



Episode 21: Journaling prompt

What happened to your life that you thought was the bottom falling out but turned out to be a good thing?



A series of horizontal dotted lines for journaling.

Listen to the full episode here  
[writingyour.bestself.co](http://writingyour.bestself.co)

Share your journaled thoughts on Facebook or Instagram with **#WritingYourBestSelf**.

