

# AMINOSERENE

SERENITY



EXCLUSIVE TO  
 Health Evolution

[healthevolutionproject.com](http://healthevolutionproject.com)

# AMINOSERENE FOR SERENITY

## HAPPIER, YOUNGER, RESTED

**Welcome** to the Health Evolution movement combining integrated health, nutrition, western and eastern medicine, proven wisdom, and the latest scientific breakthroughs.

### What is AminoSerene?

### The Easiest Way To Restart Your Natural High Energy Powerstore

The Effective ALL NATURAL Healthy Mood Energy Booster With 10 Science-Backed Ingredients to Boost Energy, Control Cravings, and Promote Positive Mood

Formulated Specifically with Sensitive People in Mind

Feel The Calm... This all-natural no-side-effects premium energy booster and cortisol reducer will give you the positive mood edge you need.



What makes AminoSerene stand out?

Improves psychological and endocrine stress, supports and maintains immunity, reduces blood sugar, cortisol, and fatigue, promotes positive mood and improves memory, with the power of YTE® balanced amino acid complex, Vitamin B6 & B12, Citrulline and botanical complex.

Including one of the strongest regenerative and immunity-supportive ingredients in the world produced exclusively by patented cold extraction and freeze-drying techniques. Entire amino acid complex, entire Vitamin B complex plus Piper Nigrum Extract, all at recommended clinical dose.

## SELF HEALTH ASSESSMENT

Record Your Transformation: fill in each column and see your overall health evolution when you take AminoSerene™. (Mark 1-10 in each box, with 1 being poor and 10 being Great)

	Start	1st Month	2nd Month	3rd Month	4th Month	5th Month
Telomere Age*						
Happiness (Mood)						
Skin						
Libido						
Energy						
Recovery (After exercise)						
Digestion						
Quality of Deep Sleep						
Memory & focus						
LB/Kg (Weight)						
Waist (Inches)						
Muscle Strength						
Aches and Pains						
Hair (Thickness & Amount)						
Other:						

\* As you age, your DNA begins to unravel. Your telomeres are like the caps on a shoelace, they help keep it all together. The younger your telomere age the better. Your telomeres age is different to your actual age and can be influenced by supplements, diet and diseases. YTE® has been shown to be effective in reducing telomere age. You can access and book Telomere tests online. Find out more at [www.healthevolutionproject.com/telomeres](http://www.healthevolutionproject.com/telomeres)

# HAPPIER, YOUNGER, RESTED



We've brought together an outstanding Supplement Advisory Panel of medical & research specialists. Plus we have devoted ourselves to learning as much as we can about different supplements, to guarantee we have the knowledge and **Expertise** required for such a high performing supplement. We've travelled the world visiting scientists, health experts and manufacturers of nutritional supplements.

Testing every single one of our ingredients to ensure the highest standard of **Excellence**.

This is our way of ensuring AminoBoosters gives you the **Efficacy** you need on a daily basis.

**Happier:** Generate Enzymes, Hormones, Immunities

The "Software" of the body. This helps to boost and regulate your mood, energy and recovery rates. Ensuring you feel happier for longer.

**Younger:** Manage Metabolic Process

Detox (intestine/liver/kidney/lung/skin), helping with internal recovery. Winding back the clock inside and out. Anti-Oxidants provide Anti-Aging benefits to help generate energy and deliver faster better nutrition.

**Rested:** Create And Maintain Adult Stem Cells

Boost your body's "hardware". Promote the regeneration of bones, muscles and blood vessels. Helping your organs and cells to recover faster so you feel more rested and wake fully refreshed.



# THE DEVELOPMENT AND SCIENCE OF HEALTH EVOLUTION'S AMINOSERENE™

AminoSerene is the Advanced P.L.A.N\* Formula delivering rejuvenating building blocks assisting the body's ability to rebalance and rebuild.

## \*Pure Live Active Nutrition

We are electric! Our bodies and brains are powered by continuous energetic signaling and communication, with miniature “power cells” within our mitochondria, converting oxygen and nutrients into the chemical energy that powers our metabolism. This was only confirmed as recently as 2017 and is one of the reasons why your nutritional health is so Important. The P.L.A.N difference of Pure Live Active Nutrition helps deliver the energy your body needs.

Complex animals like humans need large amounts of energy in order to survive and thrive. Mitochondrial dysfunction often occurs alongside bioenergetic dysfunction. The AminoSerene™ P.L.A.N provides the natural energy sources to super-charge your mind and help you thrive.



## BENEFITS OF AMINOSERENE

At Last: The Effective Natural Energy Boost Giving Calm, Focus And Serenity Without Side Effects Or Mood Swings!

Enhance Natural Health & Accelerate Positive Mood Potential With This Powerful Proprietary Blend Containing 10 Of Nature's Best Synergistic Ingredients.

