



Best Practices in Aphasia Management: Illustrative Cases

June 20-21, 2019
Shirley Ryan AbilityLab
355 East Erie Street
Chicago, IL 60611

Shirley Ryan
Abilitylab®

Best Practices in Aphasia Management: Illustrative Cases

The Academy is the not-for-profit, educational arm of the Shirley Ryan AbilityLab (formerly known as the Rehabilitation Institute of Chicago). Since 1953, the Academy has strived to advance the skills of healthcare professionals through our continuing education programs. Whether you are a seasoned veteran in the field of rehabilitation or a new graduate, our faculty are committed to helping you learn and apply the latest research and therapeutic approaches. We are excited that you share our passion for improving patient outcomes and hope you will continue to invest in your career by joining us for this program.

COURSE DESCRIPTION

In recent years, there has been a proliferation of research targeting various aspects of aphasia treatment. These range from studies addressing the development, theoretical underpinnings and efficacy of specific treatments to more general issues such as intensity and dose that impact learning and outcomes, regardless of the treatment being administered. In this two day course, we take a unique clinical approach to illustrate the basic procedures and individualized nuances associated with the newest aphasia treatment techniques. Through a series of case studies that represent different types and severities of aphasia, we demonstrate the procedures, theoretical background and current evidence associated with a variety of different treatment approaches. Treatments that target all language modalities are included with an emphasis on the use of written language for connecting with others through social media. Both impairment and activity-participation treatments appropriate at different levels of chronicity are addressed. Practical issues such as cueing, errorful and errorless learning, group treatment, dose and scheduling are discussed. The case studies will be supported by extensive videotape footage.

Self-Study Activity

E-Learning (Recording) Module: Getting Started on a Clinical Case - Using Your Assessment to Refine Treatment Targets, Julia Carpenter, MA, CCC-SLP and Caitlin Ferrer, MA, CCC-SLP, 90 minutes

Successful completion

This course includes 90 minutes of online self-study activities that provide foundational material and set the stage for the live portion of the course. To successfully complete the course and receive CEUs, learners will complete the self-study module, attend the two-day program at the Shirley Ryan AbilityLab and complete the course evaluation.

WHO SHOULD ATTEND

Speech-Language Pathologists

COURSE OBJECTIVES

Upon completion of this course, participants will be able to:

- Discuss factors such as type, severity and chronicity of aphasia that influence goal-setting and the development of a treatment plan.
- Describe components related to “dose” of aphasia therapy and implications for treatment planning and scheduling.
- Outline procedures for administering at least three aphasia treatments that are appropriate for those with a severe aphasia.

- Outline procedures for administering at least three aphasia treatments that are appropriate for those with a mild aphasia.
- Differentiate treatments that address the underlying impairment versus the activity/participation level
- Explain the importance of addressing written language including text messaging in the treatment of aphasia
- Discuss practical issues related to group treatment, constraint-induced aphasia treatment, and supported communication training
- Describe ways in which technology can assist in the delivery of speech-language services to individuals with aphasia
- Describe strategies to actively promote generalization of treatment effects to home and community

FACULTY

COURSE DIRECTOR AND SPEAKER

Leora R. Cherney, PhD, CCC-SLP, BC-ANCDs

Leora R. Cherney, Ph.D., is the Scientific Chair, Think and Speak Lab, at the Shirley Ryan AbilityLab (SRALab) and Professor of both Physical Medicine & Rehabilitation and Communication Sciences & Disorders at Northwestern University. She has more than 35 years of clinical experience working with adults with neurogenic communication disorders and is the founder and director of the SRALab's Center for Aphasia Research and Treatment. Dr. Cherney is board-certified in neurologic communication disorders by the Academy of Neurologic Communication Disorders and Sciences (ANCDs) and a Fellow of both the American Speech-Language-Hearing Association (ASHA) and the Illinois Speech-Language Hearing Association (ISHA). She has co-authored four books and has over 90 publications in refereed journals, textbooks, and other periodicals. Dr. Cherney regularly presents at workshops and conferences nationally and internationally. Her research has been federally funded for 20+ years and has focused on treatment approaches for aphasia and on attention and discourse problems in adults with cognitive-communication disorders. Dr. Cherney has received many awards for her innovative work including the honors of both ANCDs and ISHA, the Excellence in Post-Stroke Award from the American Congress of Rehabilitation Medicine and the National Stroke Association. She also received the Illinois Clinical Achievement Award for the establishment of the model Intensive Comprehensive Aphasia Program at the SRALab and promotion of this novel service delivery approach within Illinois, the USA and internationally.

