WEIGHTS, BARS AND COLLARS ARE ALL OPTIONAL

SWT1000 WEIGHT TREE

• 12 Chrome Weight Posts
• 4 Integrated Olympic Bar Holders
• 2 Integrated Olympic Collar Holders
• Perfect for Bumper Plates
• Oval 11 Gauge Steel Frame
• W 58” X L 58” X H 53”

SDKR1000 MODULAR STORAGE RACK

• Modular Storage Rack for Dumbbells, Kettlebells, and Medicine Balls
• 3 Tier Storage Rack
• Your Choice of Dumbbell, Kettlebell, or Medicine Ball Storage Tiers
• Mix and Match Tiers for Combination Storage
• Expandable Rack System for Any Size Facility
• Heavy Gauge Oval Steel Mainframe
• Full Commercial Rating
• W 32” X L 70” X H 43”
• W 32” X L 135” X H 43” (Expanded 2 Rack Unit)
FUNCTIONAL TRAINING RIG
SR-HEX • SR-HEXPRO

SR-HEXPRO, Hexagon Pro System
- Taller for higher clearance facilities
- 3” x 3” 11 gauge steel mainframe
- Anchor bolt holes to secure system to the floor
- Chip resistant powder coat paint finish
- Oversized 3/4” hardware
- Expandable
- Base Dimensions; 118”L x 74”W x 99”H, 423lbs
- Loaded Dimensions; 190”L x 125”W x 132”H, 1171lbs

SR-HEX, Hexagon System
- Shorter rig for lower clearance facilities and residential
- 3” x 3” 11 gauge steel mainframe
- Steel support plates
- Chip resistant powder coat paint finish
- Oversized 3/4” hardware
- Expandable
- Base Dimensions; 118”L x 74”W x 83”H, 416lbs
- Loaded Dimensions; 190”L x 125”W x 117”H, 1164lbs

Ropes, balls, bands, kettlebells, bars, plates and collars sold separately.
The Hexagon Functional Training Rig system offers unparalleled flexibility to match the needs of any and all facilities. With 23 different accessories, the Hexagon can be altered, customized and expanded to your exact needs making this piece the future cornerstone of any commercial workout space.
SMR1000 MULTI SQUAT RACK

- 315 pounds
- ¼” solid steel gun rack liftoffs
- 2”x3” 11-gauge steel safeties and mainframe
- Plate storage is included
- 1000 lb. capacity
- Integrated chinning bar and strength band pegs
- Extended frame for spotter access
- Commercial warranty, lifetime on frame and welds
- W 71” X L 80” X H 89”

SCB1000 COUNTER-BALANCED SMITH MACHINE

- Super-smooth vertical movement up and down the carriage.
- Safe guided motion to keep you from losing your balance and eliminate the need for a spotter.
- Ergonomically designed oval, 11-gauge steel that gives the SCB1000 a modern look and superior stability.
- Case hardened rods and high quality bearings ensure smooth performance at any weight.
- Six Olympic weight plate storage posts to safely suspend plates off the floor for easy access.
- The perfect full body workout for people who are constantly on the run or unable to get a membership to a gym.
- W 86” X L 50” X H 84”
SFID325 ADJUSTABLE BENCH

• 2”x3”, eleven-gauge steel
• Independent back pad and seat pad adjustments
• 1000 pound capacity tested
• Thick, durable padding
• Transport wheels for easy movement
• Back pad adjusts flat, incline (15, 30, 45, 60 and 80 degrees) and decline (-18 degrees)
• Seat pad adjusts flat, 10, and 18 degrees
• Height to pad – flat position 18”
• Back Pad tapers 9.5” -12” towards seat pad
• W 25” X L 58” X H 18”

SDIB370 BENCH RACK COMBO

• Extra-heavy duty 2”x 3” high tensile strength steel mainframe with all-4-side welded construction.
• 14-position gunrack can handle over 1,000 lbs. and gives the user the ability to walk the bar up and down without removing plates.
• Includes oversized 17” long safeties constructed from 2”x 3” 11-gauge steel.
• Mainframe uprights are set to a 7° reverse pitch that accommodates the body’s natural lifting path.
• Features 4 Olympic storage posts that suspend weight plates for quick and easy access while keeping your workout area organized.
• Ideal for home and commercial use.
• W 65” X L 78” X H 74”
SVKR1000 VERTICAL KNEE RAISE

