

**On-demand Webinar Bundle:
3 Titles on **Pain****



Chronic Pain: An Interdisciplinary Approach to a Complex Problem

Instructors: Elizabeth Gaffron, MOTR/L, LMT, Hannah Nilles, PT, DPT, Cert. MDT & Patricia Cole, PhD.

Time: 90 Minutes

Description: An estimated 100 million Americans experience chronic pain, more than diabetes, coronary heart disease, stroke, and cancer combined. The total combined cost of direct medical care, disability programs, lost productivity, and family burden is estimated to be between \$560 billion and \$635 billion annually (AAPM, 2015). In the midst of the opioid epidemic, there is a greater need now more than ever for evidence-based, effective, non-pharmacologic treatment approaches to this human, social and economic crisis. Interdisciplinary functional restoration programs, provide the necessary components to address the biopsychosocial drivers of chronic pain. In this webinar, clinicians from Shirley Ryan Ability Lab's Pain Management Clinic will discuss the roles of each individual member of their interdisciplinary team in providing patients with strategies for self-management of chronic or high-impact pain, while ultimately working together in a patient-centered approach to restoring function and reducing opioid consumption.

Upon Completion of This Webinar, Participants Will Be Able To:

1. Distinguish acute vs chronic pain.
2. Distinguish active versus passive approaches to chronic pain management.
3. Identify risk factors for chronic pain and understand treatment approaches and/or prevention strategies to utilize in acute or subacute pain management to avoid the pathway to becoming a chronic problem.
4. Outline functional restoration programs versus pain management clinics.
5. Describe the roles of pain psychology, physical therapy, occupational therapy, biofeedback and vocational rehabilitation within an interdisciplinary functional restoration program.
6. Explain research that drives an evidence-based functional restoration program.
7. Recognize when to refer patients to an interdisciplinary program for pain management.

Audience: Nurses, Physical Therapists, Physical Therapist Assistants, Occupational Therapists & Occupational Therapy Assistants.

CEUs -

Occupational Therapy:



The Shirley Ryan AbilityLab is an approved provider for the American Occupational Therapy Association to offer continuing education in occupational therapy. This intermediate level program awards occupational therapists 0.15 CEUs or 1.5 contact hour. The assignment of AOTA CEUs does not imply endorsement of specific course

content, products, or clinical procedures by AOTA.

Physical Therapy:

The Illinois Physical Therapy Board for 1.5 Contact Hours has approved this course. Approval #216-000069.

The Shirley Ryan AbilityLab is recognized by the New York State Education Department's State Board of Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education. This course has been approved by the New York Physical Therapy Board for 1.5 Contact Hours

Disclosures:

Course Director's and Planning Committee Members' Disclosure Information:

Julie Lenkiewicz, MS, CCC-SLP - Has nothing to disclose.

Melissa Kolski, PT, OCS, Dip MDT - Has nothing to disclose.

Leslie Marriott, OT - Has nothing to disclose.

Pamela Pfeifer, MS, RN, NPD-BC - Has nothing to disclose.

Speakers, Moderators and Panelists' Disclosure Information:

Financial - Receives honorarium from Shirley Ryan AbilityLab.

Non-Financial - No relevant nonfinancial relationship exists.

Peripheral Nerve Injuries: Considerations & Classification in Clinical Practice

Instructors: Annina Schmid, PhD, MMACP, MCSP & Joel Fundaun, DPT, OCS

Time: 90 Minutes

Description: Peripheral nerve injuries often present with complex clinical presentations. As such, the assessment and management of these heterogenous conditions presents a significant clinical challenge. This webinar will describe recent advances in the understanding of peripheral nerve injuries and present a clinical framework to better understand the heterogeneity of these conditions.

