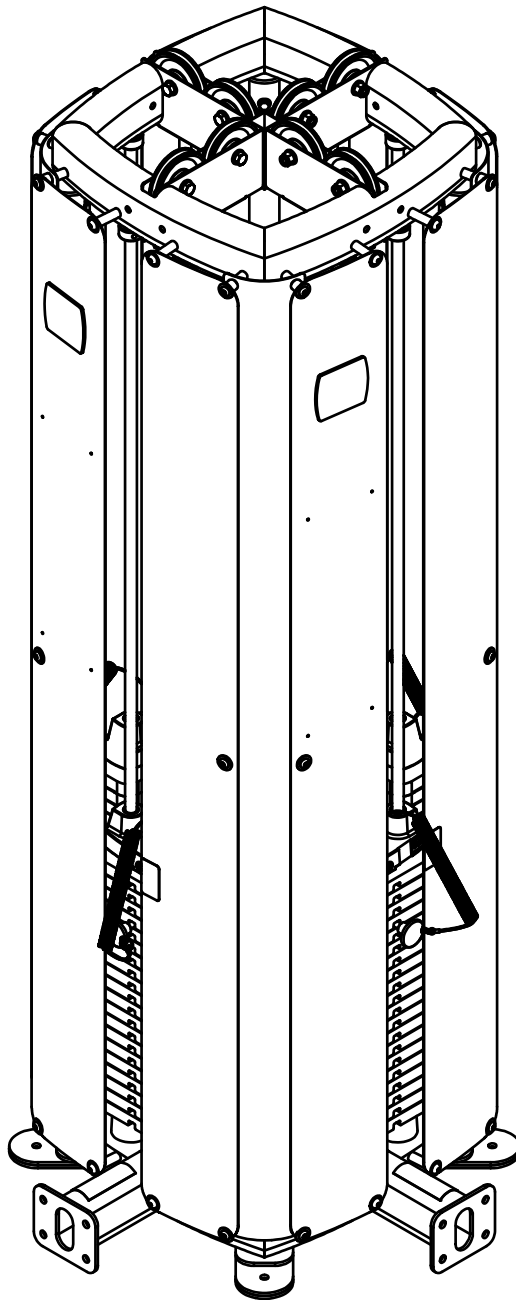


Body-Solid

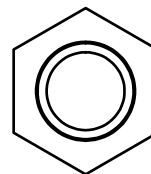
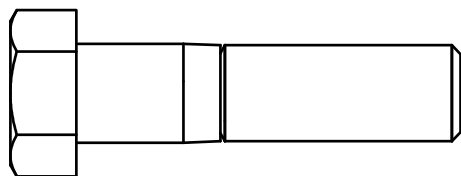


BODY-SOLID, Inc.
1900 S. Des Plaines Ave.
Forest Park, IL 60130 USA
Phone: (708) 427-3555
Fax: (708) 427-3556
www.bodysolid.com

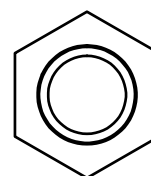
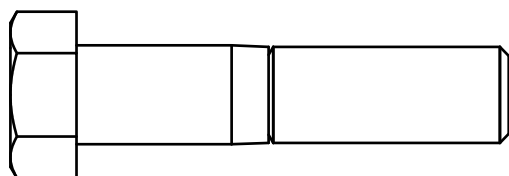
DGYM.1 OWNER'S MANUAL

DGYM ASSEMBLY INSTRUCTIONS

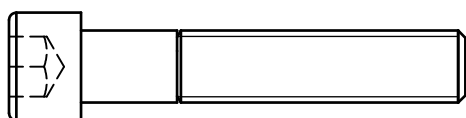
HARDWARE ILLUSTRATION



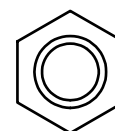
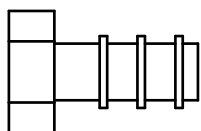
(A1)HEX BOLT 1/2"x2"L PARTIAL THREAD QTY.8



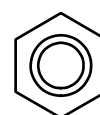
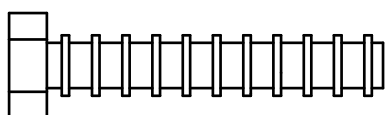
(A2)HEX BOLT 1/2"x2 1/4"L PARTIAL THREAD QTY.8



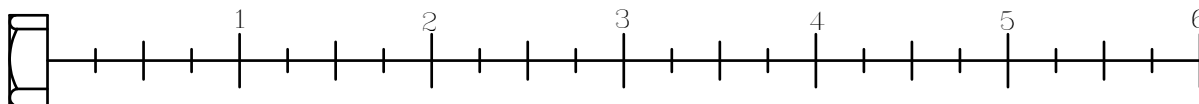
(A3)ROUND ALLEN HEAD 3/8"x2"L PARTIAL THREAD QTY.4



(A4)HEX BOLT 3/8"x3/4"L PARTIAL THREAD QTY.16

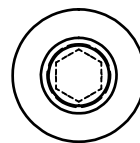
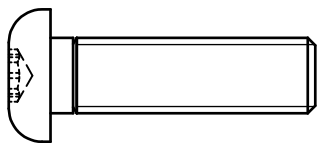


(A5)HEX BOLT 5/16"x1 3/4"L PARTIAL THREAD QTY.4



DGYM ASSEMBLY INSTRUCTIONS

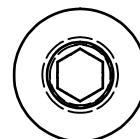
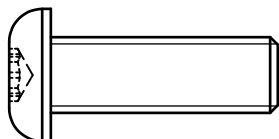
HARDWARE ILLUSTRATION



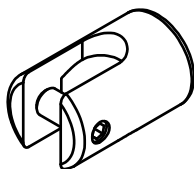
(A6)ROUND ALLEN HEAD M10X35L PARTIAL THREAD QTY.8



