



Body-Solid
Built for Life



**WEIGHTS • BARS
& STORAGE**

VINYL DUMBBELLS



BSTVD1..... 1 LB	BSTVD7..... 7 LB
BSTVD2..... 2 LB	BSTVD8..... 8 LB
BSTVD3..... 3 LB	BSTVD9..... 9 LB
BSTVD4..... 4 LB	BSTVD10..... 10 LB
BSTVD5..... 5 LB	BSTVD12..... 12 LB
BSTVD6..... 6 LB	BSTVD15..... 15 LB

NEOPRENE DUMBBELLS



BSTND1..... 1 LB	BSTND7..... 7 LB
BSTND2..... 2 LB	BSTND8..... 8 LB
BSTND3..... 3 LB	BSTND9..... 9 LB
BSTND4..... 4 LB	BSTND10..... 10 LB
BSTND5..... 5 LB	BSTND12..... 12 LB
BSTND6..... 6 LB	BSTND15..... 15 LB

CAST IRON HEX DUMBBELLS



SDX3, SDX5, SDX8, SDX10, SDX12,
SDX15, SDX20, SDX25, SDX30, SDX35,
SDX40, SDX45, SDX50, SDX55, SDX60,
SDX65, SDX70, SDX75, SDX80,
SDX85, SDX90, SDX95, SDX100

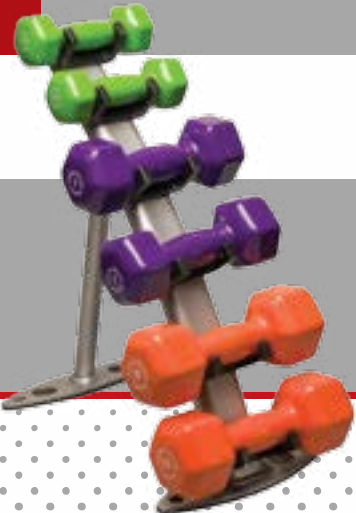
RUBBER HEX DUMBBELLS



SDR3, SDR5, SDR8, SDR10, SDR12,
SDR15, SDR20, SDR25, SDR30, SDR35,
SDR40, SDR45, SDR50, SDR55, SDR60,
SDR65, SDR70, SDR75, SDR80, SDR85,
SDR90, SDR95, SDR100, SDR105,
SDR110, SDR115, SDR120

DUMBBELL RACK

GDR10..... W 9" X L 9" X H 17.5"



DUMBBELL RACK

GDR500..... W 42.5" X L 26.5" X H 46"



DUMBBELL RACK

GDR24..... W 26" X L 29" X H 52"



ROUND RUBBER FIXED DUMBBELLS



SDP5, SDP10, SDP15, SDP20, SDP25,
SDP30, SDP35, SDP40, SDP45, SDP50,
SDP55, SDP60, SDP65, SDP70, SDP75,
SDP80, SDP85, SDP90, SDP95, SDP100

DUMBBELL RACK

GDR363..... W 40" X L 20" X H 30"



DUMBBELL RACK

GDR60..... W 62" X L 23" X H 32"



OPTIONAL 3RD TIER
GDRT6



DUMBBELL RACK

GDR44..... W 27" X L 17" X H 44"



POWERLINE^{USA} DUMBBELL RACK

PDR282X..... W 32" X L 14" X H 22"



CAST IRON KETTLEBELLS



KB5, KB10, KB15, KB20, KB25, KB30, KB35,
KB40, KB45, KB50, KB55, KB60, KB65,
KB70, KB75

VINYL DIPPED KETTLEBELLS



KBV5	5 LB	KBV15	15 LB
KBV8	8 LB	KBV20	20 LB
KBV10	10 LB	KBV25	25 LB
KBV12	12 LB	KBV30	30 LB

PREMIUM KETTLEBELLS



KBC5, KBC10, KBC15, KBC20, KBC25,
KBC30, KBC35, KBC40, KBC45, KBC50,
KBC55, KBC60, KBC65, KBC70, KBC75

VINYL DIPPED KETTLEBALLS



Angled handle
reduces stress on
the wrist

KBL5, KBL10, KBL15, KBL20, KBL25, KBL30,
KBL35, KBL40, KBL45, KBL50, KBL55, KBL60

KETTLEBELL/DUMBBELL RACK

GDKR100..... W 23" X L 44.5" X H 33"

