A Comprehensive Interdisciplinary Approach to Parkinson’s Disease: An Online Course

June 24-July 29, 2020
Shirley Ryan AbilityLab
355 East Erie Street
Chicago, IL 60611
A Comprehensive Interdisciplinary Approach to Parkinson’s Disease

The AbilityLab Academy is the not-for-profit, educational arm of the Shirley Ryan AbilityLab (formerly known as the Rehabilitation Institute of Chicago). We are dedicated to advancing the ability of healthcare professionals by sharing the latest scientific discoveries and clinical practices that accelerate outcomes for patients.

Our hospital has been ranked the “Best Rehabilitation Hospital in America” for 29 consecutive years, and our commitment to education and training has always been an integral part of that success. As our organization takes its next step in transforming rehabilitation, the AbilityLab Academy, is committed to bringing you new and innovative opportunities to learn.

Course Description

Parkinson’s Disease (PD) is one of the most common neurological diseases, with over ten million people living with the disease worldwide. PD is a movement disorder that has both motor and non-motor symptoms. It can impact gait, balance, fine motor control, cognitive abilities and communication skills as well as activities of daily living and psychosocial relationships. This population is well served by an interdisciplinary team approach that includes physicians, physical therapists, occupational therapists, speech-language pathologists, social workers, psychologists, dieticians among others.

This live, online course series will focus on the interdisciplinary collaborative care of individuals with Parkinson’s Disease, as well as how their disease affects their family and caregivers. A team of experts will lead you through the progression of the disease, best practices and applicable clinical skills. They will highlight unique aspects of the disease, including both motor and non-motor symptoms as well as special topics regarding vision, hydration and nutrition, and sexuality/intimacy as related to PD. The course will finally take an in-depth look at how PD impacts caregivers and their role in this journey and how the interdisciplinary team can support them. Throughout the course, participants will have an opportunity to learn both in and outside of the virtual classroom, collaborate with faculty and their peers through message boards, and discuss cases and best practices when working with the PD population.

Successful completion:

Participants will attend 6 online lectures (total of 7.5 hours) and will complete 4 hours of self-study. The self-study activities for the course will consist of readings, questions, and case studies. There will also be interactions with faculty and classmates through discussion boards, and Q&A.

Who Should Attend


Course Objectives

Upon completion of this course, participants will be able to:

- Identify common motor and non-motor symptoms of PD
- Formulate a plan for potential treatments for motor and non-motor symptoms of PD
- Discuss the interdisciplinary team’s role in managing motor symptoms from early to advanced disease
• Identify common visual changes in PD and how each discipline may contribute to the management and coping with visual dysfunction
• Summarize nutritional, swallowing, and eating needs, as well as potential physical and cognitive changes that can impact needs in patients with PD
• Describe how PD can affect sexuality, intimacy and relationships and how the team’s can facilitate management of these changes
• Integrate the caregiver point of view in planning a treatment programs for motor and non-motor symptoms of PD

**COURSE CHAIRMAN**

Dr. Jennifer G. Goldman, MD, MS  
*Section Chief, Parkinson’s Disease and Movement Disorders, Shirley Ryan Ability Lab*  
*Professor, Department of Physical Medicine & Rehabilitation and Neurology, Northwestern University*

Jennifer G. Goldman, MD, MS is the Section Chief for Parkinson’s Disease (PD) and Movement Disorders at the Shirley Ryan AbilityLab (formerly the Rehabilitation Institute of Chicago) and Professor of Physical Medicine and Rehabilitation and Neurology at Northwestern University Feinberg School of Medicine. Dr. Goldman is a Movement Disorders neurologist with board certification in Behavioral Neurology and Neuropsychiatry. She graduated from Princeton University and completed her MD at Northwestern University Medical School, Neurology residency at Washington University in St. Louis, and Movement Disorder fellowship and Master of Science in Clinical Research at Rush University in Chicago.

Dr. Goldman is a clinician-researcher who has been a pioneer in the cognitive and behavioral aspects of PD and movement disorders and a longstanding champion and leader in interdisciplinary care. Her research focuses on advancing our understanding of the non-motor and motor features of PD and movement disorders, using neuroimaging and biomarkers, and on developing pharmacological and non-pharmacological interventions to improve or prevent these symptoms. Dr. Goldman has been funded by NIH, Michael J. Fox Foundation, Parkinson’s Foundation, among others and has published over 80 research articles and book chapters. As a clinician, Dr. Goldman is passionate about offering a holistic, comprehensive, and interdisciplinary team-based approach for people with PD and movement disorders and their care partners. She is currently the Chair of American Academy of Neurology (AAN) Movement Disorders Section and the Lewy Body Dementia Association Scientific Advisory Committee, past chair of the international Movement Disorder Society (MDS) Pan-American Section Education Committee (2015-2019), and Secretary-Elect for the MDS Pan-American Section. She also serves on the MDS Study Groups for PD-MCI Validation and Neuroimaging, MDS and MDS-PAS Congress Planning Committees, and Task Forces on Leadership and Interdisciplinary and Integrated care; the AAN Women in Leadership Committee; and Editorial boards of the Movement Disorders journal and Journal of Clinical Movement Disorders and as an Associate Editor for Frontiers in Neuroscience Neurorehabilitation journal.
FEATURED GUEST SPEAKERS

