An Interdisciplinary Therapeutic Approach to Parkinson’s Disease

On-Demand Course
September 17 – November 12, 2021

Shirley Ryan AbilityLab
355 East Erie Street
Chicago, IL 60611
A COMPREHENSIVE INTERDISCIPLINARY APPROACH TO PARKINSON’S DISEASE

The Academy is the not-for-profit educational arm of Shirley Ryan AbilityLab, formerly the Rehabilitation Institute of Chicago (RIC). We are dedicated to advancing the ability of healthcare professionals by sharing the latest scientific discoveries and clinical practices that accelerate outcomes for patients.

Shirley Ryan AbilityLab has been ranked the “Best Rehabilitation Hospital in America” by U.S. News & World Report for 31 consecutive years, and our commitment to education and training has always been an integral part of that success. As our organization takes its next step in transforming rehabilitation, the Academy is committed to bringing you new and innovative opportunities to learn.

COURSE DESCRIPTION
Parkinson’s Disease (PD) is one of the most common neurological diseases, with over ten million people living with the disease worldwide. PD is a movement disorder that has both motor and non-motor symptoms. It can impact gait, balance, fine motor control, cognitive abilities and communication skills as well as activities of daily living and psychosocial relationships. This population is well served by an interdisciplinary team approach that includes physicians, physical therapists, occupational therapists, speech-language pathologists, social workers, psychologists, dieticians among others.

This online course series will focus on the interdisciplinary collaborative care of individuals with Parkinson’s Disease, as well as how their disease affects their family and caregivers. A team of experts will lead you through the progression of the disease, best practices and applicable clinical skills. They will highlight unique aspects of the disease, including both motor and non-motor symptoms as well as special topics regarding vision, hydration and nutrition, and sexuality/intimacy as related to PD. The course will take an in-depth look at how PD impacts caregivers and their role in this journey and how the interdisciplinary team can support them. Finally, the role of the Neuropsychologist and how their work influences the clinical care of the individual living with PD. Throughout the course, participants will have an opportunity to learn both in and outside of the virtual classroom, discuss cases and best practices when working with the PD population.

Successful completion:
Participants will attend 9 online lectures (total of 11.0 hours – 1.5 hours live and 9.5 hours self study), one 30 minute Ask the Experts Discussion (optional), and will complete 2 hours of self-study activities. The self-study activities for the course will consist of readings, questions, and case studies. The final week (Role of the Neuropsychologist) will be live, but recorded and released on-demand for viewing after live presentation. There will be a live optional Ask the Experts Office Hours, as part of the course.
*The Office Hours will not be for CEU/Contact Hours.* No partial credit will be awarded for this course.

WHO SHOULD ATTEND
Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants, and Speech-Language Pathologists, Physicians (not for CME), Advanced Practice Providers (Physician Assistants and Advanced Practice Nurses), Psychologists, and Social Workers.
COURSE OBJECTIVES
Upon completion of this course, participants will be able to:

- Identify common motor and non-motor symptoms of PD
- Formulate a plan for potential treatments for motor and non-motor symptoms of PD
- Discuss the interdisciplinary team’s role in managing motor symptoms from early to advanced disease
- Identify common visual changes, nutritional and swallowing changes, as well how sexuality and intimacy is impacted during disease progression
- Integrate the caregiver point of view in planning a treatment programs for motor and non-motor symptoms of PD

COURSE CHAIRMAN

Dr. Jennifer G. Goldman, MD, MS  
Section Chief, Parkinson’s Disease and Movement Disorders, Shirley Ryan Ability Lab  
Professor, Department of Physical Medicine & Rehabilitation and Neurology, Northwestern University

Jennifer G. Goldman, MD, MS is the Section Chief for Parkinson’s Disease (PD) and Movement Disorders at the Shirley Ryan AbilityLab (formerly the Rehabilitation Institute of Chicago) and Professor of Physical Medicine and Rehabilitation and Neurology at Northwestern University Feinberg School of Medicine. Dr. Goldman is a Movement Disorders neurologist with board certification in Behavioral Neurology and Neuropsychiatry. She graduated from Princeton University and completed her MD at Northwestern University Medical School, Neurology residency at Washington University in St. Louis, and Movement Disorder fellowship and Master of Science in Clinical Research at Rush University in Chicago.