- Multiple Close and Wide Grips for Pull Ups and Chin Ups
- Rock Climbing Grips
- Revolving Dip Handles (move out of the way for other exercises)
- Multiple Steps for Easy Access
- Oval Heavy Gauge Steel Frame
- W 71” X L 80” X H 89”

SLS500 LEVERAGE SQUAT

- Biomechanically Correct Angled Squat Platform
- Rounded Calf Block Provides Extra Range of Motion
- Oval 11 Gauge Steel Frame
- Plate Storage Horns
- Dims and Weight
- W 86” X L 50” X H 84”
**SGH500 GLUTE & HAM MACHINE**

- Vertical and horizontal adjustments ensure proper fit for any size user
- Isolates lower posterior muscles
- Works glutes, hamstrings, calves, abs and obliques in one machine
- Oversized pads for comfort
- Durafirm upholstery for durability
- Step for easy access and dismount
- Commercial Rated
- W 33” X L 79” X H 51”

**SAB500 AB BENCH**

- Gas assisted adjustment
- 4 Point Base Eliminates Rocking
- Transport Wheels and Handle
- Oval 11 Gauge Steel Frame
- W 71” X L 80” X H 89”
**LVLA LEVERAGE LAT PULLDOWN**

- 2” x 3” 11 gauge steel mainframe
- Electrostatically applied powder coat paint finish, metallic silver
- Durable double stitched upholstery
- Sealed bearing pivot points
- Dual axis diverging arm movement for biomechanically correct lat pull downs
- 360 degree articulating hand grips for free floating downward pulling motion
- Adjustable leg hold down pads
- Gas assisted seat adjustment
- Weight plate holders for plate storage
- W 49” X L 76” X H 84”

**LVIP LEVERAGE INCLINE BENCH PRESS**

- 2” x 3” 11 gauge steel mainframe
- Electrostatically applied powder coat paint finish, metallic silver
- Durable double stitched upholstery
- Sealed bearing pivot points
- Adjustable press arms to fit all size users, with gas assisted start positions
- Adjustable seat pad with gas assist
- Ergonomic hand grip positions
- Converging press arm movement for advanced biomechanics
- Independent, unilateral arm action for balanced muscle development
- Weight plate holders for plate storage
- W 86” X L 50” X H 84”
**LVLC LEVERAGE LEG CURL**

- 2” x 3” 11 gauge steel mainframe
- Electrostatically applied powder coat paint finish, metallic silver
- Durable double stitched upholstery
- Sealed bearing pivot points
- Direct link movement arm design enhances smooth and continuous range of motion
- V-bench design provides total hamstring isolation. Helps reduce back stress and unwanted knee forces
- Adjustable foot rollers to accommodate all user sizes
- Side handles for stability and control
- Weight plate holders for plate storage
- W 46” X L 74” X H 26”

**LVBP LEVERAGE BENCH PRESS**

- 2” x 3” 11 gauge steel mainframe
- Electrostatically applied powder coat paint finish, metallic silver
- Durable double stitched upholstery
- Sealed bearing pivot points
- Adjustable press arms to fit all size users, with gas assisted start positions
- Ergonomic hand grip positions
- Weight plate holders for plate storage
- Converging press arm movement for advanced biomechanics
- Independent, unilateral arm action for balanced muscle development
- W 53” X L 69” X H 30”
LVSR LEVERAGE SEATED ROW

• 2” x 3” 11 gauge steel mainframe
• Electrostatically applied powder coat paint finish, metallic silver
• Durable double stitched upholstery
• Sealed bearing pivot points
• Adjustable seat pad with gas assist
• Dual axis diverging arm movement provides a biomechanically correct back exercise
• 360 degree articulating hand grips provide definition and natural range of motion
• Gas assisted chest support for various arm lengths and total isolation of back muscles
• Independent unilateral arm movement
• Weight plate holders for plate storage
• W 35” X L 65” X H 44”