Dr. Sheila Silver, MA, DHS, ACS
Dr. Silver is a board certified clinical sexologist in private practice in Portland, Oregon, USA. She has a Master’s degree in Marriage, Family, and Child Therapy, and earned her Doctorate in Human Sexuality. She is a trained sex counselor, group facilitator, sex educator, and has worked as a psychotherapist since 1988. In addition to her private practice, Dr. Silver acts a consultant to mental health professionals, medical doctors, physical therapists, and clergy on their cases relating to sexuality. She also presents nationally at professional conferences and offers workshops on the topic of maintaining physical and emotional intimacy, with a specific expertise in Parkinson’s Disease.

Dr. Rimona Weil, MD, PhD
Dr Rimona Weil is a Consultant Neurologist at the National Hospital for Neurology and Neurosurgery, Queen Square, London and a Clinician Scientist. She runs clinics that manage patients with Parkinson’s disease and Parkinson’s dementia. She studied medicine at Cambridge University (UK), and undertook a PhD in neuroscience at the Wellcome Trust Centre for Neuroimaging, University College London. Currently, she runs a research programme on predictors of dementia in Parkinson’s disease, using neuroimaging, retinal and cognitive markers. Her clinical work aims to provide a holistic service to people with complex Parkinson’s disease and to help support their caregivers.

Anne Armstrong, OTR/L
Senior Occupational Therapist, Outpatient Therapy, Shirley Ryan AbilityLab

Kelcey Bines, OTR/L
Occupational Therapist, Brain Innovation Center, Shirley Ryan AbilityLab

Jessica Connelly, PT, DPT
Senior Physical Therapist, Outpatient Therapy, Shirley Ryan AbilityLab

Julie Lenkiewicz, M.S., CCC-SLP
Senior Speech-Language Pathologist, Brain Innovation Center, Shirley Ryan AbilityLab

Christine L. Levy, LCSW
Licensed Clinical Social Worker, Shirley Ryan AbilityLab

Jillian MacDonald, PT, DPT, NCS
Master Therapist, Physical Therapist, Outpatient Therapy, Shirley Ryan AbilityLab

Shari Marchbanks, PT, DPT, NCS
Program Manager, Parkinson’s Disease and Movement Disorders Program, Shirley Ryan AbilityLab
Anne Montana, M.A., CCC-SLP  
Senior Speech-Language Pathologist, Outpatient Therapy, Shirley Ryan AbilityLab

Pamela Palmentera, LCSW  
Coordinator and Clinical Social Worker, Parkinson’s Disease and Movement Disorders Center, Northwestern Medicine

Sabrina Sitkoski, RD LDN CSG  
Assistant Director and Clinical Nutrition Manager, Shirley Ryan AbilityLab

Laura Sloan, PT, DPT  
Physical Therapist, Outpatient Therapy, Shirley Ryan AbilityLab

Dr. Santiago Toledo  
Attending Physician, Shirley Ryan AbilityLab  
Assistant Professor, Department of Physical Medicine & Rehabilitation and Neurology, Northwestern University

Kelsey Watters, OTR/L  
OT Clinical Practice Leader, Shirley Ryan AbilityLab  
Functional Cognition & Vision OT, Think & Speak Lab, Shirley Ryan AbilityLab

**AGENDA**

**Wednesday, June 24-Wednesday, July 29, 2020**

*Please refer to the syllabus for complete agenda, course work requirements and additional details*

**GRADING & CONDUCT OVERVIEW**

The learning in this course is built on the ongoing exchange of ideas and information through online, live seminars and discussion board posts on the Academy Learning Portal. The required assignments will be available during the 7 weeks that the course content is available. Students will be required to complete the course satisfactorily the August 5th (one week after live content has ended).

We seek to foster a cordial, collaborative, and supportive learning community. Diversity of opinions, conflicting perspectives, variable experiences and abilities are all respected and encouraged. In order to honor these traits, please conduct yourself with a high level of professional and academic standards within this instructional setting.

Please reflect upon Discussion Board questions with thoughtful answers and non-biased, critical statements of your colleagues’ learning. For students to receive credit for a course and receive a passing grade attendance (6/6 modules) is required on all components of the Live Lectures. Please refer to each module for the specific rubric. Partial CEU credit will be rewarded based on completed modules only. Lecture or discussion content will be made available on demand 2 days after the live date and must be completed before August 5, 2020. Any content that is missed will be recorded and available for download through August 5, 2020.
**TUITION**

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<tr>
<th>Early Bird Registration (Through April 23, 2020)</th>
<th>$ 500</th>
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<tr>
<td>Regular Registration Fee (After April 23, 2020)</td>
<td>$ 425</td>
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**LOCATION**

The program will be held completely online. Accessible materials and personal assistance are available with at least 45-days advance notice.

