

| Product Information | | | |
|---------------------|--|-------------------------------|-----------------------------------|
| Description: | SmartyPants PhD Capsules Women's Formula | SmartyPants Formula #: | 333- PhD Capsules Women's Formula |
| Lot Number: | 0519298 | Expiration Date: | 11/17/2020 |

| Active Ingredient | Label Claim Per Serving Size of 2 Capsules | Result |
|--|--|-----------|
| Vitamin A (as 50% beta-carotene) | 135 mcg RAE | Conforms |
| Vitamin A (as retinyl palmitate) | 135 mcg RAE | Conforms |
| Vitamin C (as ascorbic acid) | 54 mg | Conforms |
| Vitamin D (D-3 as cholecalciferol from Lichen) | 50 mcg (2000 IU) | Conforms |
| Vitamin E (as d-alpha-tocopherol from sunflower oil) | 12 mg alpha-tocopherol | Conforms |
| Vitamin K (K-1 as phyloquinone) | 24 mcg | Conforms |
| Thiamin (Vitamin B-1 as thiamine mononitrate) | 0.6 mg | Conforms |
| Riboflavin (Vitamin B-2) | 0.26 mg | Conforms |
| Niacin (Vitamin B-3 as inositol niacinate) | 4 mg | Conforms |
| Vitamin B-6 (as pyridoxal 5-phosphate) | 1.5 mg | Conforms |
| L-Methylfolate | 240 mcg | Conforms |
| Vitamin B-12 (as methylcobalamin) | 4.8 mcg | Conforms |
| Biotin | 45 mcg | Conforms |
| Pantothenic acid (as calcium D-pantothenate) | 5 mg | Conforms |
| Choline (as choline bitartrate) | 55 mg | Conforms |
| Iron (as ferric pyrophosphate) | 3.6 mg | Conforms |
| Iodine (as potassium iodide) | 150 mcg | Conforms |
| Magnesium (as magnesium citrate) | 8.4 mg | Conforms |
| Zinc (as zinc citrate) | 4 mg | Conforms |
| Selenium (as L-selenomethionine) | 14 mcg | Conforms |
| Copper (as copper chelate) | 0.27 mg | Conforms |
| Algal Oil | 149 mg | Conforms |
| Omega-3 DHA (docosahexaenoic acid) | 100 mg | Conforms |
| Vitamin K-2 (as menaquinone-7) | 18 mcg | Conforms |
| Coenzyme Q10 (as ubiquinone) | 60 mg | Conforms |
| Inositol (as inositol niacinate) | 1 mg | Conforms |
| Lutein (from marigold) | 10 mg | Conforms |
| Zeaxanthin (from marigold) | 2 mg | Conforms |
| <i>Bacillus coagulans</i> MTCC5856 Lactospore | 2 Billion CFU | Conforms |
| <i>Bacillus subtilis</i> DE111 | 1 Billion CFU | Conforms |
| Spectra™ Whole Food Antioxidant Blend | 100 mg | Conforms |
| Microbiological | Specification | Result |
| Yeast & Mold | ≤ 100 cfu/g | <10 cfu/g |
| Salmonella | < 100 cfu/g | Absent |
| E. coli | Absent/10g | Absent |
| Staph. aureus | Absent/10g | Absent |
| Total Coliforms | Absent/10g | 10 cfu/g |
| <i>Pseudomonas aeruginosa</i> | Absent/10g | Absent |
| Listeria | Negative/25g | Negative |
| Enterobacteriaceae | <10 MPN/g | <10 MPN/g |
| Heavy Metals | Specification | Result |
| Lead | ≤0.5 mcg/Per Day | 0.17 mcg |
| Arsenic | ≤10 mcg/Per Day | 0.75 mcg |
| Cadmium | ≤4.1 mcg/Per Day | <0.05 mcg |
| Mercury | ≤0.3 mcg/Per Day | <0.05 mcg |
| External Chemical Parameters Test | Specification | Result |
| Pesticides | Pass/Fail | Pass |
| Residual Solvents Class 1, 2a, and 2b | Pass/Fail | Pass |
| Gluten | ≤ 20 ppm | <20 ppm |

Quality Assurance Approval:

Joelynn Zub Digitally signed by Joelynn Zub
Date: 2019.06.04 14:54:56 -07'00'

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Heavy Metals

We want you to know. That's why we provide full reporting of our test results, even those that show acceptable trace amounts of heavy metals. While it's impossible to eliminate all traces of heavy metals, as they are naturally-occurring components of our environment, found in the water, soil, air, and fruits and vegetables, we know how important safety is for us all and make sure those levels are kept as low as possible at all times and always within the legal limit. That's why our products either meet or fall below the limits set by California's Prop. 65 – the strictest standard, worldwide, for environmental toxins. For more information on the presence of heavy metals in our products, [click here](#).