

# VALLEY KITCHEN INGREDIENTS

The BEST quality ingredients every single time!



## High Quality

Flax, oats, buckwheat, and corn are the core ingredients in most Valley Kitchen Mixes. This combination has been selected to provide our gluten free choices a nutritional impact. They have also been tested to help ensure cooking and baking success without the use of additional gums and simple starches. The soluble fibre in flax, oats and buckwheat contribute the structure which helps to replace gluten in wheat-based products. Valley Kitchen's "Natural Alternative" all-purpose flour blend combines freshly milled flax seeds, GMO-free buckwheat, gluten free oats, and GMO-free corn. All ingredients are non-GMO, produced in Canada and processed in the Valley Flaxflour allergen free, HACCP controlled facility located in Middleton, Nova Scotia. No gums or starches are needed. Follow simple instructions using common ingredients to make an amazing variety of delicious foods everyone will enjoy.





## VALLEY FLAX FLOUR PURCHASING INFORMATION

### Armstrong Listings

FLOUR GRAIN FLAX GOLDEN MILLED	1 x 6 KG	182608
FLOUR GRAIN FLAX GOLDEN MILLED	2 x 10 KG	1236
FLOUR GRAIN FLAX BROWN MILLED	1 x 6 KG	182596
BREAD DOUGH MIX, GLUTEN FREE	1 x 6 KG	182613
BROWN FLAX SEEDS, WHOLE	1 x 22.68 KG	825

Don't see the product that you are looking for? Contact your foodservice distributor representative for listing information.