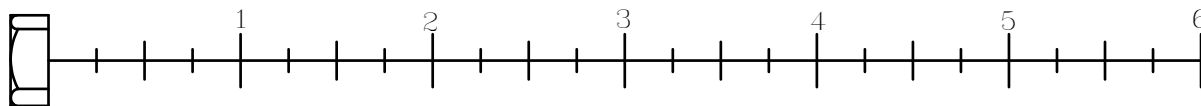
(A12)ROUND ALLEN HEAD 5/32"X1/4"L PARTIAL THREAD QTY.16



(A13)ROUND ALLEN HEAD M10X30L PARTIAL THREAD QTY.4

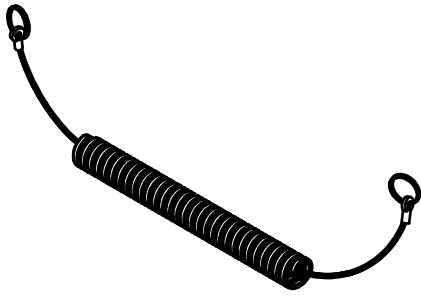


(A14)FIRM SHEATH(8890-046) QTY.4

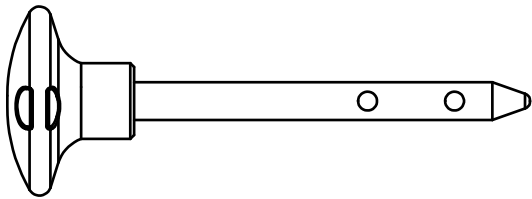


DGYM ASSEMBLY INSTRUCTIONS

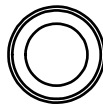
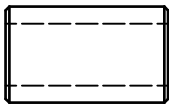
HARDWARE ILLUSTRATION



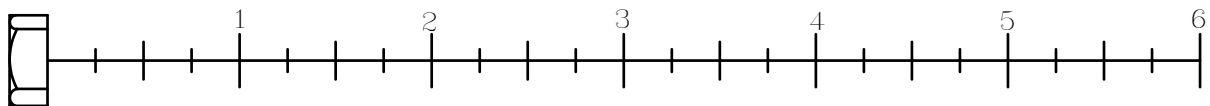
(A8)ELASTIC BOLT QTY.4



(A9)10LB PIN (8250-071) QTY.4

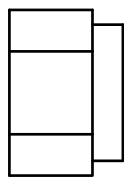


(A11)IMMOBILE COVER Ø1/2"XØ8.5X21.5L(8690-012) QTY.4

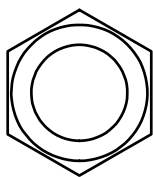


DGYM ASSEMBLY INSTRUCTIONS

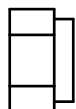
HARDWARE ILLUSTRATION



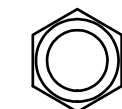
(B1) NYLON LOCK NUT 1/2" QTY.16



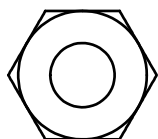
(B2) NYLON LOCK NUT 5/16" QTY.4



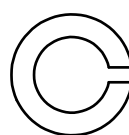
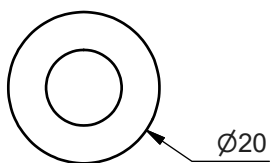
(B4) NYLON LOCK NUT M10 QTY.8



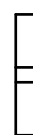
(B5) NYLON LOCK NUT M10 QTY.4



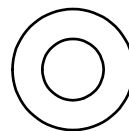
(C2) M10(I.D.) FLAT CURVED WASHER R30 \varnothing 20 QTY.16



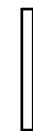
(C3) 3/8"(I.D.) SPRING WASHER QTY.4



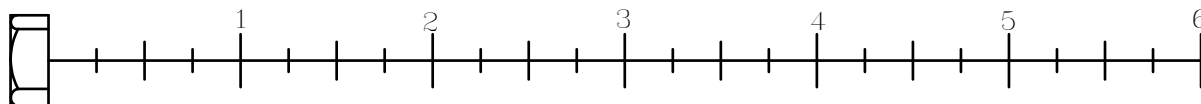
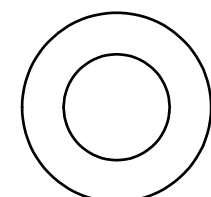
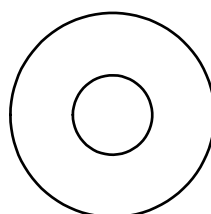
(C4) 5/16"(I.D.) FLAT WASHER \varnothing 16 QTY.8



(C6) M10(I.D.) FLAT WASHER \varnothing 27 QTY.16



(C7) 1/2"(I.D.) FLAT WASHER \varnothing 25 QTY.32



DGYM ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION

D1.Ø3/4"X8L STEEL BUSHING (8110-014)	[8PCS]
D2.Ø3/4"X19.5L STEEL BUSHING (8110-017)	[24PCS]
D3.Ø3/4" SHAFT COLLAR(9211-046)	[8PCS]
D4.Ø65XØ20X70L RUBBER DOUNT(9310-049)	[8PCS]
D5.95X250 RUBBER PAD(9310-060)	[4PCS]
D7.Ø117 PULLEY(9213-010B)	[16PCS]
D8.TOP PLATE(8400-006)	[4PCS]
D9.2040mm STEEL CABLE(FDGYMA)	[4PCS]
D10.WEIGHT SELECTOR BAR(8210-042B)	[4PCS]

