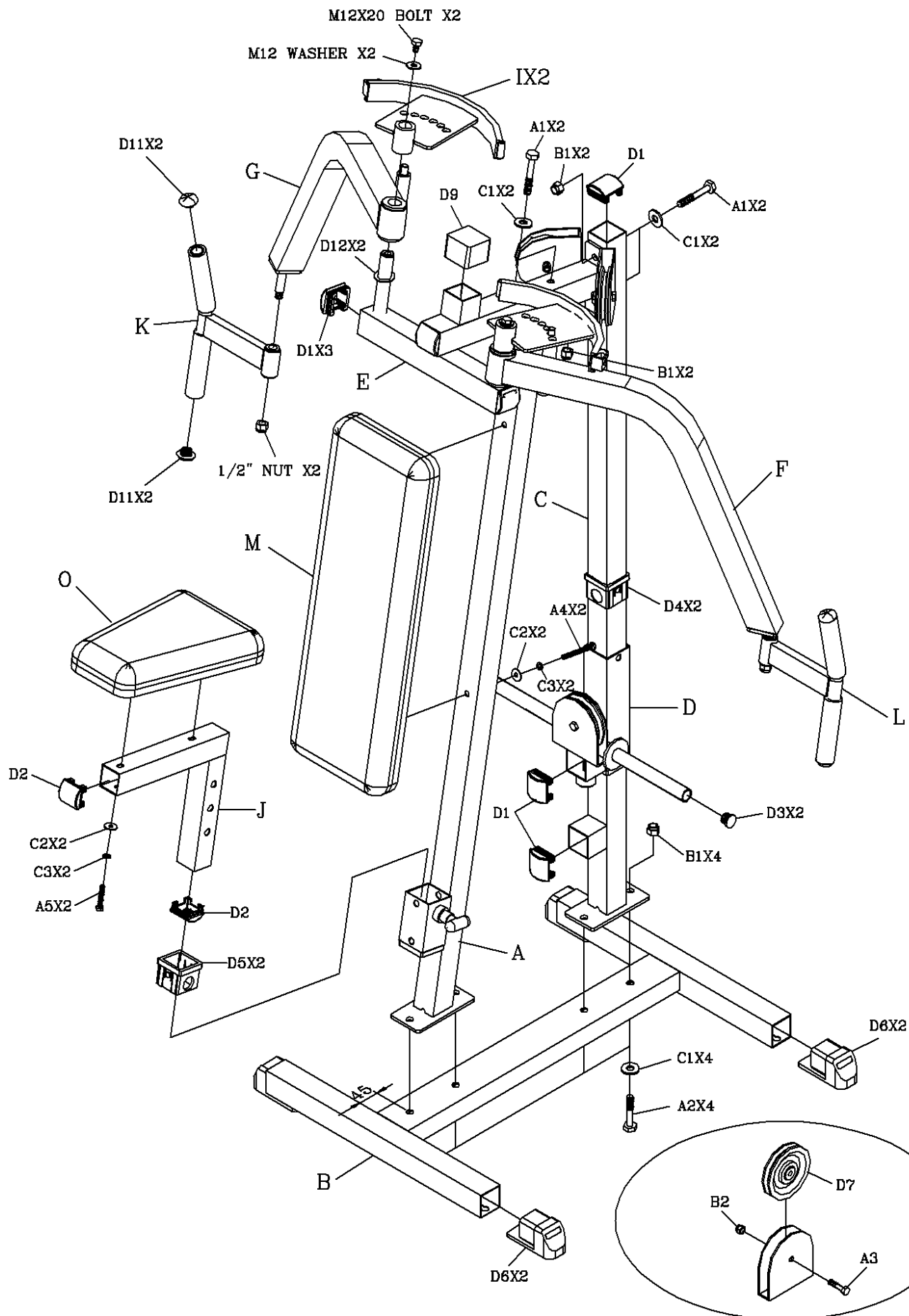
M[1PCS]



