

**On-demand Webinar Bundle:  
3 Titles on **Spinal Cord Injury****



# Medical Management in the Acute Inpatient Rehabilitation Setting for Individuals with Spinal Cord Injury

**Instructors:** Allison Kessler, MD, MSc

**Time:** 90 Minutes

**Description:** This webinar will review common medical conditions and complications, which occur in individuals with spinal cord injuries during the acute inpatient rehabilitation phase of recovery. The management of neurogenic bladder, neurogenic bowel, autonomic dysreflexia, and spasticity will be reviewed. We will also discuss the prevention of venous thromboembolism and pressure injuries as well as their impact on the rehabilitation process.

## Learner Outcomes:

- State the differences between upper and lower motor neuron neurogenic bowel and bladder.
- Summarize an appropriate care plan for the management of neurogenic bowel and bladder.
- Develop a care plan to prevent pressure injuries from forming or worsening.
- Describe the signs and symptoms of autonomic dysreflexia and understand the acute management for stabilization.
- Express the positive and negative impact spasticity can have on function as well as pharmacologic and nonpharmacologic treatment options.

**Audience:** Nurses, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants and Speech-Language Pathologists

## Continuing Education Credits:

### Nursing:



The Shirley Ryan AbilityLab is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This CNE is being offered for 1.5 contact hours including 0.25 Pharmacology contact hours.

### Occupational Therapy:



American  
Occupational Therapy  
Association

Approved Provider

The Shirley Ryan AbilityLab is an AOTA Approved Provider of professional development. Course approval ID# 02671, This distance learning – independent webinar is offered at .15 CEUs [intermediate, OT service delivery/ Foundational Knowledge]. AOTA does not endorse specific course content, products, or clinical procedures.

### Physical Therapy:

The Illinois Physical Therapy Board has approved this course for 1.5 Contact Hours. Approval #216-000069  
The Shirley Ryan AbilityLab is recognized by the New York State Education Department's State Board of Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education. This course has been approved by the New York Physical Therapy Board for 1.5 Contact Hours

### Speech-Language Pathology

This course is offered for 0.15 ASHA CEUs (Intermediate level, Related area).

### Disclosures:

#### Course Director's and Planning Committee Members' Disclosure Information:

Julie Lenkiewicz, MS, CCC-SLP - Has nothing to disclose.

Melissa Kolski, PT, OCS, Dip MDT - Has nothing to disclose.

Leslie Marriott, OT - Has nothing to disclose.

Pamela Pfeifer, MS, RN, NPD-BC - Has nothing to disclose.

#### Speakers, Moderators and Panelists' Disclosure Information:

Financial: Receives a salary for teaching this course from the Shirley Ryan AbilityLab

Non-financial: No relevant nonfinancial relationships to disclose.

# Functional Outcomes & Goal Setting for Spinal Cord Injury

**Instructors:** Amanda Olson, PT, DPT, NCS & Kelly Breen, MS, OTR/L

**Time:** 90 Minutes

**Description:** This webinar will review typical patient presentations for all levels of spinal cord injuries with introduction to the differences between complete and incomplete injuries. Functional outcomes, goal setting, and considerations for occupational and physical rehabilitation will be discussed.

**Learner Outcomes:**

- Describe the difference in projected functional outcomes associated with different level of SCI injury.
- Identify factors to consider when developing a plan of care and goal setting for ADLS and mobility for people with SCI.
- Discuss differences in goal setting and plan of care between complete and incomplete injuries.

**Audience:** Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants

**Continuing Education Credits:**

**Occupational Therapy:**



The Shirley Ryan AbilityLab is an approved provider for the American Occupational Therapy Association to offer continuing education in occupational therapy. This introductory level program awards occupational therapists 0.10 CEUs or 1 contact hour. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Category 2: OT Process

**Physical Therapy:**

This course has been approved by the Illinois Physical Therapy Board for 1.0 Contact Hour. Approval #216-000069.

**Disclosures:**

**Course Director's and Planning Committee Members' Disclosure Information:**

Julie Lenkiewicz, MS, CCC-SLP - Has nothing to disclose.

Melissa Kolski, PT, OCS, Dip MDT - Has nothing to disclose.

Leslie Marriott, OT - Has nothing to disclose.

Pamela Pfeifer, MS, RN, NPD-BC - Has nothing to disclose.

**Course Director's and Planning Committee Members' Disclosure Information:**

Amanda Olson, PT, DPT, NCS

Financial - Receives a salary from the Shirley Ryan AbilityLab

Non-Financial - No relevant nonfinancial relationship exists

Kelly Breen, MS, OTR/L

Financial - Receives a salary from the Shirley Ryan AbilityLab

Non-Financial - No relevant nonfinancial relationship exists

# Facilitating Adjustment to Spinal Cord Injury

**Instructor:** Jeri Morris, PhD, ABPN

**Time:** 90 Minutes

**Description:** This program presents a perspective regarding normal adjustment to spinal cord injury and a framework for conceptualizing how treatment team members can be of help to the spinal cord injured individual. Pragmatic suggestions will be provided for integrating theory with practice.

**Learner Outcomes:**

- Identify aspects of adjustment to spinal cord injury that are common to many individuals.
- Discuss the psychosocial factors that influence adjustment to spinal injury both during and following the rehabilitation process.
- Identify potential treatments or therapeutic responses that can be used by the treatment team to facilitate the adjustment of the individual who has sustained a spinal cord injury.

**Continuing Education Credits:**

**Occupational Therapy:**



American  
Occupational Therapy  
Association

Approved Provider

The Shirley Ryan AbilityLab is an approved provider for the American Occupational Therapy Association to offer continuing education in occupational therapy. This intermediate level program awards occupational therapists 0.15 CEUs or 1.5 contact hours. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

**Physical Therapy:**

This online course has been approved by the Illinois Physical Therapy Board for 1.5 Contact Hours. Approval #216-000069

The Shirley Ryan AbilityLab is recognized by the New York State Education Department's State Board of Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education. This course has been approved by the New York Physical Therapy Board for 1.5 Contact Hours.

The following states require continuing education units or contact hours with no state specific approval: CT, IA, and WA

**Social Workers:**

The Shirley Ryan AbilityLab is registered by the State of Illinois to sponsor continuing education programs for social workers. This program will award 1.5 Continuing Education Credit Hour.  
Sponsor License #159001466

**Speech-Language Pathology:**

This course is offered for 0.15 ASHA CEUs (Introductory level, Professional area).

**Disclosures:**

**Course Director's and Planning Committee Members' Disclosure Information:**

Julie Lenkiewicz, MS, CCC-SLP - Has nothing to disclose.

Melissa Kolski, PT, OCS, Dip MDT - Has nothing to disclose.

Leslie Marriott, OT - Has nothing to disclose.

Pamela Pfeifer, MS, RN, NPD-BC - Has nothing to disclose.

**Speakers, Moderators and Panelists' Disclosure Information:**

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