D1



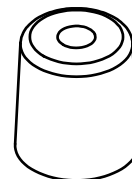
D2



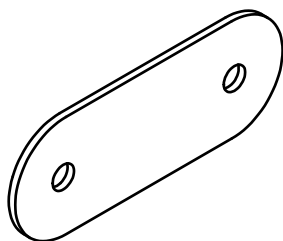
D3



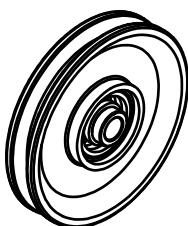
D4



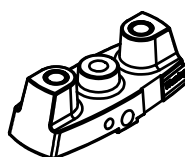
D5



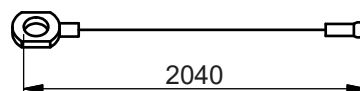
D7



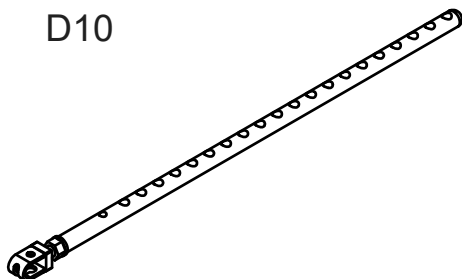
D8



D9



D10

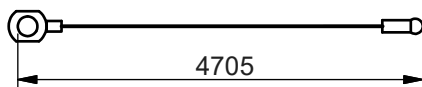


DGYM ASSEMBLY INSTRUCTIONS

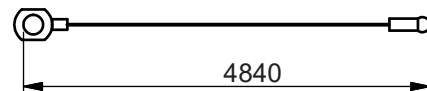
HARDWARE ILLUSTRATION

D11.4705mm DABB For DGYM Steel Cable(FDABBB)	[1PCS]
D12.4900mm DBTC For DGYM Steel Cable(FDBTCB)	[1PCS]
D13.4350mm DCLP For DGYM Steel Cable(FDCLPC)	[1PCS]
D14.3170mm DIOT For DGYM Steel Cable(FDIOTC)	[1PCS]
D15.7485mm DLAT For DGYM Steel Cable(FDLATC)	[1PCS]
D16.4840mm DLEC For DGYM Steel Cable(FDLECB)	[1PCS]
D17.4490mm DPCC For DGYM Steel Cable(FDPCCC)	[1PCS]
D18.4490mm DPEC For DGYM Steel Cable(FDPECC)	[1PCS]
D19.8560mm DPLS For DGYM Steel Cable(FDPLSB)	[1PCS]
D20.3805mm DPRS For DGYM Steel Cable(FDPRSC)	[1PCS]

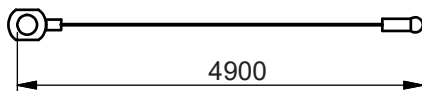
D11



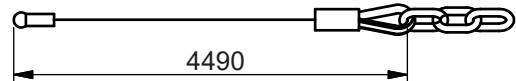
D16



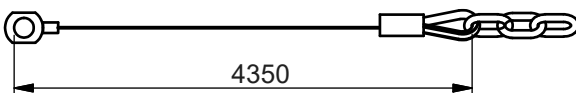
D12



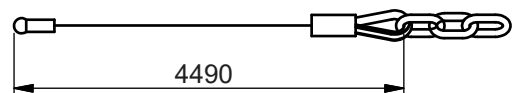
D17



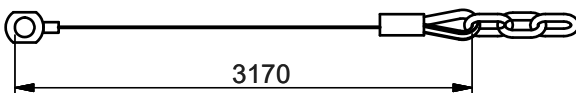
D13



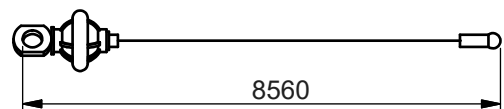
D18



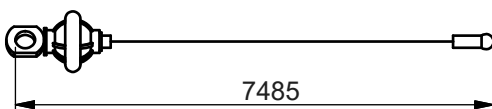
D14



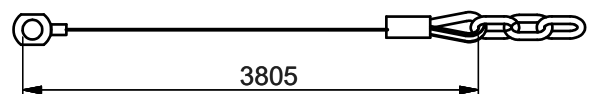
D19



D15



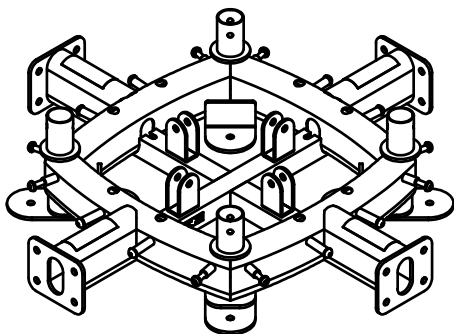
D20



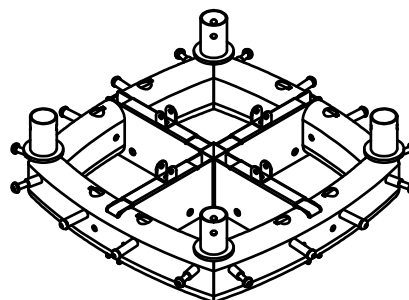
DGYM ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

