

Lama Sherab Dorje Rinpoche's Posthumous Advice

༄༅། །སེམས་ནི་དུལ་ལས་སུ་རུང་བའི་ཕྱིར། །

To make the mind workable, tame, and peaceful,

སྒོམ་མཉམ་བཞག་ལ་གནས་ཆ་ཐོན་པ་གཅེས། །

it is crucial to elicit a quality of stillness in sessions of meditative equipoise.

ཅུལ་གང་སྒྲུང་རྒྱན་དུ་གར་བའི་ཕྱིར། །

To have whatever appears—dynamic expression—arise as ornaments,

སྒོམ་རྗེས་ཐོབ་ལ་གསལ་ཆ་ཐོན་པ་གཅེས། །

it is crucial to elicit a quality of clarity in post-meditation.

གེགས་སེལ་དང་བོགས་འདོན་གཅིག་ཚོག་ཕྱིར། །

To have one single thing suffice to dispel obstacles and enhance your practice,

དུས་རྒྱུན་དུ་གསོལ་འདེབས་དང་མོས་གུས་གཅེས། །

it is crucial to constantly pray and have devotion.

According to Lama Tharchin Rinpoche, these dé-zhey lines of posthumous advice were received in a visionary dream by the Orissa lama Drubwang Adzin Rinpoche from Lama Sherab Rinpoche. After Lama Sherab Rinpoche's passing in Orissa, India in 1977, there was a gentle earthquake and many rainbows appeared in that area. People could hear a resonant sound, not like thunder, but like "oom," all perfect signs of a sublime being's passing, according to the texts. Lama Tharchin Rinpoche and fellow sangha prepared the cremation chamber with Lama Sherab Rinpoche's ku-dung (holy body) and sealed it. On cremation day, there was a white rainbow that ascended from the chamber like a pillar directly up to the sky. Everyone in the area could see it, including Tertön Namkha Drimed Rinpoche and those at the camps on the other side of the mountain. From the doorway to the stove through which the fire is lit, oil poured out in great quantity, like running water. People tasted the substance and remarked that it tasted like water, not like oil. After this, Drubwang Adzin Rinpoche had a dream. In it, Lama Sherab Rinpoche, wearing a white zen, with his face far more youthful and brighter than usual, handed him one page of a text and said, "You can give this to my followers." Kyabje Dudjom Rinpoche said that this was Lama Sherab Rinpoche's dé-zhey. After one week, the cremation chamber was opened and ring-tsel (relics)

were found everywhere.¹ Lama Tharchin Rinpoche said, “There were a great number of ama ring-tsel, known as mother relics because they are so big, and lots of small white ring-tsel. There is a special kind of ring-tsel used in pujas. These ring-tsel were green and when we did puja, they became blue. And then within this blue, many white dots came through. We deposited all of these ring-tsel and special substances in a stupa. There’s black glass in the stupa and you can still see these relics through it. Lama Sherab Rinpoche was an amazing lama with extremely great qualities.”²

Translated by Sarah Plazas, July 26, 2020, for Lama Tharchin Rinpoche’s students. Notes from Rinpoche’s talks prepared by PD with the help of Freddie Trancoso and Bryan Scheideck, December 2020.

¹ From Lama Tharchin Rinpoche’s talk to Drubdra, January 18, 2006

² Lama Tharchin Rinpoche from a question-and-answer teaching, September 7, 1985