- Reversible Tiers for Kettlebells or Dumbbells



KETTLEBELL RACK

GDKR50..... W 21" X L 17" X H 22"



CARDIO BAR RACK

GCR100-PACK..... W 36" X L 39" X H 50"

INCLUDES

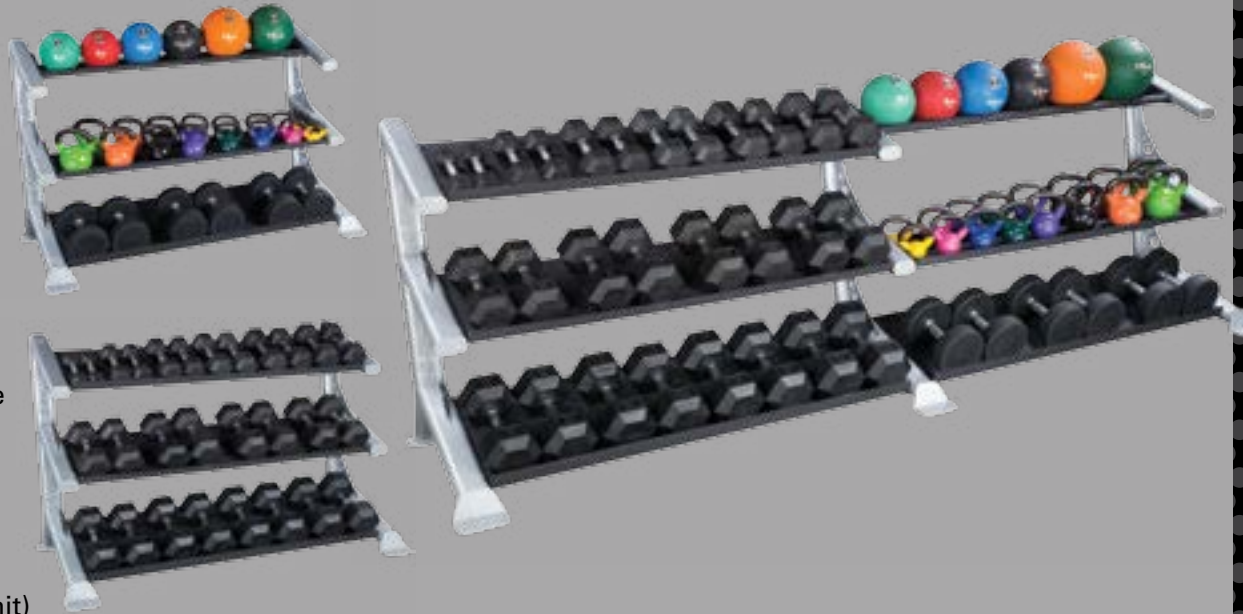
- 1 -- GCR100..... RACK
- 10-- RBCW 55" STRAIGHT BARS
- 20-- RCCW 1" SPRING COLLARS
- 20-- RPCW2-5..... 2.5 lb PLATES
- 20-- RPCW5 5 lb PLATES
- 20-- RPCW10 10 lb PLATES



SDKR1000 MODULAR STORAGE RACK



- Modular Storage Rack for Dumbbells, Kettlebells, and Medicine Balls
- 3Tier Storage Rack
- Your Choice of Dumbbell, Kettlebell, or Medicine Ball Storage Tiers
- Mix and Match Tiers for Combination Storage
- Expandable Rack System for Any Size Facility
- Heavy Gauge Oval Steel Mainframe
- Full Commercial Rating
- W 32" X L 70" X H 43"
- W 32" X L 135" X H 43" (Expanded 2 Rack Unit)