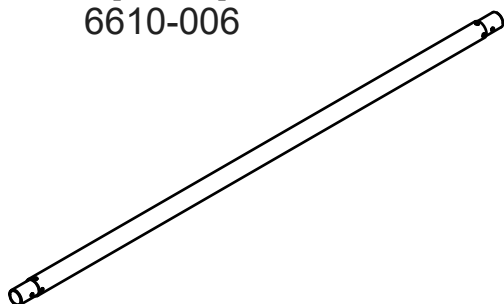
A[1PCS]
6610-004



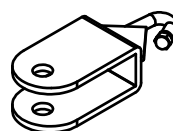
B[1PCS]
6610-005



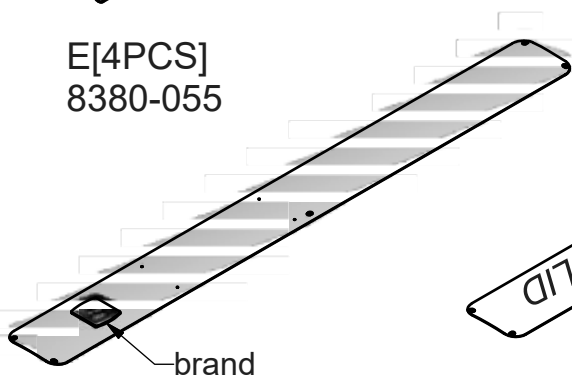
C[4PCS]
6610-006



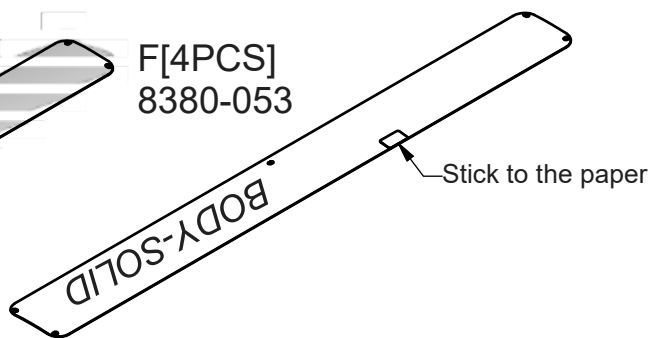
D[4PCS]
6640-001



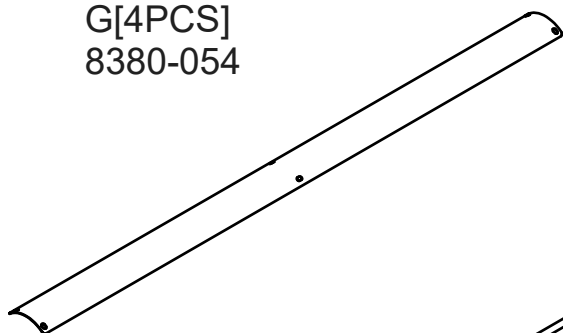
E[4PCS]
8380-055



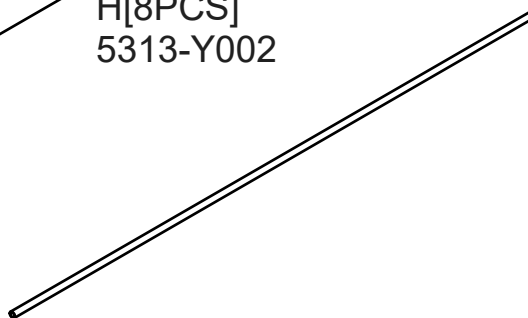
F[4PCS]
8380-053



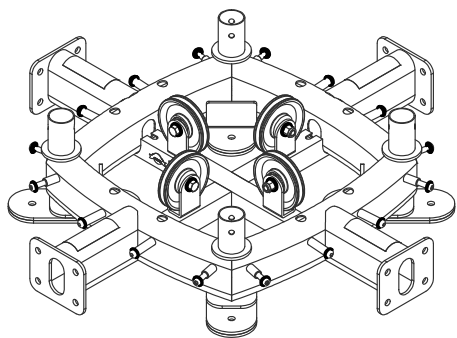