Upon Completion of This Webinar, Participants Will Be Able To:

1. Identify the clinical classifications of peripheral nerve injuries
2. Describe appropriate clinical tests and assessments to identify peripheral nerve involvement in a variety of clinical scenarios
3. Apply the identified clinical classifications to various patient presentation examples

Audience: Nurses, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists and Physical Therapist Assistants

Accreditation Details-

Occupational Therapists:



The Shirley Ryan AbilityLab is an AOTA Approved Provider of professional development. Course approval ID# 05131. This distance learning interactive webinar is offered at .15 CEUs [intermediate, OT service delivery/ Foundational Knowledge]. AOTA does not endorse specific course content, products, or clinical procedures.

Physical Therapists:

This online course has been approved by the Illinois Physical Therapy Board for 1.5 Contact Hours. Approval #216-000069

The Shirley Ryan AbilityLab is recognized by the New York State Education Department's State Board of Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education. This course has been approved by the New York Physical Therapy Board for 1.5 Contact Hours.

The following states require continuing education units or contact hours with no state specific approval: CT, IA, and WA

Disclosures:

Course Director's and Planning Committee Members' Disclosure Information:

Julie Lenkiewicz, MS, CCC-SLP - Has nothing to disclose.

Melissa Kolski, PT, OCS, Dip MDT - Has nothing to disclose.

Leslie Marriott, OT - Has nothing to disclose.

Pamela Pfeifer, MS, RN, NPD-BC - Has nothing to disclose.

Speakers, Moderators and Panelists' Disclosure Information:

Annina Schmid, PhD, MMACP, MCSP - Has nothing to disclose.

Joel Fundaun, DPT, OCS - Has nothing to disclose.

Where Pain Meets Function & Fear

Instructor: Ruth L. Chimenti, DPT, PhD

Time: 90 Minutes

Description: The fear of pain can often limit a patient's progress, function and recovery. This webinar aims to examine a mechanism-based approach to evaluation while highlighting movement-evoked pain as a means of integrating the assessment of motor dysfunction with pain. A review of neurobiological pain mechanisms will be incorporated along with the impact of psychological factors (e.g. kinesiophobia) and the movement system. Patient cases will be used to illustrate application of a mechanism-based approach to guide evaluation and treatment.

Learner Outcomes:

- Apply a mechanism-based pain classification system to create a patient-centered treatment plan of care.
- Describe appropriate tests and measures to differentiate how biological mechanisms (nociceptive, nociplastic, neuropathic) contribute to pain.
- Define current concepts of measuring and interpreting movement-evoked pain to intervene within specific populations (e.g., fibromyalgia, Achilles tendinopathy).
- Analyze appropriate patient-reported outcome measures to efficiently screen for psychosocial factors within a clinical setting.
- Evaluate appropriate treatments for Achilles tendinopathy based on current evidence and identified pain mechanisms.

CEUs:

Occupational Therapy



The Shirley Ryan AbilityLab is an AOTA Approved Provider of professional development. Course approval ID# 7151. This distance learning independent webinar is offered at .15 CEUs [intermediate, OT service delivery/ Foundational Knowledge]. AOTA does not endorse specific course content, products, or clinical procedures.

Physical Therapy

This online course has been approved by the Illinois Physical Therapy Board for 1.5 Contact Hours. Approval #216-000069

The Shirley Ryan AbilityLab is recognized by the New York State Education Department's State Board of Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education. This course has been approved by the New York Physical Therapy Board for 1.5 Contact Hours.

The following states require continuing education units or contact hours with no state specific approval: CT, IA, and WA

Disclosures:

Course Director's and Planning Committee Members' Disclosure Information:

Julie Lenkiewicz, MS, CCC-SLP - Has nothing to disclose.

Melissa Kolski, PT, OCS, Dip MDT - Has nothing to disclose.

Leslie Marriott, OT - Has nothing to disclose.

Pamela Pfeifer, MS, RN, NPD-BC - Has nothing to disclose.

Speakers, Moderators and Panelists' Disclosure Information:

Ruth L. Chimenti, DPT, PhD - Has nothing to disclose.