

Nuclear Receptor Color Chart

COLOR	GEMSTONE		EFFECT	BODY	CHAKRA
	WHITE	Diamond Zircon	High Energy Boost and Confidence	Pineal Gland and Circulatory System	Crown Sahastara
	BROWN	Smokey Quartz Champagne Diamond	High Energy Boost and Digestions	Pineal Gland, Liver and SPLEEN	Alta Major ^{and} Solar Plexus
	RED	Ruby	High Energy Boost	Pituitary ^{and} Adrenals	Brow (Anja), Solar Plexus or 3RD Eye
	WARM RED	Garnet	Physical Energy Boost, Digestion, Balance, Integration- Regeneration	Adrenals, Liver, Kidney Pituitary, Spinal Column and Blood	Solar Plexus, Brow (Anja)
	PINK	Tourmaline Sapphire Kunzite	Induced Balanced Energy and Emotional Balance	Heart, Testicles, Endocrine Glands Spleen and Pituitary	Alta Major
	GREEN	Moldavite Emerald	Weight Control ^{and} Balance - Equilibrium	Thyroid Gland	Throat ^{and} Hypothalamus
	YELLOW GREEN	Peridot Indocrase Sphene	Weight Control, Digestion ^{and} Balance	Liver, Kidney, Spleen and Thyroid Gland	Throat, Solar Plexus ^{and} Hypothalamus
	YELLOW	Citrine Sapphire Canary Diamond	Detoxification, Digestion ^{and} Mental Clarity	Liver, Kidney ^{and} Spleen	Solar Plexus ^{and} Manipura
	LIGHT BLUE	Aquamarine Blue Topaz	Boost Immune System, Soothing, and Better Communication	Thymus ^{and} Heart	Anahata
	BLUE	Sapphire	Calming ^{and} Balancing	Heart	Anahata ^{and} Heart
	VIOLET	Amethyst	Sexual, Creative Boost and Transformation	Testicles, Pineal Gland Nervous System	Muladhara - Base of Spine
	BLUE VIOLET	Tanzanite Iolite	Sexual, Creative Boost and Generates Vital Energy	Testicles, Heart and Pineal Gland	Muladhara - Base of Spine