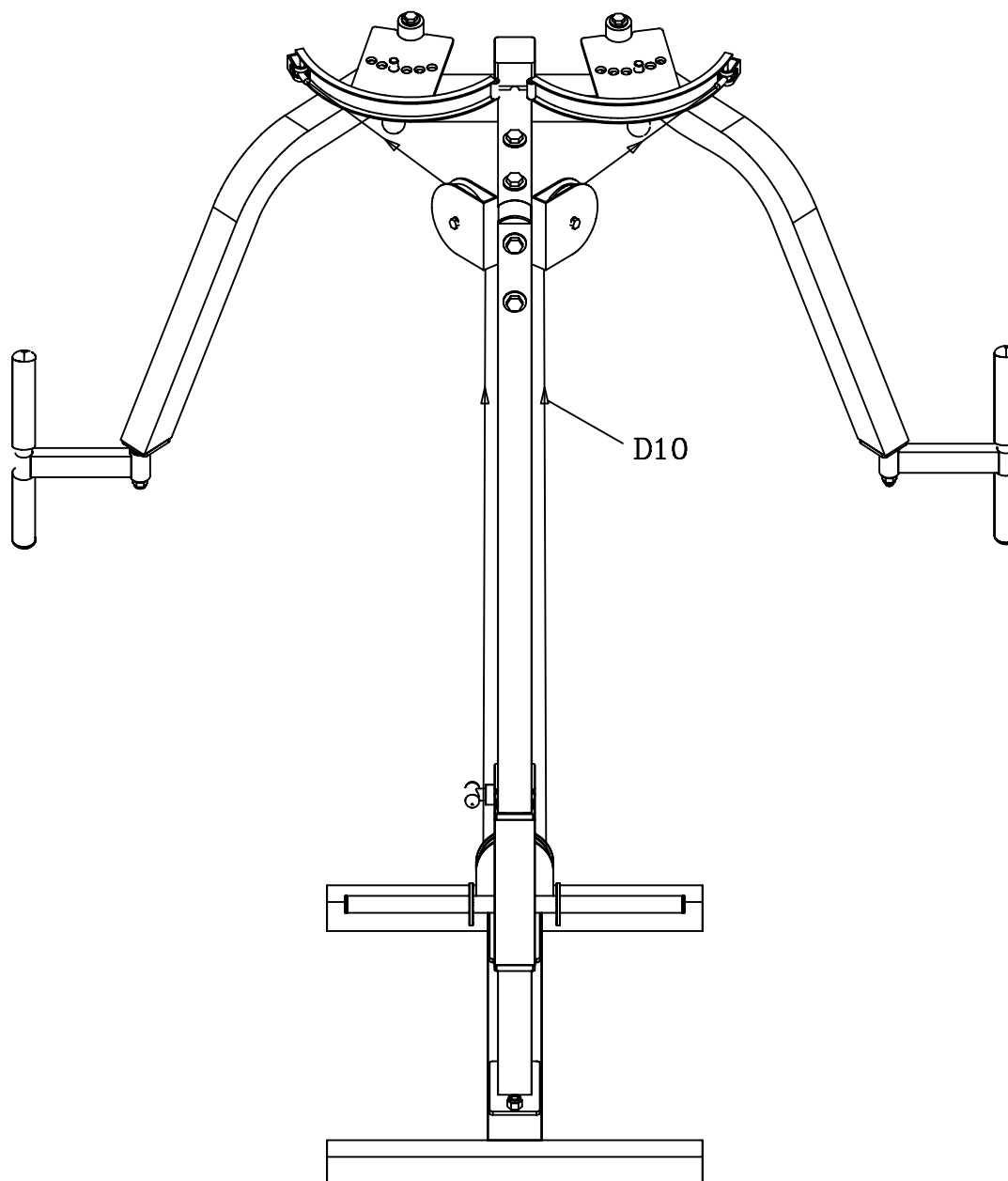
O[1PCS]



GPM-65



GPM-65



THERE IS A RISK ASSUMED BY INDIVIDUALS WHO USE THIS TYPE OF EQUIPMENT. TO MINIMIZE RISK, YOU MUST FOLLOW THESE RULES:

1. Inspect equipment before each workout. Check that all nuts, bolts, screws and pop pins are in place and fully tightened. Also, before use, check cables for signs of wear. Replace all worn parts immediately. Never use machine if any parts are damaged or missing. Failure to follow these rules may result in serious injury.
2. Keep clear of the cables and all moving parts when the machine is in use.
3. Always make sure all Snap Links are closed when doing any cable/pulley exercises.
4. Exercise with care. Perform your exercises at a smooth moderate pace; never perform jerky or uncoordinated movements that may cause injury.
5. It is recommended that you should workout with a training partner.
6. Do not allow children or minors to play on or around this equipment.
7. If unsure of proper use of equipment, call your local Body-Solid distributor or the Body-Solid customer service department at 1-800-558-3113.
8. **WARNING:** Consult your physician before starting your exercise program. For your own safety, do not begin any exercise program without proper instruction.

RAL2-11-98