**Teaching Modality/Delivery Method**

This course is taught virtually using Zoom, an online meeting platform, and the Academy Learning Portal where participants utilize discussion boards, and other online learning materials.

**TECHNOLOGY REQUIREMENTS**

To participate, you will need access to a device with an Internet connection. Computers, laptops, iOS and Android devices are supported. High-speed broadband Internet access (LAN, Cable or DSL) is highly recommended.

Additional requirements include:

- Web browser and version: Internet Explorer 11+, Firefox 27+, Safari 7+, or Google Chrome 30+
- JavaScript and Cookies enabled
- Flash Player 9+
- Speaker or headset to listen to recorded audio files
- Speaker or headset or phone to listen to webinar facilitators

**ACCESSIBILITY**

Please contact the Academy if you require special accommodations for this course. Accessible materials and personal assistance are available with at least 45-days advance notice.

**CANCELLATION POLICY**

All cancellations must be in writing. Refunds less a 20% administrative charge will be given until June 17, 2020. The Academy reserves the right to cancel or change any programs for due cause. Cancellation of a program by the Academy will result in a full refund of tuition. The Academy is not responsible for the refund of travel or hotel expenses under any circumstance.

**IMPORTANT REGISTRATION INFORMATION - UPDATE**

Registrations will be taken in the order in which tuition checks or credit card information is received. We highly encourage you to register online as these are processed more quickly than mailed or faxed registrations. **Full Tuition must accompany the registration form in order to confirm a place in this course.** Until you receive your confirmation letter, you are not officially registered for the course. For online registrations, you will receive email confirmation on the day that you register. For registrations received by standard mail or fax, the confirmation may take up to 3 weeks after we receive your registrations. If you do not receive confirmation
within this period, please call 312-238-6042.

**One week prior to the course, only internet registrations and faxed registrations that include an email will be accepted.** Please note that the course could reach its maximum enrollment before this time.

**CONTINUING EDUCATION CREDIT**

**Physical Therapy**
This online course has been approved by the Illinois Physical Therapy Board for 11.5 contact Hours (4.0 hours pre-work & 7.5 hours live). Approval #216-000069

The Shirley Ryan AbilityLab is recognized by the New York State Education Department’s State Board of Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education. This course has been approved by the New York Physical Therapy Board for 11.5 Contact Hours (4.0 hours pre-work & 7.5 hours live).

**Occupational Therapy**
The Shirley Ryan AbilityLab is an approved provider for the American Occupational Therapy Association to offer continuing education in occupational therapy. The two-day intermediate level program awards occupational therapists 1.15 CEU or 11.50 contact hours (7.5 Live & 4.0 Self-Study). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. AOTA CLASSIFICATION CODE: CATEGORY 1: DOMAIN OF OT: Performance Skills; CATEGORY 2: OT Process – Activity and Occupational Demands.

**Speech-Language Pathology**
This course is offered for up to 1.15 ASHA CEUs (Intermediate level, Professional area).

A full list of faculty disclosures for ASHA if available at [https://ricacademy.sharefile.com/d-s9bcf60c2d8d48e18](https://ricacademy.sharefile.com/d-s9bcf60c2d8d48e18)
A Comprehensive Interdisciplinary Approach to Parkinson’s Disease
June 24, 2020 – July 29, 2020 (6 Week Online Course)

**Early Bird Tuition** (until April 23, 2020): $425.00
**Tuition** (after April 23, 2020): $500.00

Questions? Contact Julie Fuith-Costa, jfuith@sralab.org, 312-238-3107

**Mail to:** Academy
Shirley Ryan AbilityLab
355 E. Erie Street, 12th floor
Chicago, Illinois 60611

Please TYPE or PRINT your name and professional initials (MD, OT, PT, RN, etc.) as you would like them to appear on your continuing education certificate.

First Name _______________________________ Last Name _______________________________
Home Phone ( ) Prof. Initials _____________________
Home Address ____________________________________________________________
City __________________________ State ____________ Zip _______________
Organization/Facility _______________________________________________________
Work Address ___________________________________________________________
City __________________________ State ____________ Zip _______________
Work Phone ( ) Fax ( )
Position _________________________________________________________________
E-mail (required) _________________________________________________________

Please note: registration will not be processed without full payment.

**Method of Payment:**
☐ Check enclosed (Payable to: Shirley Ryan AbilityLab)
☐ Credit Card

**Credit Card Users Must Complete the Following Information:**

☐ MasterCard ☐ VISA ☐ American Express

Credit Card # ________________ - ________________ - ________________ - ________________ - ________________
Expiration Date ______ / ______ CVV ___________ (security code on back of card)
Name on Card ____________________________________________________________
Billing Address __________________________________________________________
City __________________________ State ____________ Zip _______________
Cardholder’s Signature ___________________________________________________

Credit card registrations may be mailed or faxed to: 312-238-4451.