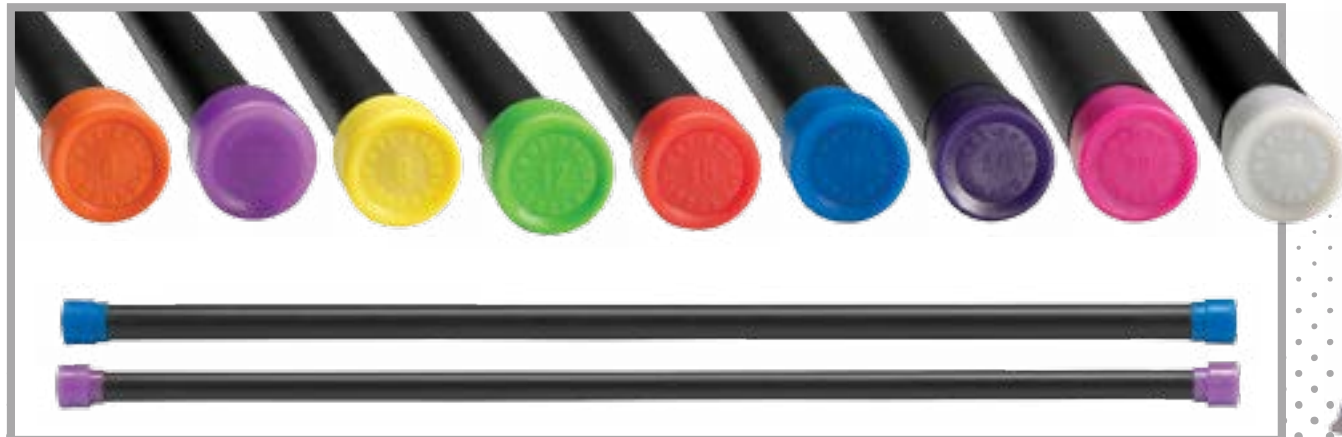


FITNESS BARS

BSTFB4	4 lb	BSTFB18	18 lb
BSTFB6	6 lb	BSTFB24	24 lb
BSTFB9	9 lb	BSTFB30	30 lb
BSTFB12	12 lb	BSTFB36	36 lb
BSTFB15	15 lb		

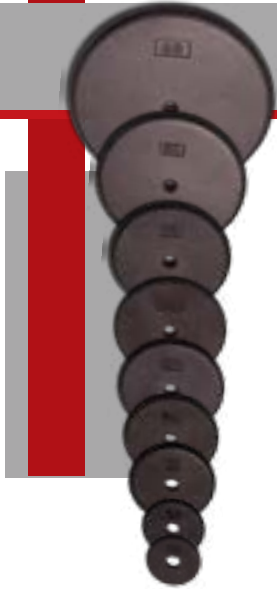
FITNESS BAR RACK

GFR500
HOLDS UP TO 30 BARS
W 28.5" X L 25" X H 43.5"



STANDARD CAST IRON

RPB[SIZE]
1.5, 2.5, 5, 7.5, 10,
12.5, 20, 25,50



OLYMPIC CAST IRON

OPB[SIZE]
2.5, 5, 10, 25, 35, 45, 100



OLYMPIC STEEL GRIP

OPT[SIZE]
2.5, 5, 10, 25, 35, 45



OLYMPIC RUBBER GRIP

ORT[SIZE]
2.5, 5, 10, 25, 35, 45, 100



OLYMPIC COLORED GRIP

ORC[SIZE]
2.5, 5, 10, 25, 35, 45



WEIGHT SETS

300 LB WEIGHT SETS

(2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
(1) 7 ft. - 45 Lb.Olympic Bar #OB86 (Chrome Bar)
(2) Olympic Spring Collars #OC06

OST300S - OLYMPIC STEEL GRIP

OSR300S - OLYMPIC RUBBER GRIP

ORC300S - OLYMPIC COLORED GRIP

OSB300S - OLYMPIC CAST IRON - Black Olympic Bar #OB86B

OSC300S - OLYMPIC CAST IRON

400 LB WEIGHT SETS

(4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
(1) 7 ft. - 45 Lb.Olympic Bar #OB86 (Chrome Bar)
(2) Olympic Spring Collars #OC06

OST400S - OLYMPIC STEEL GRIP

OSR400S - OLYMPIC RUBBER GRIP

ORC400S - OLYMPIC COLORED GRIP

OSB400S - OLYMPIC CAST IRON - Black Olympic Bar #OB86B

OSC400S - OLYMPIC CAST IRON

500 LB WEIGHT SETS

(6) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
(1) 7 ft. - 45 Lb.Olympic Bar #OB86 (Chrome Bar)
(2) Olympic Spring Collars #OC06

OST500S - OLYMPIC STEEL GRIP

OSR500S - OLYMPIC RUBBER GRIP

ORC500S - OLYMPIC COLORED GRIP

OSB500S - OLYMPIC CAST IRON - Black Olympic Bar #OB86B

OSC500S - OLYMPIC CAST IRON

255 LB WEIGHT SETS

(2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.