Dr. Goldman is a clinician-researcher who has been a pioneer in the cognitive and behavioral aspects of PD and movement disorders and a longstanding champion and leader in interdisciplinary care. Her research focuses on advancing our understanding of the non-motor and motor features of PD and movement disorders, using neuroimaging and biomarkers, and on developing pharmacological and non-pharmacological interventions to improve or prevent these symptoms. Dr. Goldman has been funded by NIH, Michael J. Fox Foundation, Parkinson’s Foundation, among others and has published over 80 research articles and book chapters. As a clinician, Dr. Goldman is passionate about offering a holistic, comprehensive, and interdisciplinary team-based approach for people with PD and movement disorders and their care partners. She is currently the Chair of American Academy of Neurology (AAN) Movement Disorders Section and the Lewy Body Dementia Association Scientific Advisory Committee, past chair of the international Movement Disorder Society (MDS) Pan-American Section Education Committee (2015-2019), and Secretary-Elect for the MDS Pan-American Section. She also serves on the MDS Study Groups for PD-MCI Validation and Neuroimaging, MDS and MDS-PAS Congress Planning Committees, and Task Forces on Leadership and Interdisciplinary and Integrated care; the AAN Women in Leadership Committee; and Editorial boards of the Movement Disorders journal and Journal of Clinical Movement Disorders and as an Associate Editor for Frontiers in Neuroscience Neurorehabilitation journal.
**FEATURED GUEST SPEAKERS**

**Dr. Sheila Silver, MA, DHS, ACS**
Dr. Silver is a board certified clinical sexologist in private practice in Portland, Oregon, USA. She has a Master’s degree in Marriage, Family, and Child Therapy, and earned her Doctorate in Human Sexuality. She is a trained sex counselor, group facilitator, sex educator, and has worked as a psychotherapist since 1988. In addition to her private practice, Dr. Silver acts a consultant to mental health professionals, medical doctors, physical therapists, and clergy on their cases relating to sexuality. She also presents nationally at professional conferences and offers workshops on the topic of maintaining physical and emotional intimacy, with a specific expertise in Parkinson’s Disease.

**Dr. Rimona Weil, MD, PhD**
Dr Rimona Weil is a Consultant Neurologist at the National Hospital for Neurology and Neurosurgery, Queen Square, London and a Clinician Scientist. She runs clinics that manage patients with Parkinson’s disease and Parkinson’s dementia. She studied medicine at Cambridge University (UK), and undertook a PhD in neuroscience at the Wellcome Trust Centre for Neuroimaging, University College London. Currently, she runs a research programme on predictors of dementia in Parkinson’s disease, using neuroimaging, retinal and cognitive markers. Her clinical work aims to provide a holistic service to people with complex Parkinson’s disease and to help support their caregivers.

**Anne Armstrong, OTR/L**
Senior Occupational Therapist, Outpatient Therapy, Shirley Ryan AbilityLab

**Kelcey Bines, OTR/L**
Occupational Therapist, Brain Innovation Center, Shirley Ryan AbilityLab

**Jessica Connelly, PT, DPT**
Senior Physical Therapist, Outpatient Therapy, Shirley Ryan AbilityLab

**Julie Lenkiewicz, M.S., CCC-SLP**
Senior Speech-Language Pathologist, Brain Innovation Center, Shirley Ryan AbilityLab

**Christine L. Levy, LCSW**
Licensed Clinical Social Worker, Shirley Ryan AbilityLab

**Jillian MacDonald, PT, DPT, NCS**
Master Therapist, Physical Therapist, Outpatient Therapy, Shirley Ryan AbilityLab

**Shari Marchbanks, PT, DPT, NCS**
Program Manager, Parkinson’s Disease and Movement Disorders Program, Shirley Ryan AbilityLab
Anne Montana, M.A., CCC-SLP  
Senior Speech-Language Pathologist, Outpatient Therapy, Shirley Ryan AbilityLab

