

BENCHES



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ITEMS	BFFID10	GST20	GFB350	PFID125X	PFID130X	GFID225
PRICE	185.00€	195.00€	199.00€	229.00€	235.00€	269.00€

Length (cm)	162.5	71.8	116.8	145	139.7	145
Width (cm)	56	70.1	59	41	63.5	41
Height (cm)	117	116.8	51	46	50.8	46
Dimensions folded (cm)	L 139 x W 46 x H 25	N/A	N/A	L 145 x W 40 x H 23	N/A	L 144 x W 46 x H 23
Weight (kg)	16	13.6	19	20.5	21.5	24.5
Charge max. (kg)	150	300	500	250	250	300
Use	IN HOME			IN HOME	IN HOME	
Thickness structure	5 x 5 cm / 2.7 mm	5 x 7.5 cm / 3.0 mm	5 x 7.5 cm / 3.0 mm	5 x 5 cm / 2.7 mm	5 x 5 cm / 2.7 mm	5 x 7.5 cm / 3.0 mm
Back pad adjustment	5	0	0	7	4	7
Transport wheels	No	No	Yes	Yes	No	Yes
Incline/decline	0° → 90°	N/A	N/A	-18° → 90°	-23° → 90°	-15° → 90°
Foldable	Yes	No	No	Yes	No	Yes
Pad height (cm)	45	43	48	45	52	47 cm
Back pad width (cm)	24	N/A	24	25	24	24 cm
Pad thickness (cm)	4.5	5	6.5	5	3.8	6.5 cm
Warranty	Bestfitness Standard	Body-Solid In-Home Lifetime	Body-Solid In-Home Lifetime	Powerline In-Home Lifetime	Powerline In-Home Lifetime	Body-Solid Light Commercial
Attachments						
Options	BFPL10R Preacher curl				GLDA1 Leg developer GPCA1 Preacher curl	

BENCHES






ITEMS	GFID100	GFID21	GFID31	GFID71	SFID325	SFID425
PRICE	295.00€	299.00€	349.00€	459.00€	565.00€	595.00€

Length (cm)	167.6	133	153	167.6	146	168.6
Width (cm)	70.5	54	72	58.4	65	65
Height (cm)	45.7	45 → 116.8	51	50.8	45.7	45.7
Dimensions folded (cm)	N/A	N/A	N/A	N/A	N/A	N/A
Weight(kg)	31	26	28	45.5	33	40.8
Charge max. (kg)	300	400	400	400	450	450
Use						
Thickness structure	7.5 x 7.5 cm / 3.0 mm	5 x 7.5 cm / 3.0 mm	5 x 7.5 cm / 3.0 mm	5 x 7.5 cm / 3.0 mm	5 x 7.5 cm / 3.0 mm	5 x 7.5 cm / 3.0 mm
Back pad adjustment	6	9	6	6	6	7
Transport wheels	Yes	Yes	Yes	Yes	Yes	Yes
Incline/decline	-18° → 90°	0 → 90°	-15° → 90°	-15° → 90°	-18° → 90°	-18° → 90°
Foldable	No	No	No	No	No	No
Pad height (cm)	49 cm	44 cm	55 cm	50 cm	45 cm	45 cm
Back pad width (cm)	25 cm	24 cm	24 cm	25 cm	30 cm	30 cm
Pad thickness (cm)	6.5 cm	6.5 cm	5 cm	7 cm	7 cm	7 cm
Warranty	Body-Solid Semi-Commercial	Body-Solid Semi-Commercial	Body-Solid In-Home Lifetime	Body-Solid Semi-Commercial	ProClub Line Commercial	ProClub Line Commercial
Attachments						
Options						

OLYMPIC BENCHES



ITEMS	BFOB10R	GDIB46L	SFB349G	SDB351G	SIB359G	SPB368G
PRICE	325.00€	450.00€	695.00€	725.00€	725.00€	725.00€

Length (cm)	173	196	172.7	190.5	156	107
Width (cm)	104	117	127	127	128	126.5
Height (cm)	147.5	109	122	126.5	158	182
Dimensions folded (cm)	N/A	N/A	N/A	N/A	N/A	N/A
Weight(kg)	32	50	50.4	34	64.5	55
Charge max. (kg)	135	270	450	450	450	450
Use	IN HOME					
Thickness structure	5 x 5 cm /1.6 mm	5 x 5 cm /2 mm	5 x 7.5 cm / 2.3 mm	5 x 7.5 cm /2.3 mm	5 x 7.5 cm /2.3 mm	5 x 7.5 cm /2.3 mm
Back pad adjustment	Yes	Yes	No	No	No	No
Transport wheels	No	No	No	No	No	No
Incline/decline	Incline (3x), flat	Incline (4x), decline, flat	Plat	Decline	Decline	Decline
Leg Developer	Yes	Yes	No	No	No	No
Foldable	Yes	No	No	No	No	No
Pad height (cm)	N/A	N/A	44.5	N/A	N/A	N/A
Pad thickness (cm)	4.5	7	7	7	7	7
Warranty	Bestfitness Standard	Body-Solid In-Home Lifetime	Full Commercial	Full Commercial	Full Commercial	Full Commercial
Attachments		GLRA1 Lat attachment				
Options	OAS8/OAS14 Adapter sleeve	GPCA1 Preacher curl OAS8/OAS14 Adapter sleeve				