

## TRAVEL CHECKLIST

### Before You Leave

- Passport, Visas (if needed) and Global Entry Card
- Immunization and Health Documentation
- Emergency Information (credit card company, travel agent, family or friend)
- Insurance – Trip cancellation, medical, theft & loss
- Hotel Reservations
- ATM Card/Currency/Credit Cards
- Guidebooks and Maps/Smartphone travel apps
- Transportation Reservations – Rail passes, Airport Transfers
- Special Event Reservations and tickets
- Extra passport photos
- Copies of credit cards, passports for home and with you.
- Medications and copies of prescriptions
- One raincoat, windbreaker or poncho – package if the weather will be variable

### Getting There

- Luggage
- Clothing
- Rain or Cold weather gear
- RFID blocking sleeves or security wallet
- Comfortable shoes
- TSA locks
- Three-One-One bag and 3-ounce bottles
- Luggage tags

### Extremities

- Daypack or handbag
- Eyeshade, pillow, earplugs
- Fold-up shopping tote
- Flashlight and batteries
- Nightlight/Booklight
- Laundry supplies and laundry bag
- Sewing kit
- Water bottle
- Pocket knife, salt & pepper
- Binoculars
- Camera/film or memory cards
- Reading material/Kindle/Tablet
- Pre-addressed adhesive mailing labels or address book
- Travel journal or mini recorder
- Games, playing cards
- Electrical converters/adapters/power strip
- Sunglasses/extra prescription glasses/repair kit
- Pens, pencils, sketching supplies

### Can't Do Without

- Toiletry Kit
- Comb/Brush
- Toothbrush/Toothpaste/Dental Floss
- Deodorant
- Soap or Shower Gel
- Skin Care Lotions/Creams and Cosmetics
- Magnifying Mirror
- Manicure Tools
- Shampoo/Conditioner
- Lip Balm
- Moist Towelettes/Hand Sanitizer
- Shaving Equipment
- Blow Dryer/Curling Iron/Straightener
- Microfiber Towel and Washcloth
- Various Size of Zip Lock Bags

### To Your Health

- Pain Reliever
- Cold and Allergy Medication
- Contact Lens Solution and Extra Lenses
- Stomach Medicine (for diarrhea and upset stomach)
- Insect Repellent
- Sunscreen and Sunburn Relief
- Antibiotic Ointment/Band-Aids®/Moleskin
- Motion Sickness Medication or Wristbands
- Vitamins/Supplements
- Feminine Hygiene Supplies
- Water Purification System

### Your Special Needs:

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