



MEASUREMENT CHEAT SHEET



For Accuracy:

1. Page must be printed at 100% on your printer settings
2. Place a quarter over the picture to the right. Your quarter should NOT cover the red border. If it does your measurements will be inaccurate.

Groove will exchange any ring that does not fit properly. However, we urge you to visit a local jewelry store or use at least two (2) of the methods below for a proper measurement

Note: Groove Ring is designed to be worn snugly on your finger. If your current metal ring is at all loose or you are a half size we recommend **sizing down!**

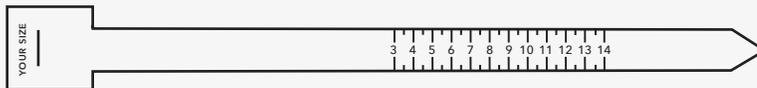
The Paper Test

1. Print and carefully cut out our paper ring sizer below.
2. Create a slit by making a small cut on the line labeled "Your Size".
3. Slip the pointed end through the slit creating a circle.
4. MEASURE: Place around your finger and pull the pointed end to create a snug fit.
5. DETERMINE: The number line located at the "Your Size" slit, is the proper ring size.

TIPS:

- Be careful not to wrap the paper too tight. Aim for a comfortable, SNUG fit.
- For the most accuracy, have someone help you measure.
- Double check for accuracy.

Print and carefully cut out our paper ring sizer below



The Ring Test

1. Print our chart of ring size circles.
2. Overlay your existing ring on the circles to the right.
MEASURE: Place the ring on top of each circle until you find a perfect match.
DETERMINE: The match should perfectly fit the INSIDE of the ring.
CHECK: Double check for accuracy.

SIZE 3

SIZE 4

SIZE 5

SIZE 6

SIZE 7

SIZE 8

SIZE 9

SIZE 10

SIZE 11

SIZE 12

SIZE 13

SIZE 14