

This is a 10cm Scale Ruler



EU US

46 13

45 12

44 11

43 10

42 9

41 8

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39 6

Instructions:

1. Print this PDF in A4.
2. Check Test Ruler is 10cm long.
3. Cut the page through the dots.
4. Place the page from the recently cut dots against a wall.
5. Place barefoot over the page with heel against the wall. Mark the end of the longest toe to find out your size.