OST255 - OLYMPIC STEEL GRIP

ORST255 - OLYMPIC RUBBER GRIP

ORCT255 - OLYMPIC COLORED GRIP

OSB255 - OLYMPIC CAST IRON

355 LB WEIGHT SETS

(4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.

OST355 - OLYMPIC STEEL GRIP

ORST355 - OLYMPIC RUBBER GRIP

ORCT355 - OLYMPIC COLORED GRIP

OSB355 - OLYMPIC CAST IRON

455 LB WEIGHT SETS

(6) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.

OST455 - OLYMPIC STEEL GRIP

ORST455 - OLYMPIC RUBBER GRIP

ORCT455 - OLYMPIC COLORED GRIP

OSB455 - OLYMPIC CAST IRON

RUBBER BUMPER PLATES

OBPB[SIZE]
10, 15, 25, 35, 45



COLORED RUBBER BUMPER PLATES

OBPC[SIZE]
10, OBPB15, 25, 35, 45



PREMIUM COMMERCIAL BUMPER PLATES

OBPP[SIZE]
10, 15, 25, 35, 45



PREMIUM HI TEMP BUMPER PLATES

OBPH[SIZE]
10, 15, 25, 35, 45



260 LB WEIGHT SETS

(2) 45lb. (2) 35lb. (2) 25lb. (2) 15lb. (2) 10lb.

ORBLK260 - RUBBER BUMPER PLATES

ORCOL260 - COLORED RUBBER BUMPER PLATES

OBPP260 - PREMIUM COMMERCIAL BUMPER PLATES

OBPH260 - PREMIUM HI TEMP BUMPER PLATES

OA8..... 8' OLYMPIC ADAPTER SLEEVE

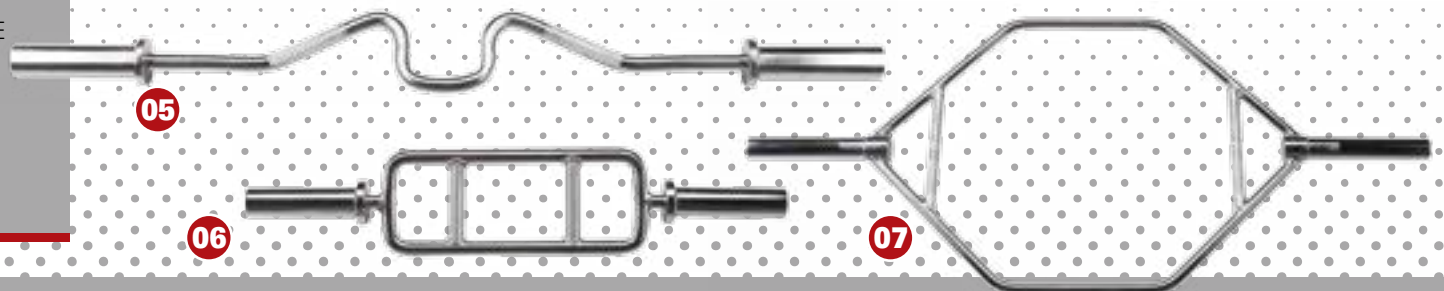
OAS14..... 14' OLYMPIC ADAPTER SLEEVE



01 **02** **03** **04**

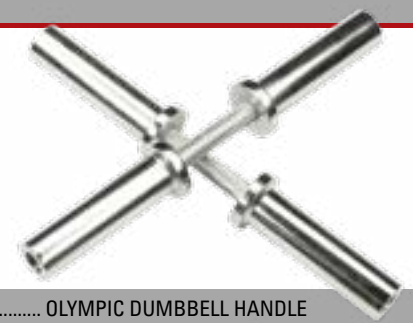
- 01..... OB47BOLYMPIC CURL BAR - BLACK
- 02..... OB47COLYMPIC CURL BAR - CHROME
- 03..... RB48.....STANDARD COMBO BAR
- 04..... RB47.....STANDARD CURL BAR
- 05..... OB48COLYMPIC COMBO BAR
- 06..... OB34COLYMPIC TRICEP BAR
- 07..... OTB50OLYMPIC SHRUG BAR