GUEST SPEAKER

Melanie E. Drane, MA, MFA, LMFT, Psychotherapist in Private Practice.

Melanie Drane is a licensed marriage and family therapist in Los Angeles. She is an alumna of Princeton University, UC Berkeley, the London School of Economics, and Pacifica Graduate Institute, where she studied counseling psychology. Her clinical training took place at the Jung Institute of Los Angeles and the Southern CA Counseling Center. In 2010, her sister barely survived a massive stroke that left her with aphasia. The two sisters began to live together again as midlife adults. As both psychotherapist and family member, Melanie sought to understand the profound challenge to identity and relationships presented by the onset of aphasia. Yet she learned that scant support or literature on the subject exist in her field, and nationwide, people with aphasia experience a persistent deficit of mental health services. Melanie decided to make it a focus in her work as psychotherapist. In the process, she became fascinated by how sharing stories and creativity can support aphasia recovery, and refresh our relationships with each other.

FACULTY FROM SHIRLEY RYAN ABILITYLAB AND NORTHWESTERN UNIVERSITY

Edna M Babbitt, PhD, CCC-SLP, BC-ANCDS

Research Speech-Language Pathologist, Center for Aphasia Research & Treatment, Shirley Ryan AbilityLab; Research Assistant Professor, Department of Physical Medicine & Rehabilitation, Northwestern University Feinberg School of Medicine

Kathryn Borio M.S. CCC-SLP

Speech- Language Pathologist, Outpatient Neuro Clinic and Center for Aphasia Research and Treatment, Shirley Ryan AbilityLab

Julia Carpenter, MA, CCC-SLP

Clinical Practice Leader for Speech-Language Pathology, Staff Development; Research Speech-Language Pathologist, Center for Aphasia Research and Treatment, Shirley Ryan AbilityLab

Elissa L. Conlon, MS, CCC-SLP

Research Speech-Language Pathologist, Center for Aphasia Research and Treatment, Shirley Ryan AbilityLab

Caitlin Ferrer, MA, CCC-SLP

Speech and Language Pathologist, Aphasia Lab Therapist, Think + Speak Lab, Shirley Ryan AbilityLab

Ann Oehring, MA, CCC-SLP

Speech Language Pathologist, Center for Aphasia Research & Treatment, Shirley Ryan AbilityLab

AGENDA

THURSDAY, JUNE 20, 2019

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| 8:00 am | Registration
10 th Floor Lobby, Shirley Ryan AbilityLab |
| | Continental Breakfast
10 th Floor Auditorium, Shirley Ryan AbilityLab |
| 8:35 | Welcome and Introduction to the Program
Leora R. Cherney, PhD., CCC-SLP, BC-ANCDS
Scientific Chair, Think & Speak
Director, Center for Aphasia Research and Treatment |
| 8:45 | Treatment Planning and Goal-Setting <ul style="list-style-type: none">• Includes a Review of the Pre-work Associated with this Onsite Course |
| 9:30 | Treatment Principles and Considerations <ul style="list-style-type: none">• Impairment vs Activity/Participation |

- Acquisition, Maintenance and Generalization
- Dose
- Cuing and Errorful vs Errorless Learning
- Practice Conditions
 - Intensive vs Distributed Practice
 - Random vs Blocked Practice

