

Fluffy Fruit Salad

- 1 packet **Fruit Dip Mix** (dry)
- 1/4 cup hot water
- 8 oz. cream cheese, softened*
- 4 to 6 cups fruit (well drained)
- 1/2 cup chopped walnuts (optional)
- 1 cup shredded coconut (optional)

You may use lowfat or nonfat products with this mix, although results may vary.

**Cream cheese may be softened in microwave. Blend cream cheese to avoid any "hot spots" before adding to recipe.*

Place packet of **Fruit Dip Mix** into large, deep bowl. Add hot water. Mix with fork to blend, then beat with electric mixer on high speed approximately 2 to 3 minutes until light and fluffy. Mixture should form stiff peaks. Add softened cream cheese. Mix cream cheese in by hand until well blended. Fold in drained fruit(s), coconut, and walnuts, if desired. Chill 2 hours before serving.



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