ITEM#	BAR STYLE	LENGTH	FINISH	WEIGHT CAPACITY	GRIP DIAMETER
OB86B	OLYMPIC	86"	BLACK	600 LBS	30mm
OB86C	OLYMPIC	86"	CHROME	600 LBS	30mm
OB86P1000	POWER	86"	CHROME	1000 LBS	30mm
OB86P1000SS	POWER	86"	CHROME	1000 LBS	30mm
OB72B	OLYMPIC	72"	BLACK	600 LBS	30mm
OB72A15	OLYMPIC	72"	ALUMINUM		30mm
OB60	OLYMPIC	60"	BLACK	600 LBS	30mm
RB84	STANDARD	84"	CHROME		25mm
RB72	STANDARD	72"	CHROME		25mm



05 **06** **07**

ITEM#	BAR STYLE	LENGTH	FINISH	WEIGHT CAPACITY	GRIP DIAMETER
OB86CHICAGO	OLYMPIC	86"	BLACK/CHROME	1500 LBS	28.75mm
OB8625THYR	OLYMPIC	86"	RED/CHROME	1200 LBS	28.75mm
OB864STAR	POWER	86"	CHROME	1500 LBS	28.75mm
OB86LPB	OLYMPIC	86"	CHROME	1000 LBS	28.5mm
OB86PB	OLYMPIC	86"	CHROME	1000 LBS	28.57mm
OB86PBG	OLYMPIC	86"	BLACK/CHROME	1500 LBS	28mm
OB86PBS	OLYMPIC	86"	CHROME	1500 LBS	28mm



OB20C..... OLYMPIC DUMBBELL HANDLE



SDA14..... STANDARD DUMBBELL HANDLES



SDA14T STANDARD THREADED DUMBBELL HANDLES



- 01..... BSTROC1-RED.....OLYMPIC BAR COLLARS
- 02..... BSTROC1-NATOLYMPIC BAR COLLARS
- 03..... OC04OLYMPIC COLLARS
- 04..... OC06OLYMPIC SPRING COLLARS
- 05..... RC0616.....STANDARD SPRING COLLARS
- 06..... RC02.....STANDARD 1 LB METAL COLLARS
- 07..... RC03.....STANDARD 1/2 LB METAL COLLARS
- 08..... BSTMC02(RD)(BK)...MUSCLE CLAMPS

Body-Solid
ProClubLine

SWT1000 WEIGHT TREE

- 12 Chrome Weight Posts
- 4 Integrated Olympic Bar Holders
- 2 Integrated Olympic Collar Holders
- Perfect for Bumper Plates
- Oval 11 Gauge Steel Frame
- W 58" X L 58" X H 53"



GSWT STANDARD PLATE TREE & BAR HOLDER

- Holds two (2) Standard Bars.
- Ideal for home and commercial use.
- W 23" X L 20" X H 40"



See pgs. 26-27
for our full line
of Standard &
Olympic weights.

VDRA30 ACCESSORY STAND

- W 18" X L 19" X H 41"



WEIGHT TREES

EZ-LOAD™

SWT14..... W 16" x L 27" x H 24" .. STANDARD

OWT24..... W 16" x L 27" x H 24" .. OLYMPIC

WT46..... W 21" x L 22" x H 44" .. OLYMPIC

SWT14

OWT24

WT46



GSR10 STABILITY BALL STORAGE RACK



- 2 or 3 ring option
- Dims (3 rings)
36" w x 31" l x 74" h
- Dims (2 rings)
36" w x 31" l x 39" h



GMR10 MEDICINE BALL RACK



- Holds up to 6 balls
- W 18" X L 22" X H 63"

