

**Product Information**

|                     |                              |                               |                      |
|---------------------|------------------------------|-------------------------------|----------------------|
| <b>Description:</b> | SmartyPants Women's Complete | <b>SmartyPants Formula #:</b> | 305-Women's Complete |
| <b>Lot Number:</b>  | MH8D19A                      | <b>Expiration Date:</b>       | 10/19/2019           |

| Active Ingredient                     | Label Claim Per Piece | Result   |
|---------------------------------------|-----------------------|----------|
| Vitamin A (palmitate)                 | 250 IU                | Conforms |
| Vitamin C                             | 10mg                  | Conforms |
| Vitamin D3                            | 166.7 IU              | Conforms |
| Vitamin E (d-alpha-tocopherol)        | 5 IU                  | Conforms |
| Vitamin B1 (thiamin)                  | 13.4 mcg              | Conforms |
| Vitamin B2 (riboflavin)               | 43.4 mcg              | Conforms |
| Vitamin B6 (pyridoxine)               | 0.34 mg               | Conforms |
| Vitamin B12 (methylcobalamin)         | 16.7 mcg              | Conforms |
| Biotin                                | 50 mcg                | Conforms |
| Folate (5-Methyltetrahydrofolic Acid) | 66.7 mcg              | Conforms |
| Pantothenic Acid                      | 1.7 mg                | Conforms |
| Vitamin K2 (menaquinone-7)            | 5.4 mcg               | Conforms |
| Co Q10                                | 16.7 mg               | Conforms |
| Iodine                                | 25 mcg                | Conforms |
| Niacin                                | 0.7 mg                | Conforms |
| Zinc                                  | 0.75 mg               | Conforms |
| Choline                               | 3 mg                  | Conforms |
| Inositol                              | 5 mcg                 | Conforms |
| Fish Oil                              | 85 mg                 | Conforms |
| EPA                                   | 12 mg*                | Conforms |
| DHA                                   | 9 mg*                 | Conforms |
| Total Omega-3s                        | 23 mg*                | Conforms |

*Note: EPA, DHA and Total Omega-3s reported as Triglycerides. \*Label claim based on typical analysis.*

| Microbiological                       | Specification    | Result      |
|---------------------------------------|------------------|-------------|
| Total Plate Count                     | <2000 cfu/g      | <10 cfu/g   |
| Yeast & Mold                          | <200 cfu/g       | <10 cfu/g   |
| Salmonella                            | Absent/10g       | Absent      |
| E. coli                               | Absent/10g       | Absent      |
| Staph. aureus                         | Absent/10g       | Absent      |
| Pseudomonas aeruginosa                | Absent/10g       | Absent      |
| Heavy Metals                          | Specification    | Result      |
| Lead                                  | <0.5mcg/Per Day  | 0.1506 mcg  |
| Arsenic                               | <10 mcg/Per Day  | <0.1488 mcg |
| Cadmium                               | <4.1 mcg/Per Day | <0.0744 mcg |
| Mercury                               | <0.3 mcg/Per Day | <0.0744 mcg |
| External Chemical Parameters Test     | Specification    | Result      |
| Pesticides                            | Pass/Fail        | Pass        |
| Residual Solvents Class 1, 2a, and 2b | Pass/Fail        | Pass        |
| Gluten                                | ≤ 20 ppm         | <5.0 ppm    |

**Approval:**

|                           |  |
|---------------------------|--|
| <b>Quality Assurance:</b> | Joelynn Zub <small>Digitally signed by Joelynn Zub<br/>Date: 2018.05.16 13:56:38 -07'00'</small> |
|---------------------------|--|

*This document is property of SmartyPants.  
Distribution prohibited without the written consent of SmartyPants Quality Assurance.*



## Heavy Metals

We want you to know. That's why we provide full reporting of our test results, even those that show acceptable trace amounts of heavy metals. While it's impossible to eliminate all traces of heavy metals, as they are naturally-occurring components of our environment, found in the water, soil, air, and fruits and vegetables, we know how important safety is for us all and make sure those levels as kept as low as possible at all times and always within the legal limit. That's why our products either meet or fall below the limits set by California's Prop. 65 – the strictest standard, worldwide, for environmental toxins. For more information on the presence of heavy metals in our products, [click here](#).