10:15 **Break**

10:30 **Illustrative Case 1: Moderate Non-fluent Aphasia**

11:30 **Illustrative Case 2: Mild-Moderate Fluent Aphasia**

12:30 **Lunch (on your own)**

2:00 **Illustrative Case 3: Severe Aphasia and Apraxia of Speech**

3:00 **Break**

3:15 **Break-Out Sessions**

A. **Group Treatment for Aphasia**

Ann Oehring, MA, CCC-SLP
Julia Carpenter, MA, CCC-SLP

B. **Training Communication Partners in Methods to Support the Communication of Those with Aphasia**

Edna Babbitt, PhD, CCC-SLP, BC-ANCDS
Elissa Conlon, MS, CCC-SP

C. **Constraint-Induced Aphasia Treatment: Rationale, Principles and Procedures**

Leora Cherney, PhD., CCC-SLP, BC-ANCDS
Kathryn Borio, MS, CCC-SLP

4:45 pm **End of Day One**

FRIDAY, JUNE 21, 2019

8:00 am **Continental Breakfast**
10th Floor Auditorium, Shirley Ryan AbilityLab

8:30 am **Illustrative Case 4: Moderately-Severe Fluent Aphasia**

9:30 am **Illustrative Case 5: Mild Aphasia**

- 10:30 **Break**
- 10:45 **KeyNote Address**
Wisdom of the Heart: Identity and Emotional Health in Patients with Aphasia
Melanie Drane, MA, MFA, LMFT
- 12:15 **Lunch (on your own)**
- 1:30 PM **Break-Out Sessions**
- A. **Group Treatment for Aphasia**
Ann Oehring, MA, CCC-SLP
Julia Carpenter, MA, CCC-SLP
- B. **Training Communication Partners in Methods to Support the Communication of Those with Aphasia**
Edna Babbitt, PhD, CCC-SLP, BC-ANCDS
Elissa Conlon, MS, CCC-SP
- C. **Constraint-Induced Aphasia Treatment: Rationale, Principles and Procedures**
Leora Cherney, PhD., CCC-SLP, BC-ANCDS
Kathryn Borio, MS, CCC-SLP
- 3:00 pm **Break**
- 3:15 pm **Clinical Application: Pulling It All Together**
- 4:45 pm **Conclusion of Course**

SATURDAY, JUNE 22, 2019 - Optional

On Saturday June 22, 2019, the Center for Aphasia Research and Treatment will be hosting its annual Aphasia Day for people with aphasia and their family members who are living in the community. For an additional charge of \$35 for Professionals and \$20 for Students, you may register for this heart-warming all-day event in celebration of June as National Aphasia Awareness Month. Lunch and refreshments are included. Keynote speaker is: Maura English Silverman, MS, CCC-SLP, Executive Director, Triangle Aphasia Project. For further information, see <https://www.sralab.org/aphasia>

TUITION

Early Bird Registration (Up to 3/7/19)	\$575
Regular Registration Fee (After 3/7/19)	\$650

LOCATION

The program will be held at the Shirley Ryan AbilityLab. The conference site is wheelchair accessible. Accessible materials, sign language interpretation and personal assistance are available with at least 45-days advance notice.

HOUSING

Rooms have been reserved at the Hyatt Centric Chicago Magnificent Mile, 633 North St. Clair, Chicago, Illinois, 60611.

The **Hyatt Centric Chicago Magnificent Mile** is located 1½ blocks from the Shirley Ryan AbilityLab. Please contact their reservation agent from 9:00 am until 5:00 pm at **(888) 591-1234**. Please ask for the **Hyatt Chicago Magnificent Mile Hotel** (there are several Hyatt Hotels in Chicago) and ask for the **Shirley Ryan AbilityLab Aphasia Course room block** or make your reservation online using this link: <https://www.hyatt.com/en-US/group-booking/CHIMM/G-SRAC>. The corporate rate is **\$219.00** for a Deluxe Guestroom (single or double occupancy) plus *17.4% tax. The daily rate for parking at the Hyatt Chicago is ***\$69.00/day** with in and out privileges. **The cut-off date for room reservations is May 22, 2019.** Please note that the room block could reach its maximum before the cut-off date. Rooms and rates revert to a space-available basis after the room block has reached its maximum or after the cut-off date (whichever comes first.) ***The rates for parking and taxes are subject to change without advanced notice**