G[4PCS]
8380-054



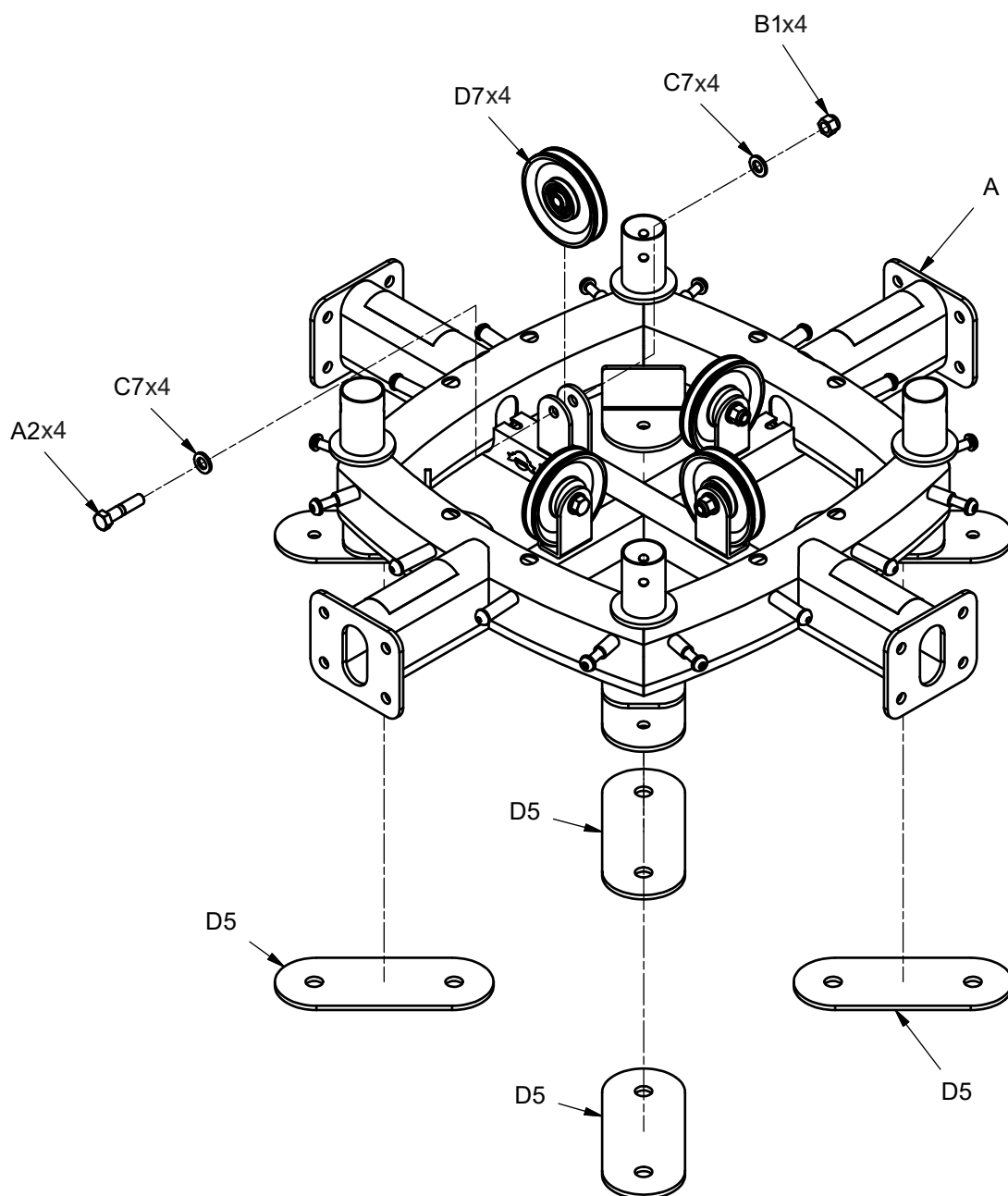
H[8PCS]
5313-Y002



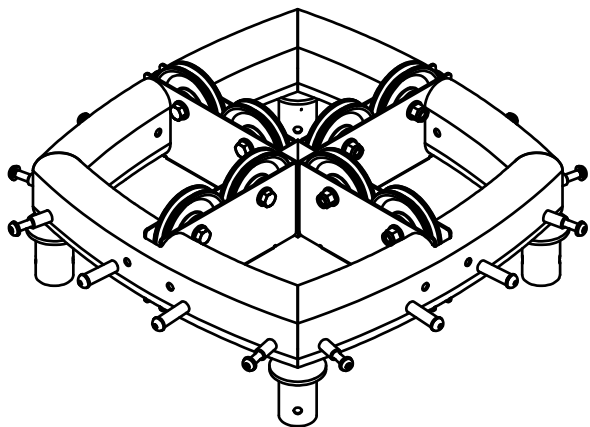
DGYM ASSEMBLY INSTRUCTIONS



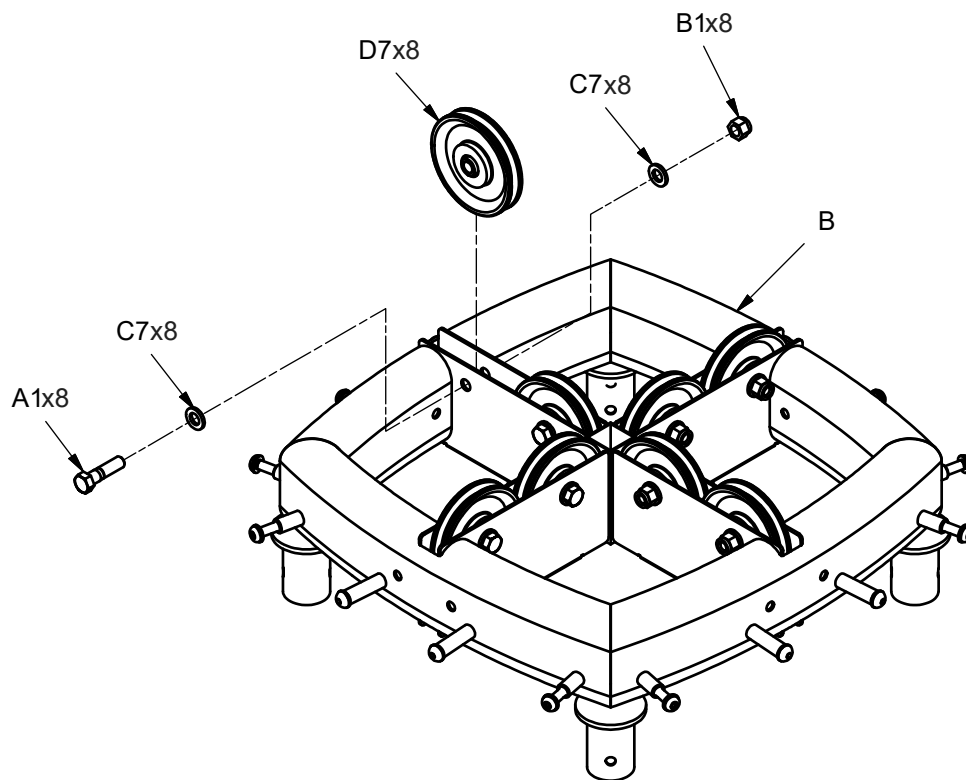
Above shows STEP 1
assembled and completed



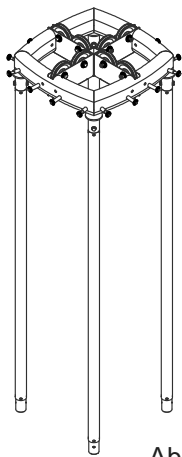
DGYM ASSEMBLY INSTRUCTIONS



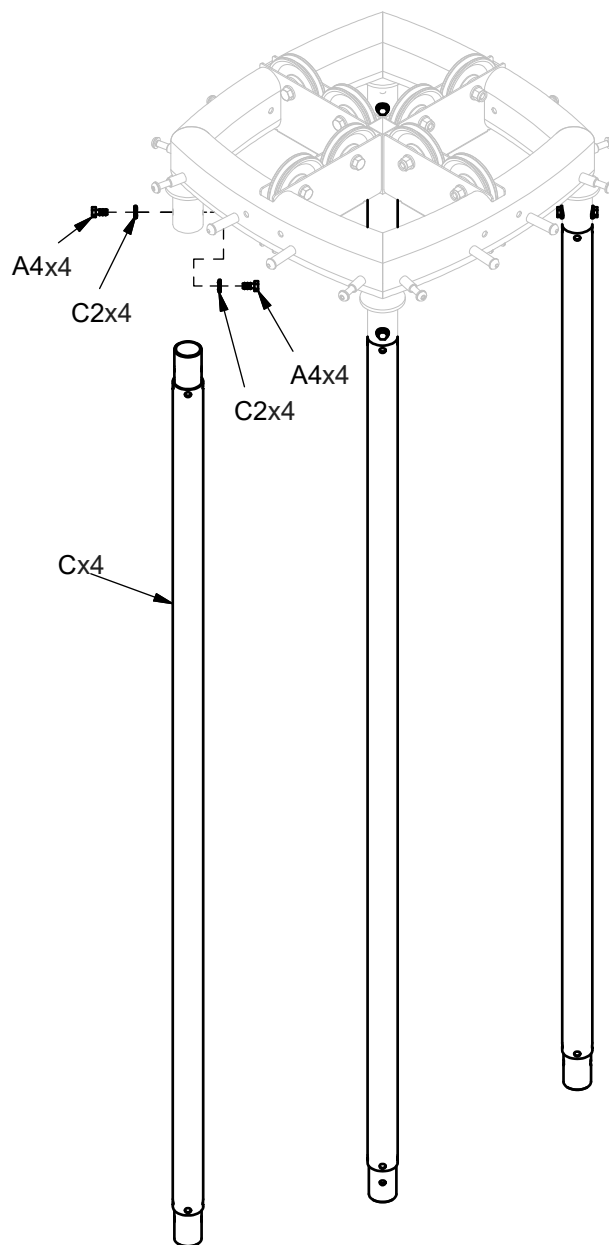
Above shows STEP 2
assembled and completed



