

myth #1: alcohol should not be in hair care products

This is another myth with a firm foothold in the grooming arena. Certainly, soaking a dog's coat in alcohol is not recommended. However, alcohol is the only ingredient that can dispense some oils and holding ingredients. Typically this form of propellant quickly evaporates and the useful ingredient is what ends up in the coat.

myth #2: your dog's hair can adapt to shampoos, therefore you need to alternate shampoos

This is a myth built around a grain of truth. It is not that the coat adapts to a shampoo, but rather some shampoos with conditioning agents build up over time. If you try to wash conditioning agents out with another conditioning agent you will indeed get build up. Occasionally, using a clarifying shampoo (such as No. 20 Royal Jelly, stay (clean), Clean Coating and No. 33 Coarse Coat) is recommended.

myth #3: SPF will protect hair from sun damage

There is no reliable or consistent way to keep the necessary protective ingredients attached to the hair shaft. (www.fda.gov) Rinsing, styling and brushing hair removes or degrades sunscreen ingredients so the protection is either nonexistent or short-lived.

## myth #4: bathing a dog is harmful to his skin

This is one of the biggest myths. At Isle of Dogs we feel nothing is further from the truth, but it is understandable how this myth came to be. Early coat care products were harsh soaps not appropriate for the pH levels of a dog's coat, resulting in irritated, itchy skin and distressed coats. Also, bathing a dog can be difficult and if soap or even good quality shampoo is not properly rinsed out of the coat, it can cause skin irritation which will cause the dog to itch and create flaky skin.

Using products specifically designed for dogs, such as the Isle of Dogs range, together with proper rinsing, will prevent discomfort and indeed enhance the health and appearance of your dog's skin and coat. Specifically designed coat care products can repair, fix, correct, restructure, reform, change, reconstruct, restore, rebuild, or alter damaged coat.

## myth #5: your dog's coat hair is dead

It's true, you cannot permanently change anything about your dog's existing coat. You can, however, encourage healthy hair through healthy skin and re-growth – just as people do. It will not work overnight, nor will our conditioning sprays, however using these products over time will encourage new healthy skin and growth. The use of shampoos, conditioners and styling products will work to improve the look of the old, damaged coat, while the skin prepares itself to produce a healthier new coat after shedding.

myth #6: oily dogs should not use a conditioner

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This isn't necessarily true. A dog can have skin that is oily, but still have hair or coat that is dry.

myth #7: lots of lather means the hair is getting clean False. Actually lather is not related to the cleaning ingredients in shampoo. The ingredients in shampoo-type products that create lather are added for emotional appeal rather than any scientific reason. The lathering ingredients are directly affected by the amount of dirt, debris and oil in the coat. Things like oil deactivate the lathering process.

myth #8: baby or tearless shampoos are more gentle than other types of shampoo

Partially true. The cleansing agents in baby shampoos have less cleaning ability. If they don't wash out the debris in your dogs coat, the remaining residues can cause itching and dryness.

myth #9: brushing is good for the coat

This is a partial myth. Brushing is necessary to keep your dog's coat clean between baths and detangled. However, brushing too hard can roughen the hair cuticle, often exposing its cortex and leaving the hair porous and frayed. If you can hear the brush, you are brushing too hard.