

## What are TB12<sup>™</sup> Snacks?

TB12<sup>™</sup> Snacks are a great way to eat healthy foods with organic ingredients while on-the-go. TB12 Snacks are individually packaged in resealable snack-sized bags, made from biodegradable rice paper.

All TB12 Snacks are vegan, organic, gluten-free, and dairy-free, and contain no added preservatives.



B ORGANIC RAW B	LUEBERRY RUNCH	
Nutrition Facts Serving Size 1 oz (28g)	A combination of familiar and exotic ingredients packed with vitamins,	
Servings Per Container About 1.4	minerals, antioxidants and phytonutrients.	
Amount Per Serving Calories: 180 Cal from Fat: 120	INGREDIENTS: Sprouted	
% Daily Value*	cashews*, sprouted	
Total Fat 12g 18%	macadamia nuts*, blueberries* (blueberries*,	
Saturated Fat 2g 10%	apple juice* and sunflower	
Cholesterol Omg 0%	oil*), dates*, baobab	
Sodium 0mg 0% Total Carbohydrate 11g 4%	powder*, blueberry powder*, Madagascan	
Total Carbohydrate 11g 4% Dietary Fiber 2g 8%	vanilla* (* indicates organic	
Sugars 4g	ingredient)	
Protein 3g	Contains: Tree nuts.	
Vitamin A 0% • Vitamin C 0%	Processed in a facility with	
Calcium 2%	nuts. May contain occasional date pits, nut	
*Percent Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower	shell fragment, or seed	
depending on your calorie needs: Calories 2,000 2,500	husks.	
Total Fat Less Than 65g 80g Sat Fat Less Than 20g 25g		
Cholesterol Less Than 300mg 300mg Sodium Less Than 2,400mg 2,400mg		
Total Carb 300g 375g		
Dietary Fiber 25g 30g Calories Per Gram		
Fat 9 - Carbohydrate 4 - Protein 4		
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	ACAO GOJI NERGY SQUARES	
Nutrition Facts Serving Size 1 oz (28g) Servings Per Container About 1.7	ACAO GOJI NERCY SQUARES A great pre- & post-workou snack with energy- sustaining dates, antioxidant-rich cacao, and nutrient-dense fruis & nut	
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Nutrition Facts Serving Size 1 oz (289) Servings Per Container About 1.7 Amount Per Serving Calories: 120 Cal from Fat: 50 % Daily Vater Total Fat 6g 9%	A great pre- & post-workou snack with energy- sustaining dates, antioxidant-rich cacao, and nutrient-dense fruits & nuts INGREDIENTS: Dates*,	
Nutrition Facts Serving Size 1 oz (288) Serving Per Container About 1.7 Amount Per Serving Calories: 120 Cal from Fat: 50 % Daily Valer" Total Fat 6g 9% Saturated Fat 3g 15%	A great pre- & post-workou snack with energy- sustaining dates, antioxidant-rich cacao, and nutrient-dense fruits & nuts INGREDIENTS: Dates*, sunflower seeds*, raisins*, cacao powder*, apricots* (may contain organic rice flour), sesame seeds*,	
Nutrition Facts Serving Size 1 oz (28g) Servings Per Container About 1.7 Amount Per Serving Calories: 120 Call from Fat: 50 % Daily Vater Total Fat 6g 9% Saturated Fat 3g 15% Cholesterol 0mg 0%	A great pre- & post-workou snack with energy- sustaining data, caceo, and nutrient-dense fuits & nuts INGREDIENTS: Dates*, sunflower seeds*, raisins*, caceo powder*, apricots* (may contain organic rice flour), sesame seeds*, cocconut*, goip powder*,	
Nutrition Facts Servings Size 1 oz (280) Servings Per Container About 1.7 Amount Per Serving Calories: 120 Cal from Fat: 50 % Daly Vatar Total Fat 6g 9% Saturated Fat 3g 15% Cholesterol 0mg 0%	A great pre- & post-workou snack with energy- sustaining dicta caceo, and nutrient-dense fruits & nuts INGREDIENTS: Dates*, sunflower seeds*, raisins*, caceo powder*, apricots* (may contain organic rice flour), sesame seeds*, coconut*, goji powder*, natural flavors (* indicates organic	
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Nutrition Facts Serving Size 1 oz (289) Servings Per Container About 1.7 Mount Per Serving Calories: 120 Cal from Fat: 50 % Losay Vauer Total Fat 63 9% Saturated Fat 3g 15% Cholesterol 0mg 0% Total Carbohydrate 15g 5% Dietary Fiber 3g 12% Sugars 10g	A great pre- & post-workou snack with energy- sustaining dates, antioxidant-rich cacao, and nutrient-danes fruits & nuts INGREDIENTS: Dates*, sunflower seeds*, raisins*, cacao powder*, apricots* (may contain organic rice flour), sesame seeds*, coconut*, goji powder*, natural flavors (* indicates organic ingredient) Manufactured in a facility	
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**Nutrition Facts** Serving Size 1 oz (28g) Servings Per Container About 1.4 Amount Per Serving Calories: 150 Cal from Fat: 100 Total Fat 11g 17% Saturated Fat 2.5g 13% Cholesterol Omg 0% Sodium Omg 0% Total Carbohydrate 11g 4% Dietary Fiber 2g 8% Sugars 7g Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 2% • Iron 6% "Percent Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs: Calories 2,000 2,500 
 Catories
 2,000
 2,800