CANCELLATION POLICY

All cancellations must be in writing. Refunds less a 20% administrative charge will be given until **June 13, 2019**. The *Academy reserves the right to cancel or change any programs for due cause. Cancellation of a program by the Academy* will result in a full refund of tuition. The *Academy* is not responsible for the refund of travel or hotel expenses under any circumstance.

IMPORTANT REGISTRATION INFORMATION

Registrations will be taken in the order in which tuition checks or credit card information is received. We highly encourage you to register online as these are processed more quickly than mailed or faxed registrations. **Full Tuition must accompany the registration form in order to confirm a place in this course.** Until you receive your **confirmation letter** you are not officially registered for the course. For online registrations you will receive email confirmation on the day that you register. For registrations received by standard mail or fax the confirmation may take up to 3 weeks after we receive your registrations. If you do not receive confirmation within this time period, please call 312-238-6042.

Do not make airline reservations that have cancellation penalties until we confirm your registration. However, you should make hotel reservations as soon as possible.

One week prior to the course, only internet registrations and faxed registrations that include an email will be accepted. Please note that the course could reach its maximum enrollment before this time.

CONTINUING EDUCATION CREDIT

Speech-Language Pathology

<p>APPROVED PROVIDER</p>  <p>ASHA CONTINUING EDUCATION</p> <p>AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION</p>	<p>Rehabilitation Institute of Chicago dba Shirley Ryan AbilityLab is approved by the Continuing Education Board of the American Speech- Language-Hearing Association (ASHA) to provide continuing education activities in speech- language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.</p>
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This course is offered for up to 1.4 ASHA CEUs (Intermediate level, Professional area).

A full list of faculty disclosures for ASHA is available at <https://ricacademy.sharefile.com/d-saf8311d3e0440f49>

THANK YOU!!!!

We would like to extend a special thank you to Merz for their educational grant, which supports the Academy at the Shirley Ryan AbilityLab and helps us pull together programs such as this. Merz did not have any influence in the programming, planning or execution of this course.

Register Online at www.sralab.org or complete the form below and return with payment

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Early Bird Tuition Up to 3/7/2018=\$575.00

Tuition After 3/7/2018= \$650.00

WORKSHOPS: SELECT one from each column for a total of 2 workshops:

Choose 1: Thursday

- A Group Treatment
- B Training Communication Partners
- C Constraint-Induced Aphasia Therapy

Choose 1: Friday

- A Group Treatment
- B Training Communication Partners
- C Constraint-Induced Aphasia Therapy

Mail to: Academy
Shirley Ryan AbilityLab
355 E. Erie Street, 12th floor, Suite 12-West
Chicago, Illinois 60611

Please **TYPE** or **PRINT** your name and professional initials (OT, PT, etc) as you would like them to appear on your continuing education certificate.

First Name _____ Last Name _____

Home Phone (_____) _____ Prof. Initials _____

Home Address _____

City _____ State _____ Zip _____

Organization/Facility _____

Work Address _____

City _____ State _____ Zip _____

Work Phone (_____) _____ Fax (_____) _____

Position _____

E-mail (required) _____

Please note: registration will not be processed without full payment.

Method of Payment: Check enclosed (**Payable to:** Rehabilitation Institute of Chicago)
 Credit Card

Credit Card Users Must Complete the Following Information:

MasterCard VISA American Express

Credit Card # _____ - _____ - _____ - _____

Expiration Date __/__/__ CVV _____ (security code on back of card)

Name on Card _____

Billing Address _____

City _____ State _____ Zip _____

Cardholder's Signature _____

Credit card registrations may be mailed or faxed to 312-238-4451.