

Mortification and Prayer

DAYS 1 & 2 - ESTHER 4:1-16 (NAVARRE 4:1-17)

- 1. What did you find new or interesting from the lecture?
- 2. How did Mordecai and the other Jews react to the death sentence?
- 3. a. Why do you think Esther sent garments to Mordecai?
 - b. How did Mordecai react to the gift?
- 4. What government information did Mordecai possess?
- **5. a.** Esther's unique position afforded her the ability to intercede for her people. How can officials/politicians today intercede for Christians?
 - b. What do these politicians need from us?
 - **c.** Against what does the Church invite politicians to measure their decisions and why? (See CCC 2244, 2257)
- 6. a. Why didn't Esther want to get involved? What did she misunderstand about her own peril?
 - b. Could Esther have felt insulated from the problems of her own people? Explain your answer.
 - c. In what ways do you feel insulated from the problems suffered by other Christians? (Personal)
- 7. a. What did Mordecai encourage Esther to consider about God's plan for her life?
 - **b.** How have the circumstances of your life allowed you to be a part of God's plan for the salvation of others? (**Personal**)
- 8. a. Esther asked all the Jews in Susa to fast for three days on her behalf. Would you consider asking your friends to fast on your behalf? Why or why not?
 - b. How are you strengthened by knowing others are covering you in prayer?
- 9. What words indicate Esther's abandonment to God's will?

DAY 3 - ESTHER C:1-30 (NAVARRE 13:8 - 14:19)

- **10.** This chapter contains the prayers of Mordecai and Esther. Why do you think the Holy Spirit inspired the authors of Scripture to include people's specific prayers?
- **11.** Mordecai assured God he was not acting out of pride. Why should we examine our motives for our pious acts?
- **12.** Mordecai's prayer shows a heart attuned to God. How does our relationship with God affect our prayers? (See CCC 2562)
- **13.** In union with Mordecai, Esther prayed a similar prayer. Why is it important to be unified with others in prayer? (See Mt 18:19-20)

- 14. a. Define mortification.
 - **b.** What is the purpose of mortification in the spiritual life? (See CCC 2549)
- 15. a. What elements of Esther's prayer reflect today's society?
 - b. How could you use this prayer for your country and world today?
- 16. a. How did Esther demonstrate a spirit of poverty in the midst of her luxury?
 - b. What can you do to cultivate this same spirit?

DAY 4 - ESTHER D:1-15; 5:1-14 (NAVARRE 15:1-16; 5:1-14)

- **17. a.** Contrast Esther's outward appearance with her inner feelings.
 - b. Why are people sometimes afraid to approach Jesus, King of kings?
 - c. How can Hebrews 4:14-16 help a person approach this King?
- **18. a.** What did God do with the king's anger?
 - b. When has God softened your heart towards your spouse? (Personal)
- 19. a. How did the king respond to Esther's weakness?
 - **b.** How do you think God responds to our weakness when we fall before Him?
- 20. a. To what extent did Haman exalt himself to his wife and friends?
 - b. Yet he wasn't satisfied. What did he think would satisfy him?
 - **c.** Have you ever found yourself in the situation in which you had exactly what you thought you wanted, but still weren't satisfied? Explain. **(Personal)**
 - d. Where is true happiness found? (See CCC 1723, 2548)

DAY 5 – ESTHER 6:1-14

- **21.** The Septuagint says in verse 1 "But the Lord removed sleep from the king that night". Why did God awaken him?
- 22. a. How did Haman's pride turn to humiliation?
 - **b.** What warning about pride in Sirach 10:6-17 do you find most poignant?
- **23.** How does Proverbs 16:18 herald Haman's downfall?