Taking AminoSerene is like switching on the happiness button and fully charging the body's Natural Metabolism Battery every morning.

See how it feels, running on full power while calm, focused, serene.

People ask you what you're taking and nothing will faze you!

The evidence of the many benefits proven in numerous scientific studies and clinical trials include:

### Get Back In Control Instead Of Overwhelmed\*

Perfect if you're a highly sensitive person, affected by influences at home, at work, in the news. No-one likes feeling overwhelmed and out of control!

AminoSerene includes a healthy dose of all natural complete amino acid compound YTE®, which elevates 17-ketosteroid levels in the adrenal glands, decreasing stress related hormones such as cortisol. This positively affects the "happy chemical" called serotonin.

Multiple studies show increased "happiness" ratings, with up to a 51.7% change. This also aids in feeling calm, focused, serene.

### Increase Energy Levels\*

Feeling full of "brain fog" in the morning and running out of energy too quickly in the afternoon? You need calm, focus, and serenity, with enough energy all day. Every ingredient works together so you're full of energy by day and find it easy to sleep at night with no more insomnia and fatigue.

Order AminoSerene™ at [healthevolutionproject.com/aminoserene](http://healthevolutionproject.com/aminoserene)

## BUILDING BLOCKS OF LIFE

Multiple clinical trials and published peer-reviewed scientific studies prove these ingredients slow brain shrinkage, help depression, confusion, irritability, anxiety, dementia, nervous tingling, and sensitivity. We've done all the hard work of double-checking the research so you don't have to.



For healthy hair, skin, and nerves, even in times of crises and stress when you're feeling fear, anxiety, sadness, heartache, an overworked immune system, toxic stress from too much coffee or wine, drugs like contraceptive pills, diabetic, heartburn and anti-rheumatism medication, free radicals ... your brain, body and spirit need help to be serene, calm, focused.



Reduced cortisol (the stress hormone) and increased nutritional availability from your food, coupled with balanced blood sugar and thyroid, all work together. Add in the exact B vitamin complex which helps your body turn food into fuel and actually create new DNA: Your brain, body and spirit are more satisfied and you eat less.



Genuine all-natural researched ingredients with the only naturally occurring balanced blend of amino acids plus botanical extracts from plants, so you don't have to worry. You can feel the calm, clear-headed sensation of AminoSerene working with you and no unwanted side effects. Top health professionals REALLY like it.

The secret to the best healthy mood support supplement for sensitive people is all about the ingredients. The AminoSerene proprietary formula was custom developed for sensitive people, even those who had given up hope for ever feeling good again. The secret is in how these unique premium ingredients work together synergistically to help you.

# 8

## INGREDIENTS



### Genuine YTE®

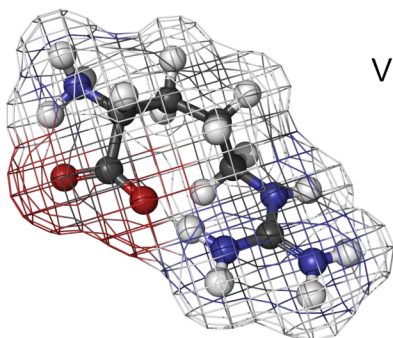
We only use Young Tissue Extract Dynamic Egg Protein also known as DynamEP™ YTE®. This genuine YTE® is the ONLY complete natural source of all 23 amino acids, in perfect natural balance: As such, YTE® is an expensive raw ingredient which is why other formula companies don't use it. Health Evolution now has exclusivity on this ingredient. YTE® is produced using a unique patented process and is totally different from any other ingredient.

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### BioPerine®

Aids with the absorption of a variety of nutrients, vitamins and minerals:

- Herbal Extracts: Curcuma longa, Boswellia serrata, Withania somnifera, Ginkgo biloba and Capsicum annum
- Water-soluble Vitamins: Vitamin B1, Vitamin B2, Niacinamide, Vitamin B6, Vitamin B12, Folic acid and Vitamin C
- Fat-soluble Vitamins: Vitamins A,C, D, E and Vitamin K
- Antioxidants: Alpha-carotene, beta-carotene, beta-cryptoxanthin, lycopene, lutein/zeaxanthin, pine bark bioflavonoids complex, germanium, selenium and zinc
- Amino Acids:Lysine, isoleucine, leucine, threonine, valine, tryptophan, phenylalanine, and methionine
- Minerals:Calcium, iron, zinc, vanadium, selenium, chromium, iodine, potassium, manganese, copper and magnesium



### Vitamin B Complex

VitaminB1 Thiamin, B2 Riboflavin, B3 Niacin, B5 Pantothenic acid, B6 and B12 all help to produce and maintain the myelin surrounding nerve cells, mental ability, red blood cell formation and the breaking down of some fatty acids and amino acids to produce energy.