LVSP LEVERAGE SHOULDER PRESS

• 2” x 3” 11 gauge steel mainframe
• Electrostatically applied powder coat paint finish, metallic silver
• Durable double stitched upholstery • Sealed bearing pivot points
• Adjustable press arms to fit all size users, with gas assisted start positions
• Adjustable seat pad with gas assist
• Ergonomic hand grip positions
• Converging press arm movement for advanced biomechanics
• Independent, unilateral arm action for balanced muscle development
• Weight plate holders for plate storage
• W 53” X L 49” X H 52”
LVLE LEVERAGE LEG EXTENSION

- 2” x 3” 11 gauge steel mainframe
- Electrostatically applied powder coat paint finish, metallic silver
- Durable double stitched upholstery
- Sealed bearing pivot points
- Direct link movement arm design enhances smooth and continuous range of motion
- Adjustable foot roller to accommodate different leg lengths and start position
- Gas assist back pad adjustment
- Weight plate holders for plate storage
- W 47” X L 68” X H 40”

LVLP LEVERAGE HORIZONTAL LEG PRESS

- 2” x 3” 11 gauge steel mainframe
- Electrostatically applied powder coat paint finish, metallic silver
- Durable double stitched upholstery
- Sealed bearing pivot points
- Direct drive press system for accurate and effective weight resistance
- Large pivoting footplate maintains correct foot position throughout range of motion
- Dual self-aligning 1 1/2” linear bearing seat carriage design easily adjusts to accommodate various foot positions
- Fully adjustable back support for proper body alignment and comfort
- Weight plate holders for plate storage
- W 61” X L 87” X H 56”
SPB368G SHOULDER PRESS
OLYMPIC BENCH

• 2”x3” heavy duty 11 gauge mainframe construction
• 1/4” zinc plated solid gunracks
• Durable double stitched upholstery
• Electrostatically applied powdercoat paint finish, metallic silver
• W 50” X L 42” X H 72”

SIB359G INCLINE OLYMPIC BENCH

• 2”x3” heavy duty 11 gauge mainframe construction
• 1/4” zinc plated solid gunracks
• Durable double stitched upholstery
• Electrostatically applied powdercoat paint finish, metallic silver
• W 50” X L 61” X H 62”
**SFB349G FLAT OLYMPIC BENCH**

- 2”x3” heavy duty 11 gauge mainframe construction
- 1/4” zinc plated solid gunracks
- Durable double stitched upholstery
- Electrostatically applied powdercoat paint finish, metallic silver
- W 50” X L 68” X H 48”

**SDB351G DECLINE OLYMPIC BENCH**

- 2”x3” heavy duty 11 gauge mainframe construction
- 1/4” zinc plated solid gunracks
- Durable double stitched upholstery
- Electrostatically applied powdercoat paint finish, metallic silver
- W 50” X L 75” X H 50”
Comprised of 13 single and dual function stations, the Pro Clubline Series 2 is a complete circuit, providing facilities with strength stations covering the entire body. Each station is designed to be biomechanically correct, with multiple adjustments providing quality movements for any user. Every piece is built to last. 2” x 3” heavy gauge steel mainframes are powder coat painted for durability. Designed to endure in the harshest commercial settings, the Pro Clubline Series 2 is constructed with top quality components.

- Full Commercial rated
- Instructional Placard included
- Standard weight stack 235lb (141kg)
- 5 different grips for pull ups and chin ups
- Dip handles rotate out of the way for the other exercises
- Solid guide rods with sealed bearings
- Weight stack shroud included
- Multiple steps for easy access
- W 33” X L 63” X H 98”
S2MP MULTI-PRESS

- Full Commercial rated
- Instructional Placard included
- Standard weight stack 210lbs (95kg) with optional 310lb (141kg) upgrade
- 4 position adjustment for flat, incline and shoulder presses
- Easy pop pin seat adjustments
- Oversized pivot shafts
- Fully Shrouded
- 2”x3” twelve gauge steel
- W 54” X L 72” X H 57”

S2PEC PEC FLY & REAR DELT

- Full Commercial rated
- Instructional Placard included
- Standard weight stack 160lbs (95kg) with optional 235lb (141kg) upgrade
- 5 position seat adjustments for all size users
- 5 position pec fly adjustments for full range of motion
- Advanced protective coating on variable cam extends cable life
- Fully Shrouded
- 2”x3” twelve gauge steel
- W 58” X L 51” X H 72”
**S2BTP BICEP & TRICEP**

