## Product Information

<table>
<thead>
<tr>
<th>Description</th>
<th>SmartyPants Teen Girl Multi</th>
<th>SmartyPants Formula #:</th>
<th>353-Simpler Teen Girl</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lot Number</td>
<td>MHR0C12A</td>
<td>Expiration Date:</td>
<td>3/12/2022</td>
</tr>
</tbody>
</table>

### Active Ingredient

<table>
<thead>
<tr>
<th>Active Ingredient</th>
<th>Label Claim Per Piece</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin A (retinyl palmitate)</td>
<td>58.4 mcg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Vitamin A (beta-carotene)</td>
<td>58.4 mcg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Total Vitamin A</td>
<td>116.7 mcg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Vitamin C (as ascorbic acid)</td>
<td>0.05 mg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Vitamin D (D-3 as cholecalciferol)</td>
<td>5.4 mg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Vitamin E (d-alpha-tocopherol from sunflower oil)</td>
<td>5 mcg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Vitamin K (K-1 as phylloquinone)</td>
<td>0.8 mcg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Thiamin (Vitamin B-1 as thiamine mononitrate)</td>
<td>0.04 mg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Riboflavin (Vitamin B-2)</td>
<td>0.05 mg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Niacin (Vitamin B-3 as niacinamide)</td>
<td>0.04 mg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Vitamin B6 (pyridoxal 5-phosphate)</td>
<td>0.8 mcg</td>
<td>Conforms</td>
</tr>
<tr>
<td>L-Methylfolate</td>
<td>80 mcg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Vitamin B12 (as methylcobalamin)</td>
<td>0.8 mcg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Biotin</td>
<td>12.5 mcg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Choline (as choline bitartrate)</td>
<td>18.4 mg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Iodine (as potassium iodide)</td>
<td>50 mcg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Zinc (as zinc citrate)</td>
<td>3 mg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Selenium (as sodium selenite)</td>
<td>9.2 mcg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Manganese (as manganese amino acid chelate)</td>
<td>0.27 mg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Chromium (as chromium picolinate)</td>
<td>4 mcg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Molybdenum (as molybdenum amino acid chelate)</td>
<td>7.5 mcg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Inositol</td>
<td>1.34 mg</td>
<td>Conforms</td>
</tr>
<tr>
<td>Vitamin K2 (menaquinone-7)</td>
<td>4 mcg</td>
<td>Conforms</td>
</tr>
</tbody>
</table>

### Microbiological

<table>
<thead>
<tr>
<th>Specification</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Plate Count</td>
<td>&lt;2000 cfu/g&lt;br/&gt;&lt;100 cfu/g</td>
</tr>
<tr>
<td>Yeast &amp; Mold</td>
<td>&lt;200 cfu/g&lt;br/&gt;&lt;10 cfu/g</td>
</tr>
<tr>
<td>Salmonella</td>
<td>Absent/10g</td>
</tr>
<tr>
<td>E. coli</td>
<td>Absent/10g</td>
</tr>
<tr>
<td>Staph. aureus</td>
<td>Absent/10g</td>
</tr>
<tr>
<td>Pseudomonas aeruginosa</td>
<td>Absent/10g</td>
</tr>
</tbody>
</table>

### Heavy Metals

<table>
<thead>
<tr>
<th>Specification</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lead</td>
<td>&lt;0.5 mcg/Serving&lt;br/&gt;0.1005 mcg</td>
</tr>
<tr>
<td>Arsenic</td>
<td>&lt;10 mcg/Serving&lt;br/&gt;&lt;0.075 mcg</td>
</tr>
<tr>
<td>Cadmium</td>
<td>&lt;1.01 mcg/Serving&lt;br/&gt;&lt;0.0375 mcg</td>
</tr>
<tr>
<td>Mercury</td>
<td>&lt;0.3 mcg/Serving&lt;br/&gt;&lt;0.0375 mcg</td>
</tr>
</tbody>
</table>

### Pesticides

Pass/Fail

### Residual Solvents

Pass/Fail

### Gluten

< 20 ppm

< 5.0 ppm

## Approval:

<table>
<thead>
<tr>
<th>Quality Assurance</th>
<th>Joelynn Zub</th>
</tr>
</thead>
<tbody>
<tr>
<td>Digitally signed by Joelynn Zub</td>
<td>Reason: I am approving this document</td>
</tr>
</tbody>
</table>

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### Heavy Metals

We want you to know. That’s why we provide full reporting of our test results, even those that show acceptable trace amounts of heavy metals. While it’s impossible to eliminate all traces of heavy metals, as they are naturally-occurring components of our environment, found in the water, soil, air, and fruits and vegetables, we know how important safety is for us all and make sure those levels as kept as low as possible at all times and always within the legal limit. That’s why our products either meet or fall below the limits set by California’s Prop. 65 – the strictest standard, worldwide, for environmental toxins. For more information on the presence of heavy metals in our products, [click here](#).