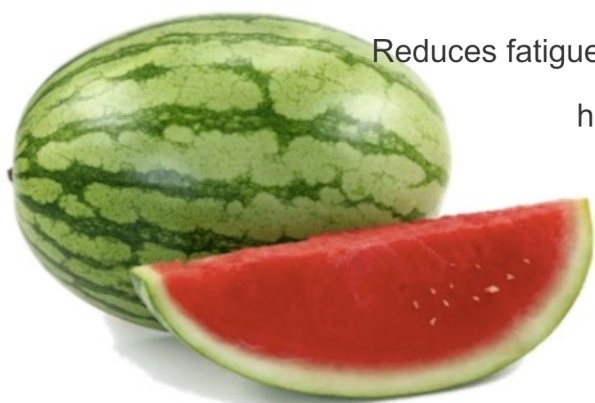


## Inulin

Inulin is a prebiotic fiber linked to many health benefits. Your gut bacteria convert inulin prebiotics into short-chain fatty acids, which nourish colon cells. Research shows Inulin can improve regularity, improve the balance of intestinal flora, reduce cholesterol, lower blood sugar levels, reduce food intake, and increase weight loss.



L-Citruline



Reduces fatigue, improves endurance and blood circulation, important to heart and blood vessel health, boosts nitric oxide function.

## Sensoril® Ashwagandha

Reduces stress, improves cognition and memory, anti-inflammatory, neuroprotective, used in treatment for nervous exhaustion, insomnia, loss of memory. Ashwagandha is an adaptogen which helps your body cope with stress and toxins. Sensoril® Ashwagandha's patented leaf and root composition is simply the best available, with 3 bioactives (Withanolide glycosides, Withaferin A, Oligosaccharides). Provides the highest level of bioactive on the market. 12 Clinical Studies. Non-GMO, Organic and Vegetarian. Adaptogenic, nootropic and significant performance health benefits.



Order AminoSerene™ at [healthevolutionproject.com/aminoSerene](http://healthevolutionproject.com/aminoSerene)

# WHICH FORMULA SUITS MY LIFESTYLE

	Clinical Dose of YTE®	Contains Gingko biloba	Contains Rhodiola rosea	Contains Vitamin B12	Contains Ashwaganda	Contains all B Vitamins
AminoBoosters™	✓	✓				
TeloMind™	✓	✓	✓			
AminoB12™	✓			✓		
AminoSerene™				✓	✓	✓

## AminoBoosters™ the original YTE® formula

### Take AminoBoosters for more energy, more enthusiasm, reduced stress and anxiety

Stimulates your own Human Growth Hormone (HGH) production and regenerates stem cells, reduces cortisol, inflammation, and toxin attacks with genuine YTE® amino acid complex plus botanicals. Full clinical dose of YTE®.

## TeloMind™ the ultimate YTE® formula

### Take TeloMind for rejuvenation of the whole body: feel happier, younger, rested

The Rhodiola rosea in Telomind can also increase the chemicals of the cardiovascular system which provide energy to the muscles of the heart and prevent the depletion of adrenal hormones, supporting the endocrine and musculoskeletal system. Full clinical dose of YTE®.

## AminoB12™ the new YTE® formula

### Take AminoB12 for strength, muscle recovery and MecobalActive® Vitamin B12

The power of YTE® complete with the pure strength of MecobalActive® B12 for the bioavailable B12 dose you need, plus BioPerine® for increased active nutrient absorption. Full clinical dose of YTE®.

## AminoSerene™ the formula for focus & serenity

### Take AminoSerene for healthy mood support especially important for sensitive people

Improves psychological and endocrine stress, reduces blood sugar, cortisol, and fatigue, promotes positive mood and improves memory, with the power of YTE® balanced amino acid complex, Sensoril® Ashwagandha, L-Citrulline and BioPerine® botanical complex. Can be taken as a solo supplement, recommended as an additional supplement alongside any one of our full clinical dose formulas

Just a few of the studies done on our  
 amazing primary Ingredient YTE®:  
 YTE® Lowering The Stress Response Study  
 YTE® Study Lowering Depression  
 YTE® Study About Muscle Growth, Strength, and Performance.  
 YTE® Libido Study

You can find links for medical studies on all of our  
 ingredients as well as links and summaries for the YTE® studies at:

<https://healthevolutionproject.com/pages/science>

For more information, go to:

[healthevolutionproject.com](http://healthevolutionproject.com)

or

[healthevolutionproject.com/ko\(Korean\)](http://healthevolutionproject.com/ko(Korean))

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\*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease. Individual results will vary. Consult with a physician before use if you have a serious medical condition, use prescription medications, are pregnant, nursing, or using these supplements for a child. Your health professional's advice should be sought before using this and any supplemental dietary product.