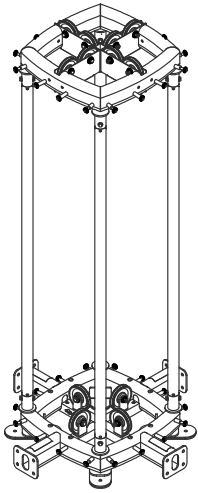
DGYM ASSEMBLY INSTRUCTIONS



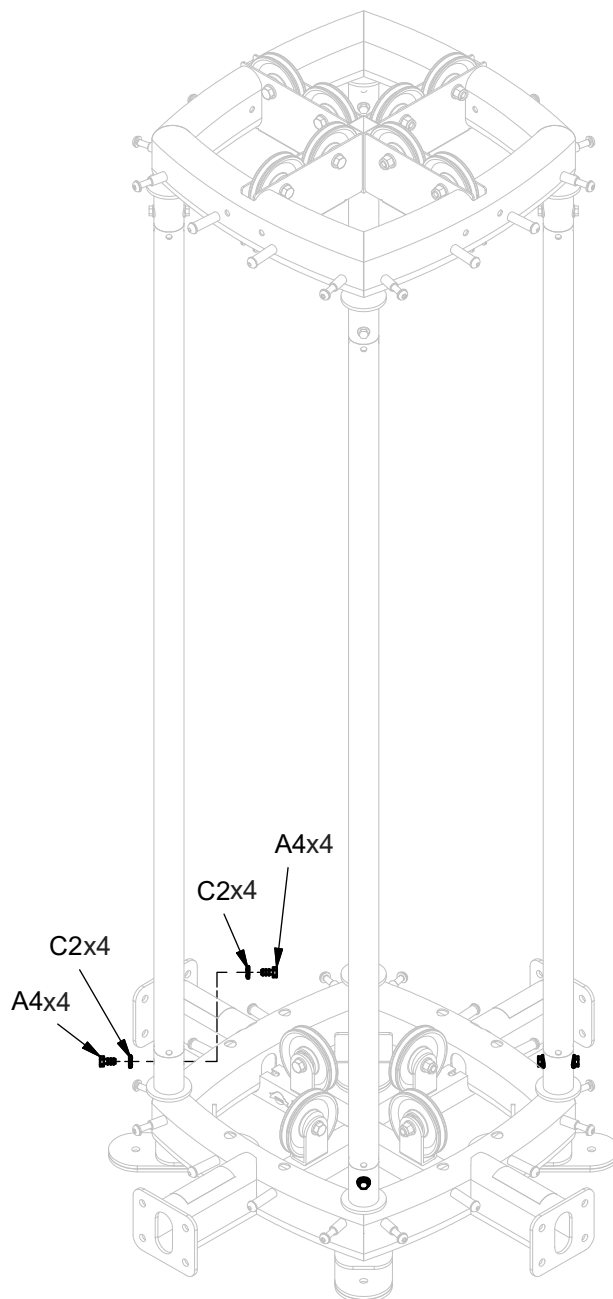
Above shows STEP 3
assembled and completed