- Full Commercial Rated
- Instructional Placard included
- Standard weight stack 160lbs (95kg) with optional 235lb (141kg) upgrade
- Pivoting upper pulley for multi angle workouts
- Back pad ensures stability and isolation of tricep muscles
- Oversized diamond plated base for stability and traction
- Fully shrouded
- 2”x3” twelve gauge steel
- W 52” X L 42” X H 83”

**S2SP SHOULDER PRESS**

- Full Commercial rated
- Instructional Placard included
- Standard weight stack 210lbs (95kg) with optional 310lb (141kg) upgrade
- 6 seat adjustments for all size users
- Multi-position hand grips for ultimate wrist comfort
- Center–drive design distributes weight evenly to eliminate torsional flexing of resistance arm and frame.
- Fully Shrouded
- 2”x3” twelve gauge steel
- W 55” X L 51” X H 57”
**S2LAT LAT PULLDOWN & SEATED ROW**

- Full Commercial rated
- Instructional Placard included
- Standard weight stack 160lbs (95kg) with optional 235lb (141kg) upgrade
- 5 position adjustment on leg hold down
- Independent lat pull down movements for symmetrical strength development.
- Longer seat pad to accommodate all size users on mid row station
- Fully shrouded
- 2”x3” twelve gauge steel
- W 33” X L 87” X H 87”

**S2CP CHEST PRESS**

- Full Commercial Rated
- Instructional Placard included
- Standard weight stack 210lbs (95kg) with optional 310lb (141kg) upgrade
- 5 Seat adjustments for all size users
- Comfortable multi position hand grips isolates chest and tricep muscles
- Fully Shrouded
- 2”x3” twelve gauge steel
- W 44” X L 55” X H 69”
**S2ABB AB AND BACK MACHINE**

- Full Commercial Rated
- Instructional Placard Included
- Standard weight stack 160lbs (95kg) with optional 235lb (141kg) upgrade
- 6 position cam ensures full range of motion
- Advanced protective coating on cam extends cable life
- Foot brace to provide lower body stability
- Fully shrouded
- 2”x3” twelve gauge steel
- W 49” X L 59” X H 57”

**S2AC ARM CURL MACHINE**

- Full Commercial Rated
- Instructional Placard included
- Standard weight stack 160lbs (95kg) with optional 235lb (141kg) upgrade
- 6 position seat adjustment for all size users
- Variable resistance cam keeps arc movements strong and smooth
- Contoured arm pad ensures accurate pivot point alignment for proper body positioning
- Multi-grip revolving handle bar ensure full high and low contraction
- Fully shrouded
- 2”x3” twelve gauge steel
- W 44” X L 50” X H 57”
**S2LPC LEG PRESS & CALF RAISE**

- Full Commercial rated
- Instructional Placard included
- Standard weight stack 210lbs (95kg) with optional 310lb (141kg) upgrade
- Fully adjustable 10 position back pad
- Double beam design with Pillow Block bearings on pivot points for precision alignment and friction free movement
- Ergonomically designed two position, rubber lined press plate for greater traction on presses and calf raises.
- Fully Shrouded
- 2”x3” twelve gauge steel
- W 47” X L 83” X H 69”

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**S2IOT INNER & OUTER THIGH**

- Full Commercial Rated
- Instructional Placard Included
- Standard weight stacks-160lb (73kg) with optional 235lb (107kg) upgrades
- 7 Position Cam Adjustments to accommodate varying body sizes
- Hand grips for user stabilization
- Two position foot supports to provide lower body support
- Fully Shrouded
- 2”x3” twelve gauge steel
- W 37” X L 77” X H 57”
S2SLC SEATED LEG CURL

- Full Commercial rated
- Instructional Placard included
- Standard weight stack 160lbs (95kg) with optional 235lb (141kg) upgrade
- 7 back pad adjustments for all size users
- Angled back pad (93 degrees between seat and back pad) is designed to relieve hamstring tension
- 13 adjustments on starting position for full range of motion
- Fully Shrouded
- 2”x3” twelve gauge steel
- W 52” X L 57” X H 57”