Nicole Haggerty, MS, RDN, LDN  
Clinical Dietician, Shirley Ryan AbilityLab

Pamela Palmentera, LCSW  
Coordinator and Clinical Social Worker, Parkinson’s Disease and Movement Disorders Center, Northwestern Medicine

Lauren Piper, Ph.D  
Clinical Neuropsychologist, Shirley Ryan AbilityLab; Assistant Professor, Department of Physical Medicine and Rehabilitation – Northwestern University Feinberg School of Medicine

Alyssa Shamis, M.A., CCC-SLP  
Speech-Language Pathologist, Shirley Ryan AbilityLab

Laura Sloan, PT, DPT  
Physical Therapist, Outpatient Therapy, Shirley Ryan AbilityLab

Dr. Santiago Toledo  
Attending Physician, Shirley Ryan AbilityLab  
Assistant Professor, Department of Physical Medicine & Rehabilitation and Neurology, Northwestern University

Kelsey Watters, OTR/L  
OT Clinical Practice Leader, Shirley Ryan AbilityLab  
Functional Cognition & Vision OT, Think & Speak Lab, Shirley Ryan AbilityLab

Jenna Zander, OTR/L  
Occupational Therapist, Outpatient Therapy, Shirley Ryan AbilityLab

AGENDA

Course content available from September 17, 2021 – November 12, 2021  
Please refer to the syllabus for complete agenda, course work requirements and additional details – participants will work at their own pace over 8 weeks
**Grading & Conduct Overview**

The learning in this course is built on the ongoing exchange of ideas and information through online, live seminars and discussion board posts on the Academy Learning Portal. The required assignments will be available during the 8 weeks that the course content is available. Students will be required to complete the course satisfactorily by Friday, November 12, 2021.

We seek to foster a cordial, collaborative, and supportive learning community. Diversity of opinions, conflicting perspectives, variable experiences and abilities are all respected and encouraged. In order to honor these traits, please conduct yourself with a high level of professional and academic standards within this instructional setting. Please see our required Code of Conduct.

This course is offered for full credit only. In order to successfully complete this course, all modules must be viewed and all pre/post work must be completed by Friday, November 5, 2021. If viewing modules on-demand, the entire module must be viewed to receive credit for that week.

**Location**

The program will be held completely online. Accessible materials and personal assistance are available with at least 45-days advance notice.

**Teaching Modality/Delivery Method**

This course is taught virtually using Zoom, an online meeting platform, and the Academy Learning Portal where participants utilize discussion boards, and other online learning materials.

**Tuition**

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<tr>
<th>Early Bird Registration (Through Sept 2, 2021)</th>
<th>$ 425</th>
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<tr>
<td>Regular Registration Fee (After Sept 2, 2021)</td>
<td>$ 500</td>
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**Technology Requirements**

To participate, you will need access to a device with an Internet connection. Computers, laptops, iOS and Android devices are supported. High-speed broadband Internet access (LAN, Cable or DSL) is highly recommended.

Additional requirements include:
- Web browser: Latest stable version of Apple Safari, Google Chrome, or Mozilla Firefox
- JavaScript and Cookies enabled
- Speaker or headset to listen to recorded audio files
- Speaker or headset or phone to listen to webinar facilitators
- **Do NOT** use Internet Explorer or Microsoft Edge as they are not supported.
**ACCESSIBILITY**

Please contact the Academy if you require special accommodations for this course. Accessible materials and personal assistance are available with at least 45-days advance notice.

