

## **GDCCBAR**

### **Body-Solid - Dual Press Bar**

---



#### **GDCCBAR** **Dual Press Bar**

Now you can take full advantage your Body-Solid functional training center's dual weight stacks with the GDCC Dual Press Bar. By connecting the GDCC to both racks of the Body-Solid GDCC210, you can use both stacks simultaneously for a smooth, unilateral movement.

Dimensions: 42"L, 1.5" Diameter

#### **Special Features**

- Attaches to the weight stacks for press exercises including:
  - Bench press
  - Incline press
  - Decline press
  - Shoulder press
  - Squats