S2LEX LEG EXTENSION

- Instructional Placard included
- Standard weight stack 160lbs (95kg) with optional 235lb (141kg) upgrade
- 7 back pad adjustments to fit all size users
- Angled back pad (93 degree angle between seat and back) is designed to relieve hamstring tension
- 13 starting position adjustments for full range of motion
- Stabilizer handles for perfect isolation of muscle groups
- Advanced protective coating on cam extends cable life and provides consistent resistance
- Fully shrouded
- 2”x3” twelve gauge steel
- W 52” X L 47” X H 57”
SDC2000G-2 DUAL CABLE COLUMN

- Mainframe: 2” x 4” high-tensile strength steel. All 4-side welded.
- Finish: Double, powder-coat finish protects against scratching, chipping and peeling.
- Pulleys: Fiberglass reinforced nylon pulleys with v-grooved channels.
- Pads: Extra-tough, tear-resistant DuraFirm™ upholstery is double-stitched. Features high density top grade foam.
- Weight Plates: Machine drilled to exact specifications and employ oversized nylon bushings for super-smooth operation.
- Guide Rods: Highly-polished, chrome plated solid steel guide rods and selector rods for smooth movement.
- Instructional placard included
- W 46” X L 39” X H 91”

SCC1200G CABLE CROSSOVER

- 12 Horizontal Pulley Positions
- 180 Degree Pivoting Pulleys
- 2 x 160lbs Standard Weight Stack, 2 x 235 Weight Stacks Available
- Optional Lat / Chin Attachment, GCA2
- 106” inside pulley to pulley dimensions
- 9.5’ of cable extension
- W 156” X L 53” X H 91”
### SLE200G-2 LEG EXTENSION

- Mainframe: 2”x 4” high-tensile strength steel. All 4-side welded.
- Finish: Double, powder-coat finish protects against scratching, chipping and peeling.
- Pulleys: Fiberglass reinforced nylon pulleys with v-grooved channels.
- Pads: Extra-tough, tear-resistant DuraFirm™ upholstery is double-stitched. Features high density top grade foam.
- Weight Plates: Machine drilled to exact specifications and employ oversize nylon bushings for super-smooth operation.
- Guide Rods: Highly-polished, chrome plated solid steel guide rods and selector rods for smooth movement.
- Instructional placard included
- W 39” X L 42” X H 72”

### SLC400G-2 LEG CURL

- Mainframe: 2”x 4” high-tensile strength steel. All 4-side welded.
- Finish: Double, powder-coat finish protects against scratching, chipping and peeling.
- Pulleys: Fiberglass reinforced nylon pulleys with v-grooved channels.
- Pads: Extra-tough, tear-resistant DuraFirm™ upholstery is double-stitched. Features high density top grade foam.
- Weight Plates: Machine drilled to exact specifications and employ oversize nylon bushings for super-smooth operation.
- Guide Rods: Highly-polished, chrome plated solid steel guide rods and selector rods for smooth movement.
- Instructional placard included
- W 37” X L 64” X H 62”
SLP500G-2 LEG PRESS

- Mainframe: 2” x 4” high-tensile strength steel. All 4-side welded.
- Finish: Double, powder-coat finish protects against scratching, chipping and peeling.
- Pulleys: Fiberglass reinforced nylon pulleys with v-grooved channels.
- Pads: Extra-tough, tear-resistant DuraFirm™ upholstery is double-stitched. Features high density top grade foam.
- Weight Plates: Machine drilled to exact specifications and employ oversize nylon bushings for super-smooth operation.
- Guide Rods: Highly-polished, chrome plated solid steel guide rods and selector rods for smooth movement.
- Instructional placard included
- W 32” X L 75” X H 72”

SLM300G-2 LAT MID ROW

- Mainframe: 2” x 4” high-tensile strength steel. All 4-side welded.
- Finish: Double, powder-coat finish protects against scratching, chipping and peeling.
- Pulleys: Fiberglass reinforced nylon pulleys with v-grooved channels.
- Pads: Extra-tough, tear-resistant DuraFirm™ upholstery is double-stitched. Features high density top grade foam.
- Weight Plates: Machine drilled to exact specifications and employ oversize nylon bushings for super-smooth operation.
- Guide Rods: Highly-polished, chrome plated solid steel guide rods and selector rods for smooth movement.
- Instructional placard included
- W 24” X L 62” X H 83”