**CANCELLATION POLICY**

All cancellations must be in writing. Refunds less a 20% administrative charge will be given until **September 9, 2021**. The Academy reserves the right to cancel or change any programs for due cause. Cancellation of a program by the Academy will result in a full refund of tuition. The Academy is not responsible for the refund of travel or hotel expenses under any circumstance.

**IMPORTANT REGISTRATION INFORMATION**

Registrations will be taken in the order in which tuition checks or credit card information is received. We highly encourage you to register online as these are processed more quickly than mailed or faxed registrations. **Full Tuition must accompany the registration form in order to confirm a place in this course.** Until you receive your **confirmation letter**, you are not officially registered for the course. For online registrations, you will receive email confirmation on the day that you register. For registrations received by standard mail or fax, the confirmation may take up to 3 weeks after we receive your registrations. If you do not receive confirmation within this period, please call 312-238-6042.

**One week prior to the course, only internet registrations and faxed registrations that include an email will be accepted.** Please note that the course could reach its maximum enrollment before this time.
CONTINUING EDUCATION CREDIT

Physical Therapy
This online course has been approved by the Illinois Physical Therapy Board for 13.0 contact Hours (1.5 live, 11.5 self-study).

The Shirley Ryan AbilityLab is recognized by the New York State Education Department’s State Board of Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education. This course has been approved by the New York Physical Therapy Board for 13.0 Contact Hours (1.5 live, 11.5 self-study).

The following states require continuing education units or contact hours with no state specific approval: CT, IA, and WA

Occupational Therapy
The Shirley Ryan AbilityLab is an approved provider for the American Occupational Therapy Association to offer continuing education in occupational therapy. This distance learning – independent and interactive course awards occupational therapists 1.30 CEU or 13.00 contact hours. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. AOTA CLASSIFICATION CODE: CATEGORY 1: DOMAIN OF OT: Performance Skills; CATEGORY 2: OT Process – Activity and Occupational Demands.

Speech-Language Pathology
This course is offered for up to 1.30 ASHA CEUs (Intermediate level, Professional area).
A full list of faculty disclosures for ASHA if available at: https://ricacademy.sharefile.com/d-s5f33a2a59d2345099ee779125136e10c

Social Work
The Shirley Ryan AbilityLab is registered by the State of Illinois to sponsor continuing education programs for social workers. This program will award 1.30 CEU.

*Please note, no partial credit will be awarded for this course.*
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**Early Bird Tuition** (until September 2, 2021): $425.00
**Tuition** (after September 2, 2021): $500.00

Questions? Contact Leslie Marriott, lmarriott@sralab.org

**Mail to:** Academy
Shirley Ryan AbilityLab
355 E. Erie Street, 12th floor
Chicago, Illinois 60611

Please TYPE or PRINT your name and professional initials (MD, OT, PT, SLP, etc.) as you would like them to appear on your continuing education certificate.

First Name _______________________________Last Name__________________________
Home Phone ( ) _______________ Prof. Initials _______________________
Home Address______________________________
City_________________________State ___________ Zip ___________
Organization/Facility_________________________
Work Address______________________________
City_________________________State ___________ Zip ___________
Work Phone ( ) _______________Fax ( ) _______________
Position______________________________
E-mail (required)______________________________

Please note: registration will not be processed without full payment.

**Method of Payment:**

☐ Check enclosed (Payable to: Shirley Ryan AbilityLab)
☐ Credit Card

Credit Card Users Must Complete the Following Information:

☐ MasterCard  ☐ VISA  ☐ American Express

Credit Card # ________________________
Expiration Date __/__ CVV _______ (security code on back of card)
Name on Card ______________________
Billing Address______________________________
City_________________________State ___________ Zip ___________
Cardholder’s Signature______________________________

Credit card registrations may be mailed or faxed to: 312-238-4451.

Register Online at www.sralab.org or complete the form below and return with payment.