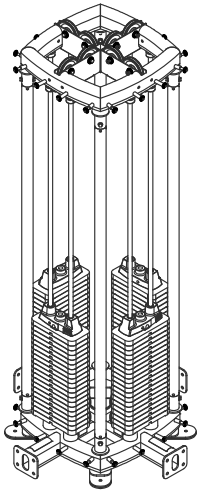
DGYM ASSEMBLY INSTRUCTIONS



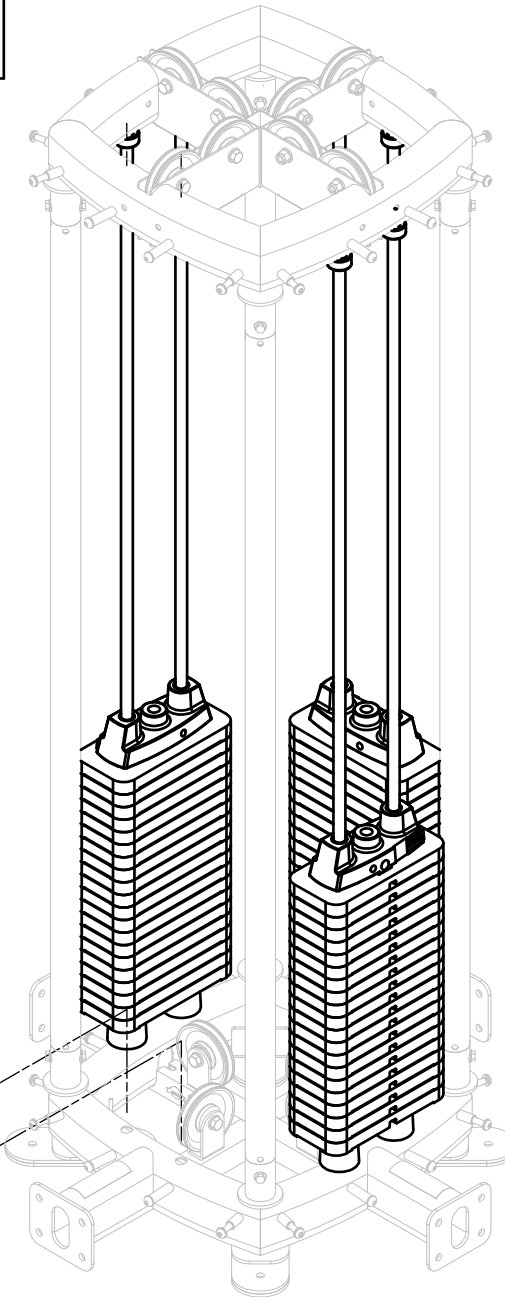
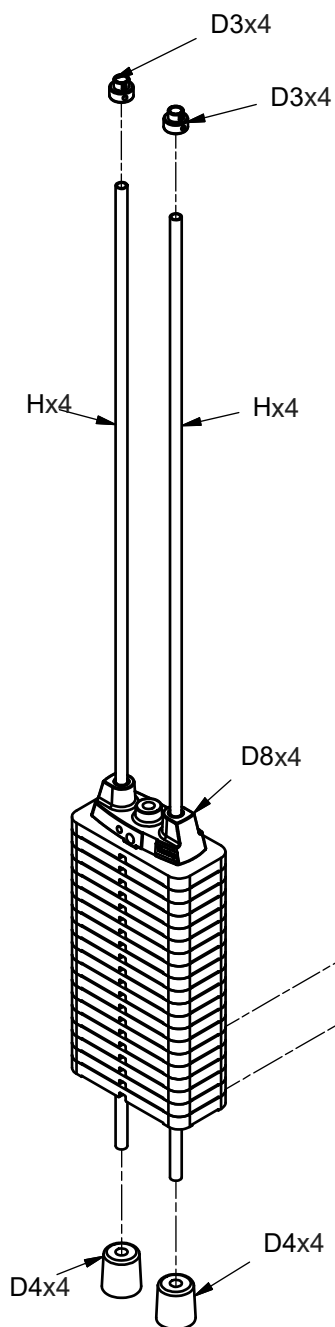
Above shows STEP 4
assembled and completed



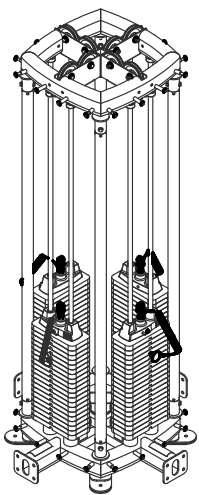
DGYM ASSEMBLY INSTRUCTIONS



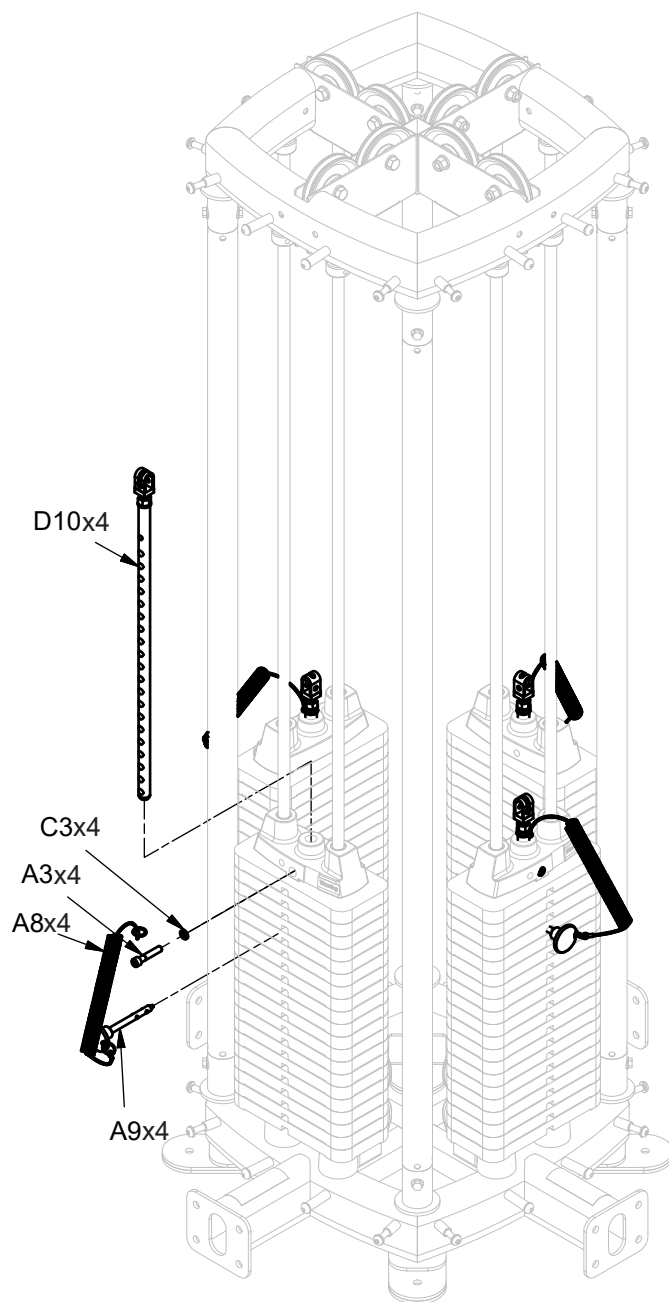
Above shows STEP 5 assembled and completed