See pg. 14
for Stability and
Medicine Balls



GBPR10 BUMPER PLATE RACK



- W 13" X L 41" X H 9"



GOBH5 OLYMPIC BAR HOLDER

- W 12" X L 12" X H 9"

GMR5 MEDICINE BALL RACK

- Holds up to 3 balls
- W 25" X L 25" X H 26"



RUBBER FLOOR MAT

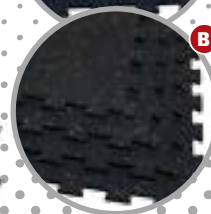
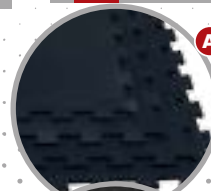
RF546 48" x 72", 1/2" THICK

INTERLOCKING RUBBER FLOORING

- (A) RF4PMB 19.5" X 19.5" BLACK
- (B) RF4PMG 19.5" X 19.5" GRAY
- (C) RFBST4PB . 19.75" X 19.75" BLACK

CARDIO MATS

- RF36T W 36" x L 78 x H 1/8"
- RF34B W 36" x L 48 x H 1/8"



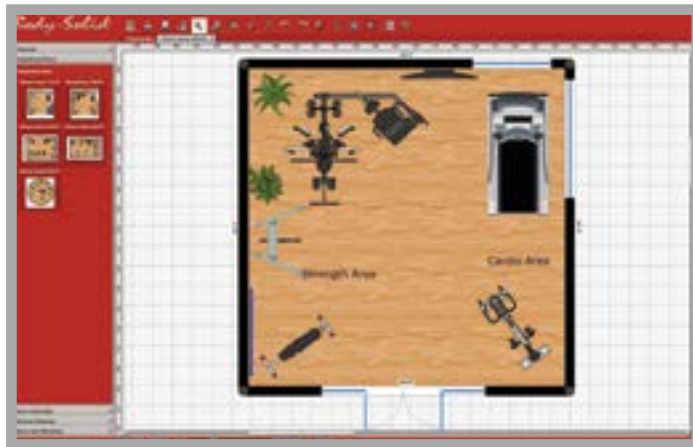


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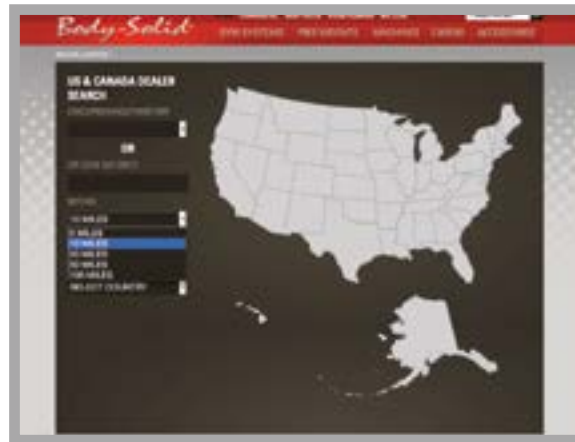
BUILT FOR LIFE CLUB

The Built for Life Club represents Body-Solid's continued focus on using social media to help our users connect with us, us with them and with each other. You can already find us on Facebook, Twitter, Linked In and YouTube and in conjunction with those sites we have developed the Built for Life Club.



ROOM PLANNER

Our room planner allows you to plan out a fitness facility through an easy to use interface. After defining the size and shape of your room, you can drag and drop your chosen pieces of equipment into the space to evaluate your possible layouts.



DEALER LOCATOR

Find a Body-Solid Authorized Dealer near you. Our Dealer Locator will pinpoint the closest Authorized Dealer anywhere in the world.



BODY FOCUS

Use our Body-Focus approach and interactive models to find just the right equipment and exercises that match your Fitness Goals and the muscle groups you want to focus on.

Others ways to connect with us:  facebook.com/bodysolidinc

 [@bodysolidfit](https://twitter.com/bodysolidfit)

 [@bodysolidfit](https://instagram.com/bodysolidfit)



Body-Solid®
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ENDURANCE
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ProClub Line

POWERLINE USA
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AUTHORIZED DEALER

Body-Solid®
Built for Life

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