 Total Fat
 Less Than
 65g
 80g

 Saf Fat
 Less Than
 300mg
 300mg

 Cholesterol
 Less Than
 2,400m
 2,400m

 Sodium
 Less Than
 2,400mg
 2,400m

 Total Carb
 25g
 30g
 375g
 ries Per Gram Fat 9 · Carbohydrate 4 · Protein 4

B ORGANIC RAW

**Nutrition Facts** 

Amount Per Serving Calories: 120 Cal from Fat: 80

Saturated Fat 8g

Dietary Fiber 2g

Total Carbohydrate 10g

Vitamin A 0% • Vitamin C 2% Calcium 2% • Iron 4%

Califium 2% If On 4%
\*Percent Values are based on a 2,000 calorie
depending on your calorie needs:
Calories 2,000 2,500

 Total Fat
 Less Than
 65g
 80g

 Sat Fat
 Less Than
 20g
 25g

 Cholesterol
 Less Than
 300mg
 300mg

 Sodium
 Less Than
 2,400mg
 2,400mg

 Total Carb
 300g
 375g
 Dietary Fiber
 25g

Calories Per Gram Fat 9 - Carbohydrate 4 - Protein 4

Cholesterol Omg

Total Fat 9g

Sodium Omg

Sugars 7g

Protein 1g

Serving Size 1 oz (28g) Servings Per Container About 1.4

14%

40%

0%

0%

3%

8%

## A combination of the best the rainforest has to offer in packed crunch.

INGREDIENTS: Sprouted Brazil nuts\*, sprouted cashews\*, dates\*, cacao cashews, cacao powder\*, coconut palm sugar\*, vanilla powder\* (\* indicates organic ingredient)

Processed in a facility with nuts. May contain occasional date pits, nut shell fragment, or seed husks.

DARK COCOA

A simple combination of

chocolate and coconut: a tasty, healthy alternative to traditional sweet snacks.

INGREDIENTS: Coconut\*,

dark chocolate\* (cacao liquor\*, dehydrated cane juice\*, cacao butter\*, soy

Juice\*, cacao butter\*, soy lecithin\* (non-GMO), vanilla\*), cacao powder\*, gum arabic\* confectioner's glaze\* (\* indicates organic to confection

(coconut) and soy. May contain occasional date pits, nut shell fragment, or seed husks.

ingredient)

Contains: Tree nuts

antioxidant-rich dark

Contains: Tree nuts.

Per Se	rving	
:130	Cal from	Fat: 80
	% Di	aily Value*
<b>t</b> 9g		14%
ed Fat 7	'g	35%
erol Omg	g	0%
20mg		1%
rbohyd	Irate 13g	4%
Fiber 3	g	12%
9g		
1g		
0%•	Vitamin	C 6%
%•	Iron 4%	
your calor Calories	ie needs: 2,000	2,500
	2,000 n 65g	
	: 130 t 9g ted Fat 7 erol 0mg 20mg 20mg 19 0% • % • • • • • • • • • • • • •	t 9g ted Fat 7g prol 0mg 20mg rbohydrate 13g Fiber 3g 9g 1g 0% • Vitamin 1

B ORGANIC RAW

**Nutrition Facts** 

Serving Size 1 oz (28g) Servings Per Container About 1.7

superfoods. A great pre- & post-workout snack.

SUPERFOOD ENERGY SQUARES

INGREDIENTS: Coconut\*. figs\*, agave syrup\*, cacao powder\*, almonds\*, vanilla\*, goji powder\*, coconut oil\*, lucuma\*, camu camu\*, sea salt (\* indicates organic ingredient) inaredient)

Manufactured in a facility manufactured in a facility that also handles peanuts, milk, eggs, other tree nuts, soy, and wheat.

Contains: Tree nuts (almonds and coconut) May contain occasional date pits, nut shell fragment, or seed husks.

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ies Per Gram Fat 9 · Carbohydrate 4 · Protein 4

Nutrition Facts Serving Size 1 oz (28g) Servings Per Container About 1.4					
Amount Per Serving					
Calories: 140 Cal from Fat: 110					
		% Da	aily Value*		
Total Fa	<b>t</b> 12g		18%		
Satura	ted Fat 1.	ōg	8%		
Cholest	erol Omg		0%		
Sodium	15mg		1%		
Total Carbohydrate 7g 2%					
Dietary Fiber 2g 8%					
Sugars 1g					
Protein 4g					
Vitamin A	0% • 1	/itamin (	0%		
Calcium 4		ron 8%			
*Percent Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs: Calories 2,000 2,500					
Total Fat	Less Than	65g	80g		
Sat Fat	Less Than	20g	25g		
Cholesterol	Less Than	300mg	300mg		
Sodium	Less Than	2,400mg	2,400mg		
Total Carb Dietary Fibr	w	300g 25g	375g 30g		
Calories Per Gram					
Fat 9 · Carbohydrate 4 · Protein 4					

BUFFALO ALMONDS & RANCH CASHEWS

INGREDIENTS: Sprouted INGREDIENTS: Sprouted almonds', sprouted cashews', coconut vinegar', sum-dried tomatoes', dates', apple cider vinegar', extra virgin olive oil', lemon juice', coconut nectar', scalilons', cayenne powder', olinion powder', garlic powder', habañero powder', dil', pink crystal salt (' indicates crganic ingredient)

Contains: Tree nuts. Processed in a facility with nuts. May contain occasional date pits, nut shell fragment, or seed husks.