DGYM ASSEMBLY INSTRUCTIONS

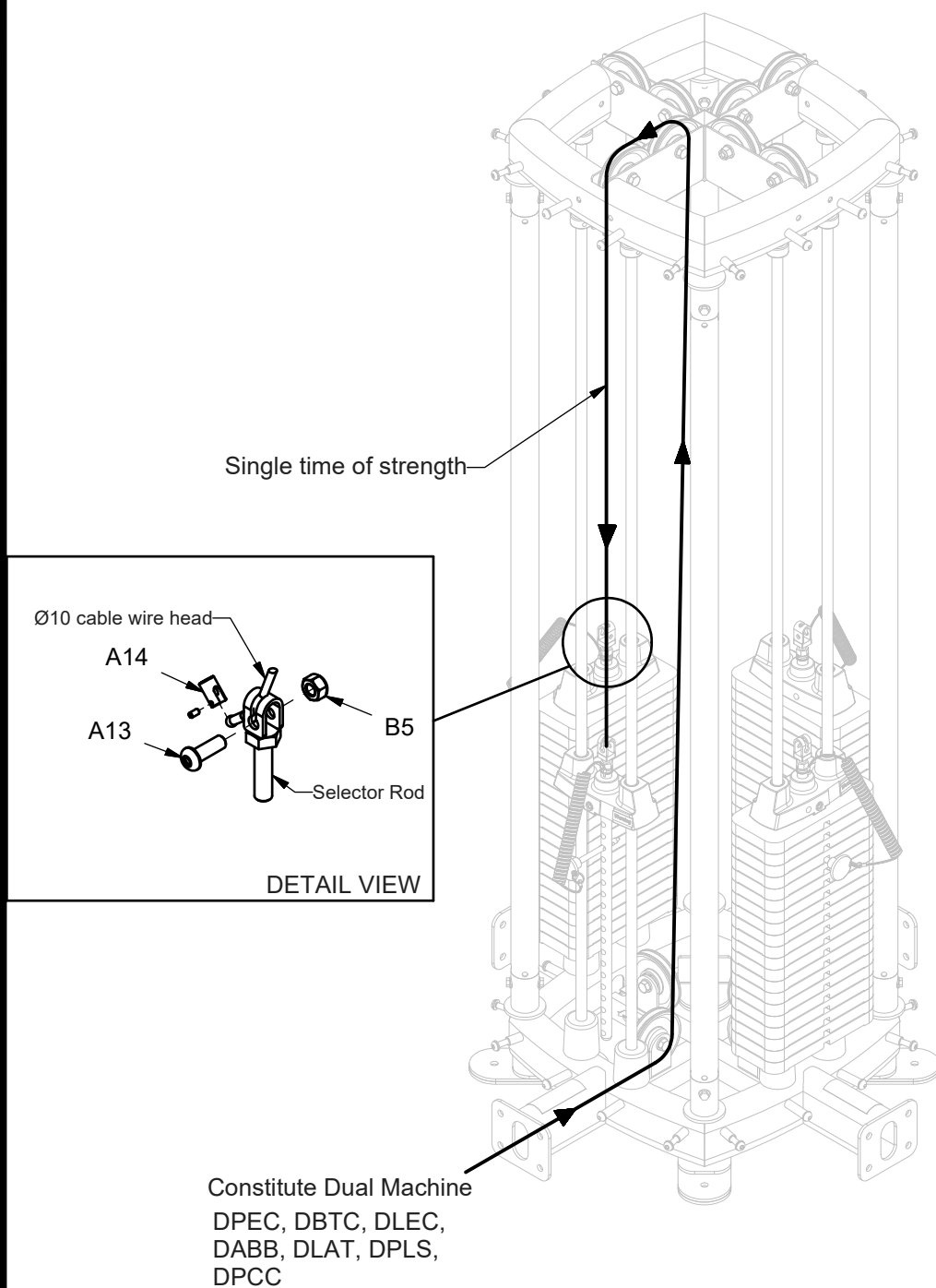


Above shows STEP 6
assembled and completed



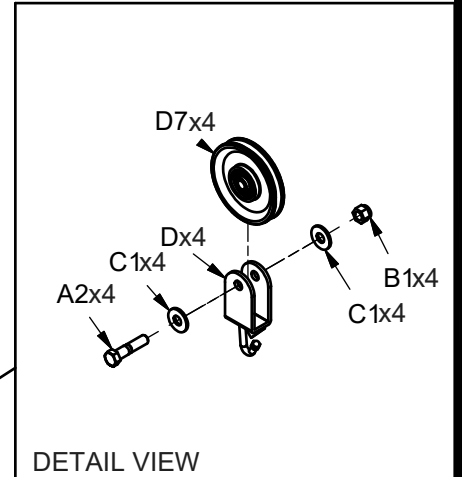
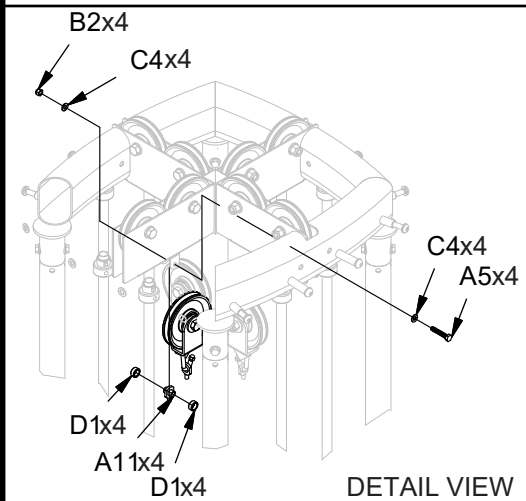
DGYM ASSEMBLY INSTRUCTIONS

Cable to match illustration

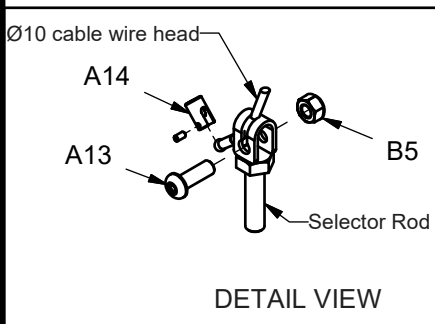


DGYM ASSEMBLY INSTRUCTIONS

Cable to match illustration

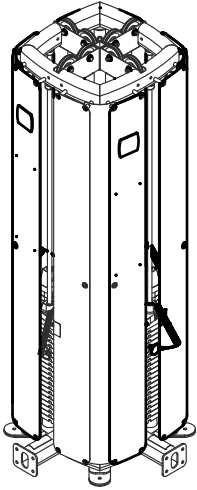


Double strength(D9)



Constitute Dual Machine
DCLP, DIOT, DPRS

DGYM ASSEMBLY INSTRUCTIONS



Above shows STEP 7 assembled and completed

